



**MONTREAL  
SACRÉ-CŒUR  
HOSPITAL  
FOUNDATION**

The heart of advanced care



# 50 years of innovation

2023 Activity Report



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In this publication, the use of the masculine gender to refer to individuals is for the sake of brevity.

Acronym used:

**CIUSSS NÎM**: Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal

Message from the Foundation

## 50 years of a university mission supported by the Foundation

In 2023, the Foundation was very happy to join with the Montreal Sacré-Cœur Hospital's research centre and the Teaching Expertise Centre to take part in festivities related to the **50-year affiliation with the Université de Montréal**. The devotion and passion of everyone who makes this university research and teaching mission a daily reality is an enormous source of inspiration.

Let's remember that our Foundation was born in 1976, a few years after the affiliation was created. Its creation was in great part needed to support this university mission, which was an addition to the health care services offered to the entire community.

Since then, over the years, **more than \$27 million** has been distributed to support the work of researchers and students, as well as to provide the equipment needed for research and teaching. To that can be added \$17 million invested through medical funding for research projects in specific sectors, and for research and teaching chairs. Often, the Foundation serves as a springboard, enabling research groups to also obtain other bursaries and research funds.

Through its annual activities, each year the Foundation distributes an amount ranging between four and six million dollars to the two hospitals it supports: Sacré-Cœur and Albert-Prévost. Of this amount, approximately \$1.3 million is granted for research, while the rest is invested in a variety of projects and the purchase of high-tech equipment.

This substantial support for research will continue in the coming years with our major funding campaign: *Let's change lives together*. One of the projects of the Capital Campaign is to establish a Research Chair in Artificial Intelligence, which will provide unpredicted scientific breakthroughs. You will learn more about our investments in 2023 on the pages of this Report.

We'd like to thank everyone who, through your donations, contributes to advancing care and treatment at Sacré-Cœur and Albert-Prévost and our grand university mission.

# Thank you for changing lives with us!

**Paul Bergeron**

Chief Executive Officer

**Bernard Pitre**

Chair of the Board of Directors



## This was a year filled with historic milestones

As we start a completely new chapter, it's time to take a moment to review the organization's successes over the last year. These achievements were made possible thanks to you, our cherished donors and partners. This year, the teams at Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital completed many significant and promising projects in keeping with our vision: "Together, proudly and passionately, we are creating a healthy world."

### This has been a year of recognition

Fifty years ago, Sacré-Cœur and Albert-Prévost were officially integrated into the Université de Montréal as affiliated centres. This beneficial collaboration has attracted exceptionally talented people to our institution. These specialists and professionals have enriched our fields of expertise, including traumatology, cardiology, pneumology, orthopaedics, sleep medicine, child psychiatry, to name just a few. As the new president and CEO, I am grateful for and proud of the commitment of our teams, who each day are steadfast and professional in their efforts to improve the quality of care and services provided to the community.

### Our major projects

The Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital have completed a major step in the integration and deployment of the Digital Health File project: Epic Systems Corporation has been chosen as the official supplier. You may remember that our CIUSSS and the CIUSSS de la Mauricie-et-du-Centre-du-Québec were selected as showcase sites by the Ministry of Health and Social Services, due to our commitment and the technological expertise of our teams. This substantial project, which will be deployed over the next two years, will significantly improve patient care delivery.

Another major development is the start of work to modernize the Sacré-Cœur Nuclear Medicine Department, which began last March. This is another project of which we are immensely proud.

### Montreal Sacré-Cœur Hospital shines on the silver screen

Once again, we are extremely happy to welcome the documentary series *De garde 24/7*, for its tenth season. Broadcast of the ninth season of this popular series on Télé-Québec allowed viewers to dive into the fascinating universe of the health care professionals and doctors of Montreal Sacré-Cœur Hospital. Through its partnership with the broadcaster, the Foundation raised its public profile. Congratulations for this important collaboration, I am really happy about it.

Finally, I would like to once again emphasize that none of these accomplishments would have been possible without the financial support of the Foundation and its unwavering support for the next generation of medicine, our health care professionals and the patients who use our institutions.

# Thank you, everyone, from the bottom of my heart.



**Adélaïde de Melo**

CEO, CIUSSS du Nord-de-l'Île-de-Montréal

# A beneficial university affiliation

Partnerships with educational institutions are essential for the Teaching Expertise Centre to fulfill its mission. We collaborate mainly with Université de Montréal, but we also welcome students from other universities and cégeps in the region. This collaboration extends to a broad range of academic programs, in health care and social sciences, as well as in health administration.”



**Pascal Coulombe**  
Director, Human Resources and Teaching  
CIUSSS du Nord-de-l'Île-de-Montréal

The approximately **200 full-time researchers and associates**, and the **300 research students** who support them, all attached to the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital are motivated by a real desire: to concretely improve care and advance medicine.

Montreal Sacré-Cœur Hospital is one of only five CIUSSS institutions where research is done. Among the 52 full-time researchers, the large majority (about 40) hold a position at Université de Montréal, a university with which we have created links over the last 50 years.”



**Daniel Sinnett**  
Director, Research and Innovation  
CIUSSS du Nord-de-l'Île-de-Montréal

Together, over a half-century, we have trained several generations of capable and passionate health care professionals, offered high-quality care to the public and provided exceptional advancement in medical knowledge. The work of the talented and devoted teams at CIUSSS du Nord-de-l'Île-de-Montréal have helped make Université de Montréal one of Canada's greatest universities in the health care sector. I thank each of you!”



**Daniel Jutras**  
Rector, Université de Montréal

Creation of the **Teaching Expertise Centre** in 2021 was a result of a strong motivation to bring together key players to improve teaching quality at the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital, the two hospitals where most teaching takes place.

## Some interesting statistics about Sacré-Cœur (physical health) and Albert-Prévost (mental health):

**4,629 employees** = **3,322** women + **1,307** men

### Including:

**1,558**  
nurses

**416**  
orderlies

**464**  
treatment professionals (occupational therapists, physiotherapists, social workers, respiratory therapists, etc.)

**407**  
physicians  
at **Sacré-Cœur**

**58**  
physicians  
at **Albert-Prévost**

**171** volunteers  
at Sacré-Cœur  
**16,150**  
volunteer hours

### Per year, at Sacré-Cœur:

**440** beds  
**18,853** hospital admissions  
**130,480** out-patient consultations  
**+/- 65,000** emergency visits

### Per year, at Albert-Prévost:

**89** beds  
**1,420** hospital admissions  
**42,605** out-patient consultations  
**+/- 3,500** emergency visits

# 50 years of innovation in research and teaching

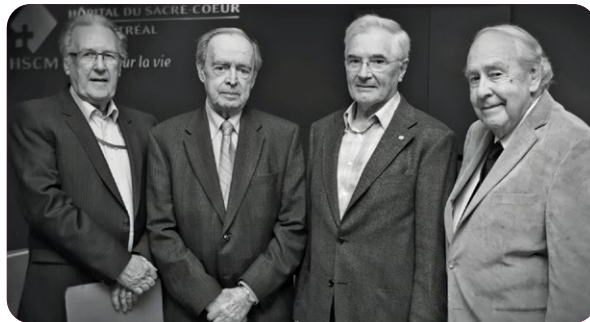
March 16, 2023, marked an important anniversary for CIUSSS du Nord-de-l'Île-de-Montréal, and especially for Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital. Fifty years have passed since they became officially affiliated with the Université de Montréal for medicine and health science research and teaching.

As a result, this specialized and ultraspecialized university hospital centre is renowned throughout Quebec. Its mission has attracted exceptional candidates for all activity sectors. During the year, several activities took place to spotlight and recognize everyone who has contributed to this university mission.

## A bit of history

The first element to making university affiliation concrete was to create a research centre. Doctor Réginald Nadeau, considered the father of cardiac arrhythmia research at Université de Montréal, was part of its creation in 1972, together with Prof. Fernand Roberge and Dr. André Proulx. For 20 years, Dr. Nadeau managed the Research Centre with great conviction.

Other outstanding researchers and emeritus professors succeeded him over the following 50 years. We believe that the Montreal Sacré-Cœur Hospital Research Centre enjoys an illustrious present and, most importantly, a very promising future!



*In this photo, taken in 2013 at the awarding of the Prix Réginald Nadeau to the late Dr. André Proulx, we see Prof. Aimé-Robert LeBlanc who as a young professor witnessed the early days of the Hospital's university mission. He stands beside the three founders of the Research Centre, the late Dr. André Proulx, Fernand Roberge and Dr. Réginald Nadeau. As Prof. LeBlanc explained while recalling the early days of this grand adventure, they needed to be convincing and persistent to make people understand the need to participate in this great university mission.*

## Congratulations to everyone working to advance this mission with dedication and passion!



**Dr. Réginald Nadeau**  
founding member of the Research Centre

## A great future in sight, thanks to the next generation

There are a great many rising stars at the Sacré-Cœur Hospital Research Centre; some younger researchers have already amassed very interesting successes to their credit, as a result of their affiliation with the Université de Montréal.

Here are just three magnificent examples:



**Catherine  
Duclos**

Catherine Duclos is a researcher at the Integrated Trauma Centre (CIT) and at the Centre for Advanced Research in Sleep Medicine. After completing an Honours Bachelor's degree in Anthropology at McGill University in 2009, Dr. Duclos completed a master's-in-passing to a Ph.D. in biomedical sciences at Université de Montréal, supervised by Nadia Gosselin and Marie Dumont, two highly celebrated sleep researchers. Since January 2022, Catherine Duclos has been leading a research program at Sacré-Cœur. It focuses on altered states of consciousness during critical care and surgery, emphasizing, in particular, comas, disorders of consciousness, sleep and anesthesia.



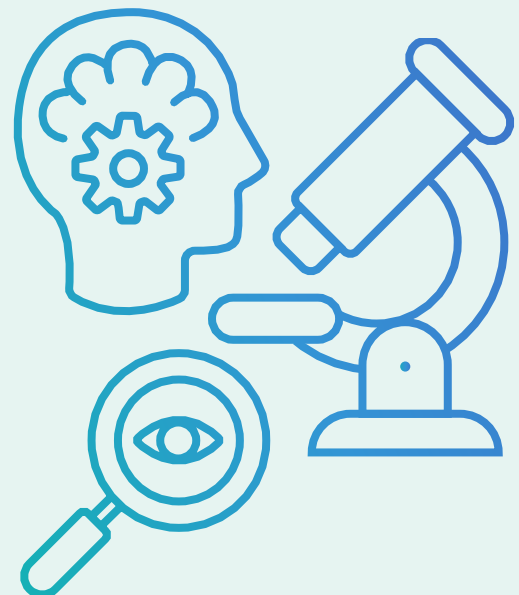
**Dr. Yiorgos  
Alexandros  
Cavayas**

Dr. Yiorgos Alexandros Cavayas is an intensive-care doctor at Montreal Sacré-Cœur Hospital. His work includes examining how pulmonary and extracorporeal gas exchanges can affect the brain. Currently, most of his work uses data from the United States. Given this situation, Dr. Cavayas, in collaboration with his colleagues, initiated a project to organize and use local health data. His project to store traumatology and intensive care data, in collaboration with Louis De Beaumont (director of fundamental and translational research), received approval from a consortium of public and private partners. Partners include the Quebec Ministry of the Economy, innovation and energy, making it a major project. This will increase the profile of our Research Centre among health care institutions in the country.



**Dr. Andrée-Ann  
Baril**

Independent researcher Dr. Andrée-Ann Baril is trained in neurology, epidemiology, psychiatry and genetics. Throughout her career, Dr. Baril has studied sleep medicine for the elderly. She is a member of the Centre for Advanced Research in Sleep Medicine, where she is researching the role of sleep disorders such as insomnia in the development of Alzheimer's disease. Dr. Baril is a member of several major research groups, in Canada and abroad, which concentrate on sleep and dementia research.



# Our experts are being noticed

## Our Hospital under the spotlight!

For its ninth season, the *De garde 24/7* TV series came to Sacré-Cœur. Broadcast in fall 2023 on Télé-Québec, the series sheds light on Montreal Sacré-Cœur Hospital, major university affiliate. Our Hospital is somewhat less known by people in Quebec, although it is an essential component of our health care system.

The series allows viewers to learn about these exceptional people, devoted to their patients, who practise medicine with a rare passion. The episodes contained quality content and was so popular with fans of this type of series that a tenth season was announced before the current season was finished.

Here is the list of participants that allowed us to experience touching moments throughout the eight episodes that took place within the walls of Sacré-Cœur Hospital:

- > Dr. Patrick Bellemare, intensive-care pulmonologist
- > Dr. Étienne Bourassa-Moreau, spinal orthopaedic surgeon
- > Dr. Julie Anne Buckland, obstetrical family doctor
- > Dr. Véronique Castonguay, emergency-room physician
- > Dr. Alexis Cournoyer, emergency-room physician
- > Dr. Adam Di Palma, general surgeon and trauma specialist
- > Dr. Danielle Grandmont, palliative care physician
- > Dr. Kevin Jao, hematology-oncologist
- > Dr. Éric Lalonde, emergency-room physician
- > Dr. Soazig Le Guillan, intensive-care surgeon
- > Dr. Marie-Michelle Robert, emergency-room physician
- > Dr. Mathieu Rousseau, thoracic surgeon and trauma specialist
- > Ms. Valérie Turcotte, specialized nurse practitioner

The great capacity for listening and empathy of the doctors and nurse were apparent. The series shows that we go to a hospital for care, but it is also a place where we might hear the first cries of a newborn, or where a senior citizen might breathe their last breath.



Photographer: Éric Myre

## A first for hemodynamics in Quebec

Article by **Jean-Benoît Legault**, Canadian Press, published in *L'Actualité*

Deployed for the first time in Quebec at the Montreal Sacré-Cœur Hospital in early 2023, a new artificial-intelligence-driven hemodynamic technology means that obstructed coronary arteries can now be unblocked more quickly and more precisely.

Optical coherence tomography (OCT) has been used for about a decade. The technique uses light and a tiny camera inserted in the artery to measure blockage. This helps the interventional cardiologist to determine the measures needed. The new technology adds artificial intelligence modules to the system for a more refined analysis of the artery walls. It also provides finer detection of calcification, which could be missed by the doctor.

“It’s a very interesting technological advance because we use the power of artificial intelligence combined with the imaging resolution offered by OCT to enter the 21<sup>st</sup> century regarding coronary procedures,” explains Dr. Erick Schampaert, head of cardiology for CIUSSS du Nord-de-l’Île-de-Montréal.

In a context of chronically overcrowded operating rooms, the first benefit of the new technology will be to shorten the time taken for each procedure, which may lead to one or two more procedures done each day.

Most importantly, added Dr. Schampaert, the system practically guarantees optimal results for each intervention.



## Two Sacré-Cœur surgeons create a new, encouraging surgical procedure

In December 2023, two Sacré-Cœur Hospital surgeons, Dr. William Fortin and Dr. Marina Ibrahim brought a glimmer of hope to certain patients whose heart is judged to be too weak to risk open-heart surgery. Deployment of a new, relatively complex, technique which they were the first in Quebec to use, can treat aneurysms and aortic dissections, without exposing patients to open-heart surgery. This technique provides two benefits to patients: reduced operating risks and shortened convalescence time.

### An additional option

Until now, some patients had no other option available. “This means we can now treat patients under all sorts of scenarios, with all sorts of anatomies, as well as in emergency situations with prostheses to which we already had access,” explained Dr. Fortin. A vascular and endovascular surgeon, in an article published in *L’Actualité* shortly after the procedure.



**Dr. Marina Ibrahim**



**Dr. William Fortin**

The first patient to benefit from it in Quebec went home 48 hours after the intervention, instead of the usual 7–10 day hospital stay needed with the classic operating technique. “This represents major technical and professional progress,” indicates cardiac surgeon Dr. Marina Ibrahim. “It worked, and we can start using the technique for several other patients.”

## 3D filming of a delicate surgical procedure for training

Canadian Press article, published by Radio Canada International

In July 2023, a delicate surgical procedure was filmed in 3D at Montreal Sacré-Cœur Hospital, with the purpose of creating a virtual reality environment. Initially it will be used for training but someday it may also be used to provide remote assistance. This was explained in a Canadian Press article published on July 28, 2023. During this event, to which Canadian Press had exclusive access, technicians from the Abbott company were on hand to film the procedure directed by cardiac electrophysiologist Alexios Hadjis. The goal was to correct ventricular tachycardia in a 67-year-old patient. Dr. Hadjis is one of the only Canadian physicians trained in correcting ventricular tachycardia; he travels across the country.

He recently went to Newfoundland to conduct an operation — a long trip for a four-to-five-hour procedure; it represents a suboptimal use of his time. The recording done by Abbot at Sacré-Cœur should facilitate the training of new specialists, in Canada and across the world, by allowing them to virtually enter the hospital electrophysiology lab. They will only need to put on a virtual reality helmet to see everything Dr. Hadjis and his team saw at the time of the recording and, especially, they will be able to learn the ablation technique used to address the ventricular tachycardia.



Photo: Canadian Press / Ryan Remiorz

“We hope eventually to develop the program further so I can help colleagues in locations even further away.”

**Dr. Alexios Hadjis**  
Cardiac electrophysiologist



# We support mental health



One initiative the Foundation has supported since 2020 is the **Assertive Community Treatment (ACT) mental health program**. Intended for adults presenting with serious mental issues and high instability, this program offers treatment, support in their re-establishment and to help increase their autonomy and integration into society.

Among the methods used, ACT provides a program of social outings funding by the Foundation from donations it collects. ACT clients of all ages, situations and backgrounds can participate in a variety of activities, such as a sugar shack visit, a trip to La Ronde, a barbecue beside a lake or a hike in Mount Royal Park.

“These group outings are determinative for our users suffering from schizophrenia, bipolar disorder, or generalized anxiety disorder resistant to treatment,” states Élyse Benoit, psychoeducator and ACT unit head. These activities break down isolation, and help people to overcome their fears and discover new interests. They also promote the creation of friendships.

**Leisure activities offer an opening: users – whom we consider to be full citizens – can finally have fun and nourish the hope of living a normal life by participating more in their community.”**

**Élyse Benoit**

Psychoeducator and ACT unit head

## Restoring a zest for life

ACT provides a multidisciplinary team that include a psychiatrist, nurses, and addiction and social reintegration specialists. It also offers support for activities of day-to-day life, including housecleaning, shopping, paying rent and interacting with neighbours. “Some people are sufficiently independent, others require help that entails four to six interventions per week, or support for the family. Our services lead to results,” beams Élyse Benoit.

Proof: thanks to ACT’s personalized and unlimited support, several people affected by incapacitating mental problems have found a job, gone back to school or re-entered the job market. For example, one young woman paralyzed by social phobias is about to complete her Secondary V year and plans to study nursing.

“That’s not an isolated case,” states the unit head and psychoeducator. “I am also thinking of that former top student and sports champion who spent his youth in a basement developing an addiction to video games and drugs. After drafting an intensive intervention plan, which got him out of into the world, first by helping him conquer his fears of being outside through short walks in his neighbourhood, then by taking him to a climbing centre. We were able to take him on group outings. This was a trigger to get him to open up to others! He still talks about his visit to the sugar shack.” Of course the expert underlines that outings do not solve everything. But they greatly help give clients points of reference and solid connections that help them accept their illness and to see a future.



*A group on an outing to a sugar shack.*

An important fact: for a clientele with very fragile mental health status, participation in the ACT program reduces hospitalizations and ER admissions by half. Finally, as Élyse Benoit points out, ACT users know that funds for their group outings do not come from the Hospital, but from donors who believe in helping their development. “This really has an impact. Such generosity shows them that they deserve to be contacted, they deserve to be pulled out of their dark, empty and smoky studio apartment so they can join in high-quality social activities. It’s a very important recognition of their existence.” It’s also a helping hand extended into a world that really needs it. Many thanks to everyone who donates to this hyper-essential service.

# Charlotte Tassé's wonderful legacy, immortalized at the Albert-Prévost Mental Health Hospital!



We chose National Nursing Week, observed May 8–14, 2023, to name one of the wings of the Albert-Prévost Mental Health Hospital in honour of Charlotte Tassé and to unveil a permanent exhibition that presents her accomplishments.

Charlotte Tassé was a true pioneer in her field. She devoted her life to uniting, training, promoting and recognizing auxiliary nurses in French Canada, known as garde-malades (care-attendants) at the time.

The exhibition, designed by Cinq Cinq Studio, was unveiled in front of Charlotte Tassé's grand-niece, Johanne Tassé who collaborated in the documentation of this wonderful story. Also in attendance were dignitaries, members of the Albert-Prévost Mental Health Hospital team, and Alexandre Klein, who holds a doctorate in the history and philosophy of science from the University of Ottawa; his research made this recognition possible.

## Charlotte Tassé left her mark

Among Charlotte Tassé's many accomplishments, we want to mention the opening in 1950 of Quebec's first school for auxiliary nurses, in response to an issue that is still a problem: a lack of caregivers. "It is impossible to leave unsaid the fact that we owe the creation of this profession entirely to Madame Tassé. Throughout her life, she worked for the recognition of French-Canadian auxiliary nurses and for their importance in Quebec's health care system," notes Adélaïde de Melo, CEO of the CIUSSS NÎM.

Thanks to Charlotte Tassé, the Albert-Prévost Sanitarium became the first hospital in Quebec, and even in Canada, to be managed by lay auxiliary nurses, with a Board of Directors made up entirely of women. Madame Tassé left an immense legacy. This wing, as well as the permanent exhibition, recognizes the importance of her contribution

to the Albert-Prévost Mental Health Hospital, and to the auxiliary-nursing and nursing professions. A biography of Charlotte Tassé, written by Alexandre Klein, is scheduled to appear this year.

"I feel privileged to be here today for this beautiful event that commemorates the work of a great lady, Charlotte Tassé," said the Foundation CEO, Paul Bergeron. "I am sure that if she were still with us, given her determination to improve care, she would have long since started knocking at the door of my office to ask for help from the Foundation. I would have been very happy to have made the acquaintance of someone so involved in this work."

Since creation of the Foundation, in 1976, more than \$1.2 million has been invested in various projects for mental health. Other funds collected have been allocated for mental health research and programs like music and Assertive Community Treatment (ACT). This commitment to increasing support for mental health is also reflected in the Foundation's current capital funding campaign. One of its projects is improvement to the reception and emergency facilities at the Albert-Prévost Mental Health Hospital.



Mr. Alexandre Klein, Ms. Johanne Tassé, grandniece of Charlotte Tassé, Dr. Nathalie Shamlan, originator of this project, and Paul Bergeron, Foundation CEO.



Remarkable support since 1976

## More than \$97 million for care and to support the university mission

Thanks to various fundraising campaigns, solicitations, benefit events, fundraisers and especially to the great generosity of our donors, since it was founded in 1976, the Foundation has raised more than just the \$97 million it has given to the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital. This amount, although impressive, does not take into account donations received for specific projects or commitments for the purchase of equipment as yet not completed or used. In addition, the Foundation created an endowment fund several years ago, the assets of which are invested in accordance with our investment policy. Its goal is to ensure the sustainability of the Foundation. The Hospital's sectors of excellence are strongly supported by the Foundation, as is the university mission (research and teaching).

### Investment of sums raised:

- Research and teaching  
**\$27,223,283**
- Traumatology, surgery and orthopaedics  
**\$24,306,674**
- Cardiovascular health  
**\$14,178,670**
- Medical imaging  
**\$6,719,623**
- Nursing and equipment for care units  
**\$3,513,635**
- Respiratory health  
**\$3,142,300**
- Hematology-Oncology  
**\$2,235,112**
- Mental health  
**\$1,260,554**
- Obstetrics and gynecology  
**\$1,069,568**
- Other departments and services  
**\$13,384,886**

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Total  
**\$97,034,305**



# Together, we can transform thousands of lives!

## Your donations make the difference!

### \$5,686,627 in 2023 to support the development of Sacré-Cœur and Albert-Prévost

In 2023, thanks to our annual collections, benefit events, and individual fundraising initiatives, almost \$5.7 million was given to our two hospitals to purchase equipment, and support research and teaching. To this amount must be added all the funds collected and set aside for specific projects that will be completed in the coming months and years, commitments made and donations related to the capital fundraising campaign.

#### Here is a summary of the allocation of the \$5,686,627 invested in 2023:

- > More than \$3 million for a new hemodynamics room;
- > More than \$1.5 million to support the Research Centre, in particular for orthopaedics, traumatology and sleep disorders;
- > More than \$500,000 for advanced medical training of specialist physicians, including in pneumology, orthopaedics and traumatology.



Since 2018, the Foundation has provided an annual budget allocation for the purchase of small equipment used on the care units.

In 2023, an amount of \$84,072 was used to acquire equipment such as medical carts, an occupational therapy computer system, a bronchial clearing device in pneumology, a Gamma probe and a screen for the operating theatre.

### New commitments

Thanks to our new distribution policy for our portfolio performance and implementation of a priorities committee with the participation of administrative and medical management for our two hospitals, the Foundation pledged in 2023 to provide financial support of \$1,500,427 for upcoming projects and equipment purchase, in particular in the otorhinolaryngology and gastroenterology sectors.

#### Better equipment for gastroenterology

This new process means going ahead with the purchase of echo-endoscopy equipment and a Fibrosan probe in the amount of \$597,400. The field of echo-endoscopy evolves rapidly. According to Dr. Marcel Tomaszewski, advanced endoscopy gastro-enterologist, investment in this equipment will undoubtedly enhance the renown of Sacré-Cœur Hospital, and more importantly will address a variety of digestive health problems in patients who are not candidates for surgery or are suffering from advanced cancer.

The two linear echoendoscopes acquired will improve the digestive endoscopy intervention program and it will be possible to conduct some of the most cutting-edge techniques, such as echo-endoscopic gall bladder drainage.

The Fibrosan is an examination of the liver using an ultrasound probe. This examination is a non-invasive way to determine if a patient has liver fibrosis or cirrhosis (liver scarring), avoiding the need for a liver biopsy.



*This photo shows Dr. Chadi Aboudan and Dr. Marcel Tomaszewski surrounded by the Centre's echo-endoscopy processor, an entirely new type of equipment.*

## Preparing for the arrival of the PET-CT camera

Modernization of the Nuclear Medicine Department at Montreal Sacré-Cœur Hospital began in March 2023, with a 2025 completion date. This upgrade work is essential, and will allow the installation of a new device for PET-CT (positron emission tomography-computed tomography) exams.

The new device will provide access for the best diagnostic services for cancer and chronic diseases to people living in the area covered by CIUSSS du Nord-de-l'Île-de-Montréal. This will help to choose the best treatment plan for our users.

Modernization will add comfortable, light-filled, soothing, safe and efficient spaces to the Hospital. The highest quality of health care, services, teaching and research facilities will be provided. Three successive managers of the Nuclear Medicine Department were very active in this project: Dr. Martin Veilleux, Dr. Valérie Levert and Dr. Mathieu Charest multiplied the meetings and reached out to their milieu to make people understand the importance of making this project happen.

The Foundation collected \$3 million to purchase equipment. The project started 13 years after the funding campaign led by nucleologists. The budget for modernizing the entire Nuclear Medicine Department by the Ministry of Health and Social Services was more than \$41 million. The new construction will cover an area five times greater than the current building. The construction site is located in the back portion of Montreal Sacré-Cœur Hospital, where an additional floor is being built on Aile P.



In addition to making significant changes throughout the Department, the new PET-CT zone will comprise a shielded room equipped with a latest generation, five-ring **PET-CT** camera, a laboratory for preparing radioactive materials, five injection rooms, a radiation therapy room and two waiting rooms.

*3D model of the new building that will house the Nuclear Medicine Department.*



## A database to help our specialists in decision-making

In 2023, a Montreal Sacré-Cœur Hospital Research Centre team obtained \$2 million from a consortium of public and private partners to create a single bank for intensive-care data, a veritable data warehouse.

Interest in this unique project is growing with other companies becoming interested and wanting to support the project, which will better respond to the needs of patients and their families. While other databanks of this sort exist, ours is different because of the impressive number of brain images that it contains.

This medical databank includes data collected from all care episodes, whether lasting a few hours or extending over months. The data have been compiled on a platform which provides real-time analysis of the primary indicators to help

medical decision-making, including diagnosis, prognosis and treatment. The platform, based on artificial intelligence, allows for rapid diagnosis and suggests appropriate care for patients in record time, with great accuracy. This is a great benefit for the clinical teams.

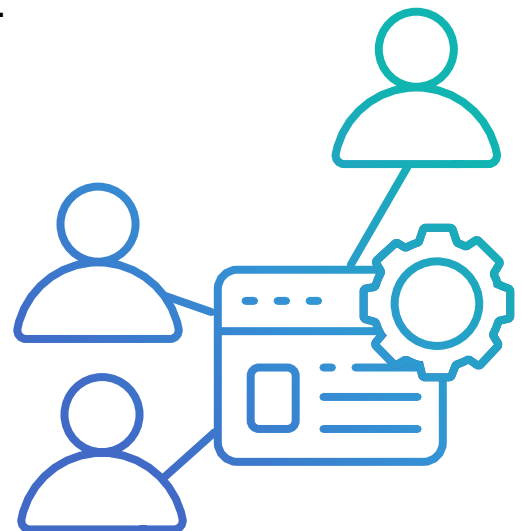
Louis De Beaumont was one of the three researchers who launched the project, with Dr. Yiorgos Alexandros Cavayas and Dr. Martin Albert. In 2023, the Foundation pledged a \$50,000 investment to support this work so that care teams could be kept up to date with the most recent knowledge in intensive care.

“The availability of this platform has placed our establishment in what is a unique position with regard to traumatology scientific innovation and care in Canada. Moreover, the Quebec government, through the Ministry of Economy, Innovation and Energy, has recognized our unique status of excellence and continues to propel this enhancement by providing funding for this initiative. This major subsidy will help make Montreal Sacré-Cœur Hospital trauma care technologies a model for all of Quebec.”



### Louis De Beaumont

Louis De Beaumont, Director of Fundamental and Translational Research, and co-manager of the Traumatology and Acute Care axis.



# Inspiring stories

## Staunch support

It will soon be 20 years since Éric Quenneville began to provide monthly donations to the Sacré-Cœur Hospital Foundation. A traditionalist, as he says himself, loyalty is a fundamental value for him. “I’ve been solicited by other institutions but I prefer to give to the place that, twice, has preserved my quality of life,” states this 58-year-old dental technician.

His first experience with the Hospital was in his early 20s, when he was still a student. An enthusiastic athlete, he suffered a serious injury during a baseball game. The diagnosis? Injury to the two cruciate ligaments of the knee, requiring urgent surgery. On the insistence of his sister, a physiotherapist, he turned to Sacré-Cœur Hospital and received “the best care there is”.

The fact that the Hospital was a university institution at the cutting edge of technology also played a part in the patient’s decision. “The operation went very well. I remember that an intern assisted. Afterwards, I did physio at the hospital clinic, where treating staff helped me regain my muscular strength, balance and stability,” he remembers. “I had major scars – since at the time arthroscopic surgery wasn’t available – but the tear healed.”

His story does not end there. In 2005, Mr. Quenneville developed a very painful L4-L5 lumbar herniated disk. “The pressure caused by the slipped disks on the roots of my nerves was so intense and painful that I couldn’t function at all. And then,” he emphasizes, “I could become incontinent.” Surgery was absolutely necessary. But it would be difficult, delicate and... risky. “The doctors explained that there was about a 30% chance of success, a 30% chance it wouldn’t work and a 30% chance it would make my situation worse.” In short, a throw of the dice.

Resolving to heal, and reassured by the success of his first orthopaedic procedure, he decided to go under the knife. “I had no choice! I couldn’t continue like that,” he concluded. He had two young children and wanted to be able to hold them in his arms. “In addition,” he said with conviction. “I felt I was in good hands with the care team.”

His courage and optimism were proved right. The precise expertise of his surgeon allowed him to go back to work and resume his activities, including hockey. However, the rehabilitation process needed a long time. “It took years, lots of effort, stretching and other exercise to protect my back. Today, I think I’ve regained 90% of my capacities. I can’t run or lift heavy loads, but I still live a normal life. I’m very grateful.” In the same breath, he says: “I had no idea how much the procedure cost, but I was pretty sure it was very high. That’s when I realized the need to become a donor.”

In his eyes, no matter the amount donated, what is important is to contribute according to your means. “The more that many people contribute, the more our health care system can go further and provide excellent services. You know,” he energetically concludes, “We can do exceptional procedures in Quebec. To me, becoming a monthly Sacré-Cœur donor long ago, was also a way to express my confidence in our medical expertise.”

Becoming a monthly **Sacré-Cœur** donor is also a way to express my confidence in our medical expertise.”

**Éric Quenneville**

Patient and donor



## Move to action and pay it forward

There are as many different reasons to express gratitude as there are donors. For François Morin, a 62-year-old early retiree, the need to help save lives is his motivation. In 2019, following repeated bleeding, he underwent a colonoscopy at Sacré-Cœur Hospital. Nothing alarming on its own. But, just a few minutes after the examination, he learned he was suffering from colorectal cancer.

“The effect was a total surprise,” recounts the former vehicle fleet repair manager. “Fortunately, they immediately started my treatment. A few days before my operation, a nurse explained the procedures for my temporary stoma. It was major surgery but it went well and I recovered easily. The fact I was at a healthy weight, did sports and was in good physical condition,” he thinks “undoubtedly contributed to my being able to go home more quickly than expected.”

Not to mention that Mr. Morin adopted a positive attitude from the beginning of treatment for his disease. “I had stage 2 cancer, not very advanced. And statistics were on my side since 90% of people at this stage recover. So I had every reason to stay optimistic. Of course, I suffered some distress, but I did oral chemotherapy without feeling any side effects. I consider myself lucky!” exclaims Mr. Morin. He also received radiation treatments at Hôpital Maisonneuve-Rosemont, to reduce the risk of the cancer recurring.

However, a few weeks after the surgery, and unexpected complication took him back to the Sacré-Cœur ER. A portion of his intestine had moved from its normal location and was protruding through the stoma (called a “prolapse”). With reduced blood flow, the exposed portion of the organ could suffer necrosis. Time was of the essence. “I was operated on during the night. I was very worried, but they quickly reassured me. And everything went well,” he explains with a sigh of relief.

Since then, he has healed, and gradually adapted to the changes required by his new way of life. And there seems to be good news regarding remission. “I have one remaining follow-up visit with my hematologist-oncologist, and that’s it. I hope the news will be reassuring!”

This donor is very grateful and offers lavish praise to the specialists who cared for him on his path to health. “I have only good things to say about the two surgeons who operated on me, and for my hematology-oncologist, Dr. Isabelle Gigras — kind and exceptional specialists. I also want to salute the work of the other hospital staff who were always responsive and considerate. I was really well taken care of at Sacré-Cœur!” he states gratefully.

To show concrete support for the Hospital, Mr. Morin chose to make a donation of publicly listed shares. This method provides significant tax advantages because his capital gains on the shares are not subject to income tax. “By choosing the best performing securities in my portfolio, I could be more generous without having to spend more money.”

In his opinion, if you want to improve our health care system, you have to support research. “That being said,” he laments, “it’s hard to convince people that haven’t experienced illness to donate. They think cancer won’t touch them. In reality,” he says, his voice choking, “it affects millions of people who need cutting-edge care to survive.” He’s living proof.



“I was really well taken care of at **Sacré-Cœur.**”

**François Morin**  
Patient and donor

Capital fundraising campaign: *Let's change lives together*

## The \$15 million mark almost surpassed by the end of 2023!

As of December 31, 2023, we raised more than \$14 million of our \$45 million objective in donations and pledges from individuals, families, foundations and companies as part of the *Let's Change Lives Together* capital fundraising campaign. We thank members of the campaign cabinet for helping us reach this wonderful result. In particular, thank you, Yves Gougoux, chair of the Board of Directors of Publicis. He was always active, truly committed to the mission. His involvement is contagious!

“I hope that people recognize the expertise developed by this great university hospital and the human values shown by its care teams.”

### Yves Gougoux

Donor and ambassador for the Foundation's capital funding campaign



## Fundraising activities to get the campaign going

May 13

### Cocktails with the Wener family

About 60 people were welcomed in the Laurentians, to the private home of Jonathan Wener, CEO and chairman of the board of Canderel. While the event was festive, it also highlighted 10 years since the bicycle accident suffered by Jonathan Goodman, a good friend of the Wener family. The guests were warmly welcomed by Mr. Wener, an exceptional host, who knows how to bring together friends and family for a good cause.

During the *cinq à sept*, guests listened to moving testimonials by Jonathan Goodman and Charles Taite, two people who have benefited from care at Sacré-Cœur Hospital. Next, they listened to vibrant speeches delivered by Dr. Patrick Bellemare, intensive-care pulmonologist, Louis De Beaumont, researcher and scientific director, and Paul Bergeron, CEO of the Foundation. The evening ended with the screening of a video created for the capital campaign, watched in total silence. The cocktail party was quite successful. After the event, several individuals and family foundations made donations totalling \$234,000 for the capital campaign.



From left to right: Paul Bergeron, Foundation CEO, Dr. Martin Albert, Jonathan Wener, Dr. Patrick Bellemare, Dr. Yiorgos Alexandros Cavayas and Louis De Beaumont.



## A very active Committee

We are also highlighting the efforts of our doctors and researchers whose donations totalled more than \$800,000 on an objective of \$1 million. We are particularly grateful about the commitment and efforts of Dr. Vicky Soulière, chair of the physicians' campaign, and all members of her committee: Dr. André Cartier, Dr. Josée Bouchard, Dr. Alexis Thibault, Mr. Louis De Beaumont, Ms. Nadia Gosselin and Mr. Grégory Moullec.

“Our institution is a jewel in Quebec’s health care network. Our many medical specialties explain why 25% of Quebec’s population may receive care here. That is more than 2 million people. In the current situation, if we want to continue treating our patients by offering quality treatments, at the cutting edge of technology and scientific progress, we have to invest massively.”

### Dr. Vicky Soulière

Head, Specialized Medicine Department



September 14

### Golf Griffon des Sources

As an initiative of three members of our Foundation’s Board of Directors, Louis A. Tanguay, Charles Taite and Danny Berthelet, another event at Golf Griffon des Sources took place on September 14. This time it was specifically for the capital fundraising campaign. About 60 golfers spent their afternoon at Mirabel, on this magnificent golf course owned by Luigi Liberatore; it is now open to the public. The friendly tournament was followed by a barbeque. The three organizers took turns explaining their attachment to Sacré-Cœur Hospital, some including personal testimonials.

The purpose of the event was to raise awareness among attendees about the *Let’s Change Lives Together* capital campaign. The specially invited golfers greatly appreciated this enjoyable event. Proof: they contributed almost \$60,000, i.e. \$58,176.97 in voluntary donations.



From left to right: Louis A. Tanguay, Danny Berthelet, Charles Taite and Paul Bergeron.

# Thanks to the many people who participated

June to September

## Generations Challenge: Quebecers outdo themselves for their hospitals

For the second year in a row, the Foundation took part in this grand solidarity movement in the province, Generations Challenge (Défi des générations). With 16 participating hospital foundations throughout Quebec, this unique wave of generosity mobilized thousands of people who outdid themselves for their regional hospitals via their choice of challenge, collecting \$700,000. The Generations Challenge started on June 13 and continued over several months, ending in September. We thank all participants who collected donations to support Sacré-Cœur Hospital, whether by participating in a race, giving tennis lessons or organizing a large dog walk!



The “La Grande Promenade” team, initiated by Stéphanie Baudouin, took up their challenge on September 17. A great show of solidarity by these 11 residents of the Saint-Laurent borough as well as their 7 dogs who covered a walking distance of 5 km between the Bois-Franc district and the Sacré-Cœur Hospital.

June 20

## Sun, networking and fun at the 39<sup>th</sup> Golf Tournament

Under sunny skies, the 39<sup>th</sup> edition of our Golf Tournament took place on June 20, at Golf Saint-Raphaël. After a hearty brunch, 144 golfers from Montreal’s business community and the Sacré-Cœur family had the chance to enjoy networking opportunities on the greens before taking a well-deserved break at a cocktail reception on the splendid terrace. The \$165,525 collected during the day was added to the \$5 million that has been collected since the first year, thanks to the support of many faithful golfers, donors and partners over the years.



From left to right: The organizing committee, composed of André Martin, Louis Morin, Paul Bergeron, Danny Berthelet and Charles Taite (absent from the photo: Louis A. Tanguay).



From left to right: Paul Bergeron, Réjean Berthiaume, chair of the organizing committee and board member; sommelière Michelle Bouffard; Nadine Renaud-Tinker, President of RBC Royal Bank, Quebec division; and Bernard Pitre, chair of the Board of the Foundation.

September 7

## Tasting evening: green wines and generous hearts



The fifth edition of our wine-tasting evening took place on September 7. The theme was “Plus de vert dans votre verre” (*more green in your glass*). Highly appreciated by wine lovers, this exclusive evening, hosted by RBC Royal Bank, collected the wonderful sum of \$63,700. This year’s event had an ecological dimension, because seven planet-friendly wines were on offer. Emceed by internationally renowned sommelière Michelle Bouffard, the evening was greatly appreciated by the 90 guests who also enjoyed an exceptional, five-course gourmet dinner. The evening was spent in the prestigious facilities of RBC’s private rooms, which offer an incomparable view of Montreal.

October

## A day to create connections with employees

It’s become a tradition. The Journée de la Fondation is an opportunity to meet Sacré-Cœur and Albert-Prévost hospital employees during their shifts, by offering them dessert, coffee, prizes and notebooks. It’s a way for us to thank them, and also to speak about the Foundation’s role and the importance of being able to count on their support throughout the year. Many of them took the opportunity to buy tickets for the 2024 Transformez des vies lottery. Thank you all, for your participation!



October 26

## The 50 years’ affiliation with the Université de Montréal honoured at the 31<sup>st</sup> Gala des Émilie

The Gala des Émilie, the Foundation’s flagship event, took place on October 26 at the Sheraton Laval and collected \$360,000. Almost 450 people, each more elegant than the last, came together to mark a special moment: the 50<sup>th</sup> anniversary of the year that Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital became affiliated with the Université de Montréal for research and teaching.

Hosted by Foundation spokesperson Pénélope McQuade, the evening highlighted the glorious record of research and teaching, as well as the promising future through presentations by three star researchers of the new generation: Dr. Andrée-Ann Baril (sleep research), Catherine Duclos (traumatology) and Dr. Yiorgos Alexandros Cavayas (data specialist). It was also an occasion to celebrate the careers of three people who greatly contributed to the Sacré-Cœur university mission: Dr. Suzanne Laurin (Teaching), Roger Godbout, Ph. D (Research) and Yvon Martin (Foundation).



From left to right: Bernard Pitre, chair of the Board of the Foundation; Adélaïde De Melo, CIUSSS NÎM CEO — winners Yvon Martin, Roger Godbout, Suzanne Laurin — Pénélope McQuade; Paul Bergeron.

## Activities organized by our community

January 19

### A successful return of the Montreal Auto Show Charity Preview!

What a delight it was to connect with car lovers in our network on January 19 at the Auto Show Charity Preview. More than 3200 people had the privilege of enjoying the return of this prestigious evening, which launched with a flourish the Montreal Car Show at the Palais des Congrès. After a two-year pause, this event was more modest, but the same VIP ambience, filled with smiles, prevailed! The Fondation de la Corporation des concessionnaires d'automobiles de Montréal, the driver for this philanthropic initiative, presented a cheque for \$540,361 to six hospital foundations in Greater Montreal, including ours. This amount is added to an impressive cumulative total of \$10.5 million donated to improve patient care and services since the first event in 2005.



April 24 to May 3

### On-line auction: “A breath of fresh air for the Pneumo”

This initiative was born thanks to the generosity of Gérald Riel, a long-time patient and donor, who decided to take advantage of its fabulous collection of sports memorabilia to contribute to the advancement of pulmonology care.

“I have been treated by the Pneumology Department at Sacré-Cœur for almost 15 years, initially due to pneumonia. So I decided to organize an on-line auction to honour the superb team that took care of me and provided such great treatment!”



**Gérald Riel**

Patient, organizer of the on-line auction

In collaboration with Signature Pro, the auction started on April 24 and ended on May 3, World Asthma Day. Many sports lovers and collectors had the chance to bid on a hundred lots, such as a montage autographed by Jean Béliveau, an original brick from the Forum, signed by Guy Lafleur, a puck autographed by Nick Suzuki. We thank Mr. Riel for this auction, which donated \$5000 to the Pneumology Department!



June 17

### Eleventh Vélo Onco and fourth Yoga Onco

On June 17, the eleventh Vélo Onco and the fourth Yoga Onco were held, for the benefit of Sacré-Cœur’s Hemato-Oncology Department. Starting at Olympia de Deux-Montagnes, 140 cyclists rode 27 km, 37 km, 43 km or 70 km, and then joined up with about 40 yoga participants at Vergers Lafrance to enjoy a communal lunch. While poor weather discouraged some entrants, the activity still collected the admirable sum of \$35,795. Donations will help improve the out-patient clinic and the purchase of equipment to improve care and well-being for hemato-oncology patients in long-term care. We thank the organizing committee, participants, volunteers and all the cyclists and yogis who collected funds.

August 12

### The Sentier de l'espoir successfully crosses the finish line again!

Saturday, August 12, children and adults, weekend warriors and superb athletes gathered together on the magnificent Sentiers de l'escapade in Rigaud to support the Sacré-Cœur Orthopedics Department. Created by Cédric Bolduc, in recognition of the quality of care he received from a young age, this trail race is the first in Quebec that pledged to contribute 100% of donations to a cause. We thank all organizers and volunteers involved. Thanks to them, \$4,410 was collected during the second edition of the Sentier de l'espoir.



Cédric Bolduc (in white), accompanied by Dr. Stéphane Leduc, head of Orthopaedic Department (to the left).

2 septembre

### The inspiring commitment of Lynda Labelle to fighting cancer

A proud survivor of a type of lung cancer that is typical for non-smokers, Lynda Labelle decided to face a return of the disease with all the determination she is known for, and by paying it forward. That is why, on September 2, at Les Cheffettes Restaurant, she organized a fundraiser exhibition of paintings, the work of her friend, artist France Martel Grenier. As a beauty consultant for Mary Kay Cosmetics, Ms. Labelle has also been donating \$10 for every tube of sun block sold since 2020 to the Foundation, bringing her total contribution to more than \$1,330. Thank you, Ms. Labelle, for contributing to the advancement of lung cancer research!

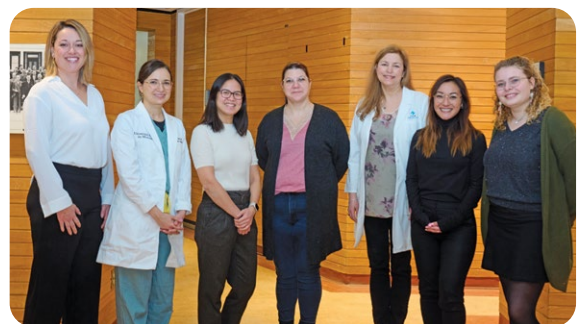


Lynda Labelle, accompanied by Tania Trottier-Pérusse, events director, and Camille Fontvieille, events coordinator for the Foundation.

September 30

### A half-marathon to thank the Breast Clinic team

In recognition of the very human treatment and support she received from the Sacré-Cœur Breast Clinic Team, YêN-My Nguyễn quickly decided to take significant action, by organizing her own fundraising collection. Passionate for racing, M. Nguyễn delayed her operation in order to be able to take part in the P'tit Train du Nord half-marathon on September 30. Through this effort, she also wanted to sensitize her friends and family about early screening for breast cancer. Not only did YêN-My beat her personal record for a distance of 21.1 km, she also managed to collect \$6,500 for the Breast Clinic. We thank all the donors as well as her employer, Olympus, which agreed to match donations from its employees. What an incredible way to transform difficult times into something positive!



From left to right: Tania Trottier-Pérusse of the Foundation; Dr. Svetlana Matei, Dr. Rita Tan, Josianne Jauron and Chantal Boisclair of the Breast Clinic; patient YêN-My Nguyễn; Camille Fontvieille of the Foundation.

## Thank you to our partners!

In 2023, we continued our business partnerships with these loyal partners:



Bôsapin  
Fondation de l'Art  
pour la guérison  
IGA Duchemin

Lifeline  
Souris Mini

# Ten years for the Montreal Sacré-Cœur Hospital Foundation Art Collection

Special article by **Danielle Legentil**, art historian

## Self-portrait at the stethoscope

This year (2023) marked the tenth anniversary of the art collection displayed on the walls of Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital. If we count all the patients, staff and visitors over a decade, a great many people have been touched by this project.

In the book *Autoportrait au radiateur (self-portrait at the radiator)*,<sup>1</sup> The name of this article was inspired by the book title. Christian Bobin writes: “A book, a real book is not someone who speaks to us, it is someone who hears us, who knows how to hear us.” Like a work of art, we could say. If we were to place a stethoscope on this collection, what would we hear? Heartbeats, certainly, since everything started with a breath, an inspiration, and a beating heart.

## Breath

The Collection’s origins intersect with the story of two Sacré-Cœur patients: François-Xavier Marange and François Blais. An artistic engraver, Marange is one of the linchpins of the Atelier Circulaire, an artists’ centre for fine printmaking. He was also one of the artists invited by Dr. Jean-Luc Malo, Sacré-Cœur pulmonologist, to create an engraving for a pneumology research convention. The theme dealt with breath and respiration. A few years later, when Marange learned that he had lung cancer, it was natural that he would turn to Dr. Malo. As for François Blais, he was being treated for colon and liver cancer over many years François is the brother of Simon Blais, co-owner with Sylvie Cataford, of the Galerie Simon Blais, which represents Marange.

During visits to Sacré-Cœur Hospital, Sylvie Cataford and Simon Blais were upset by the bare walls. For them, artwork was always an “investment” in happiness and quality of life. From this sprang the idea of installing art at Sacré-Cœur Hospital. To make things happen, they called upon three people. The first was Dr. Malo, the ideal person internally. Not only was he the physician treating Marange, he is also an art lover.



Earl Pinchuk and Gary Blair from the Art for Healing Foundation.

## Inspiration

The two other people to whom Simon Blais appealed were Earl Pinchuk and Gary Blair, of the Art for Healing Foundation. The gallerist was quite familiar with this Foundation because he had been donating art to it since its creation in 2022. The mission of this Foundation is to provide inspiring environments, bring hope and serenity to patients, staff and visitors through the healing power of art.

Initially, art collectors Pinchuk and Blair had thought about opening an art gallery in Montreal. Then they began supporting a friend at end of life, and their plan changed. Irritated by the dull hospital rooms, they dreamed of an environment that could help treat patients, by placing artwork in various locations. They injected the *healing environment* philosophy in more than 102 health care institutions throughout Canada, France and Algeria. Acting as managers, consultants and curators, they interfaced between donors and hospitals, installing 14,500 pieces in two decades. It’s not surprising that they have been called *Art Doctors*.

## Heartfelt choices

And things began to happen. In 2013, to thank François and François-Xavier for their support, Simon Blais and Sylvie Cataford offered about thirty artworks. This marked the start of the Sacré-Cœur Hospital art collection. Dr. Malo and the Art for Healing Foundation set the basis for this collection, by establishing a permanent Visual Arts Committee. It includes representatives from various CIUSSS departments and our Foundation. From its early days, the Committee has also counted on the expertise of gallery owner Éric Devlin, who acts as art advisor for the other members of the Committee.



Art by Louis Comtois



## Digression

The word *curator* designates both someone who organizes exhibits and the person in charge of preserving the collection. From the Latin, *curator*, *curare*, it comes from the same root as *care* in the medical sense. Curators are responsible for collections. “They look after preservation, research, development, and dissemination of the collections.”<sup>2</sup>

## Conservation

Today, the Sacré-Cœur Hospital Collection is part of the Montréal Sacré-Cœur Hospital Foundation, under the watchful eye of attorney Marie-Claude Tellier, director of major donations and planned giving. She is supported by the Visual Arts Committee of the Montréal Sacré-Cœur Hospital Foundation.

In some ways, Me. Tellier acts as the collection manager, while Dr. Jean-Luc Malo is the equivalent to guest curator. What is amazing about the Collection’s history is that, 10 years later, the initial players are still active in the project. The philosophy at the basis of creation of the Collection is still relevant: “Presentation of the Collection in spaces of the Montréal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital is designed to improve the quality of spaces for patients as well as for employees and visitors. Art is an essential element of life and can, in its way, contribute to healing while creating a health care and work environment that is vibrant and comforting.”<sup>3</sup>

The composition of the Collection is based on guidelines. The majority of the works are by professional Quebec artists, providing them with increased visibility in a government institution. Work by Canadian and foreign artists may also be included.

At its start it comprised 30 pieces, today the Collection totals more than 350. An important fact: 100% of the artwork is on exhibit. Only works on paper: engravings, mixed techniques, ink and gouache, watercolours, calligraphy, collages, photographs, drawings. Figurative and abstract. All framed under plexiglass to facilitate maintenance during epidemic and contagious situations. The Policy also takes into account the hospital environment where works are exhibited. No political, religious or explicitly sexual references, nor violence. The uses and activities of the spaces means the artwork cannot be unwieldy or too fragile. Including works by about a hundred artists, the Collection



Art by Irène F. Whittome

presents the history of Quebec art over the last 60 years. Founding members of modernity: Pellan and Riopelle rub shoulders with Barbeau, Daudelin, Derouin, Dickson, Gaucher, Giguère, Hurtubise, Juneau, Lacroix, McEwen, Molinari, Robert, Savoie, Simonin, Snow, Vincent. Contemporary art is not forgotten, with art by Geneviève Cadieux, Edward Burtynsky, Catherine Farish, Dominique Goupil, Pascal Grandmaison.

## Conclusion

Innumerable studies show the benefits of art in health care environments, particularly with regard to the patient experience: positive effect on mindsets, reduction of stress, reduction in pain, etc.<sup>4</sup> For the last 10 years, the Collection has “treated” and supported patients, staff and visitors. As Sylvie Cataford explains: “During many visits in 2022 spent at the bedside of my mother in Sacré-Cœur Hospital we realized that well-decorated walls made all the difference. Patients and staff notice the artwork that is part of their daily experience. It’s good work. And a great way to make art known and appreciated.”

To the founders, donors, artists and to the Montréal Sacré-Cœur Hospital Foundation: many thanks. And to all of you: patients, staff and visitors, listen to what the artwork has to tell you, with or without a stethoscope.

<sup>1</sup> The name of this article was inspired by the book title.

<sup>2</sup> <https://www.quebec.ca/en/employment/learn-trade-occupation/exploring-trades-occupations/51101-restorers-and-curators>

<sup>3</sup> Politique relative aux dons d’œuvres d’art à la Fondation de l’Hôpital du Sacré-Cœur-de-Montréal et mandat du Comité de l’art visuel de la Fondation de l’Hôpital du Sacré-Cœur de Montréal, October 2019. [policy related to artwork donations to the Montréal Sacré-Cœur Hospital Foundation and mandate of the Visual Arts Committee of the Montréal Sacré-Cœur Hospital Foundation].

<sup>4</sup> <https://consultqd.clevelandclinic.org/much-hospital-art-collection-improve-patient-experience>. Study cited by Anne Wallentine, author and art historian, in an article on the history of art in hospitals. <https://wellcomecollection.org/articles/ZcDDSBAACAAL-#>

## 2023: A great year for planned giving

This year was excellent with regards to planned giving, through legacy gifts (in wills) and donations of shares. As a result, in 2023, the Foundation received:

**16 legacy gifts**, for a total of  
**\$1.25 million**  
+  
**25 donations** of shares,  
with a total value of  
**\$460,000**

In 2023, the contribution of planned giving to Foundation income was significant; it will allow many projects to be completed. Whether through legacy donations or donations of shares, the value can vary from a few hundred dollars to several hundreds of thousands of dollars, even to more than a million dollars.

### Who are the people who bequest donations through their will?

In many cases, it is a patient or the relative of a patient who wants to support the Foundation and the Hospital after having received treatment. In other cases, someone chooses to make a major donation to support a specific department or research project.

That was the case of Gaëtan Boulianne, who made a bequest of several hundreds of thousands of dollars earmarked for Parkinson's disease research at our Centre for Advanced Research in Sleep Medicine.

Sometimes, people without children or family decide to leave a percentage, or even the entirety, of their assets to the Foundation, through their will. In 2023, that was the case of Louise Belhumeur, Alain Aubin and Michel Derycke. These altruistic actions deserve to be highlighted. Patients of Sacré-Cœur Hospital will certainly benefit.



### Make health part of your legacy

Donating through your will didn't used to be very popular, but is increasingly seen as a great way to support a cause you think is important. As shown by the numbers above, the benefits of this kind of donation are significant and provide real support to research and to various departments of the Hospital. A portion of these donations is transferred to the Foundation endowment fund, helping to sustain it in perpetuity.

If a donor notifies the Foundation in advance that they intend to make a donation through their will, we can acknowledge the decision; it also allows us to better plan the future of the organization. In order to help us know who in our community plans to make this kind of donation to the Foundation, we have created a short declaration form, which can be found on our web site. It only takes a few minutes to fill out the form, and the information is very important to us!

## Loyal Donor Circle: anniversaries are sacred!

The **Loyal Donor Circle** would like to recognize the commitment of people who have supported us for many years as recognition for treatment received by themselves or their loved ones, or because they have an employment connection or other attachment to the Hospital.

Here are the names of people who in 2023 celebrated the **20<sup>th</sup>**, **25<sup>th</sup>** or **30<sup>th</sup>** anniversary of their first donation:



Ardizzone, Antonio  
Caron, Ghislain  
Crevier, Lorraine  
Dansereau, Gilles

Dumouchel Dyotte, May  
Gauthier, Louise  
Latour, Gaston  
Neville, Donald

Panetta, Roberto  
Papalia, Vita  
Parent, Monique  
Reid, Thérèse

Renaud, Éric MD  
Savage, Brigitte  
Stefanopoulos, Steve  
Verrette, Jacques



Ahmaranian, Henri  
Arsenault, Mylène  
Assaf, Samir  
Aubuchon, Jean-Guy  
Balic, Drago  
Bélanger, Réjean  
Bergeron, Denise  
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Bourgeault, Andrée  
Bourgeault, Réjeanne  
Castilloux, Lucette  
Chin, Mei Lai

Chouinard, Jeannette  
Cloutier Cantin, Solange  
Coulombe, Lise  
Dionne, Nicole  
Duda, Barbara MD  
Dupras, Nicole  
Éthier, François  
Germain, Anne  
Guérin, Myreil  
Hallage, Albert  
Hayes, Raymond  
Houde, Lucie

Iannidinardi, Frank  
Klein, Pablo  
Lafrance, Céline  
Lamoureux, Lison  
Lapointe, Diane  
Larivière, Gilbert  
Ledoux Major, Judith  
Léveillé, Isabelle  
Major, Pierre  
Morimanno, Paul  
Noël, Lise  
Pilon, Pauline

Racine, Huguette L.  
Rioux, Nicole  
Robergeau, Gladys  
Roy-Bleau, Myreille  
Saidah, Georges E.  
Séguin, Marie-Claude  
Sincerny, Lise  
Stiverne, Rose-Marie  
Straccia, Arzenio  
Theberge, Gérald



Aklia, Frida  
Ali-Haimoud, Fouzia  
Arcand Charron,  
Claudette  
Assaad, Lili  
Attarmigiroglu, Diran  
Aubry, Janine  
Autexier, Alice  
Barbosa, Maria  
Baz, Adib  
Bédard, Roland  
Bélisle, Marielle  
Bernier, Hélène  
Blais, Régis  
Bouchard, Normand  
Boudreault, Hélène  
Boulanger, Robert P.  
Bourgeois, Michel  
Bourgeois, Nicole  
Broccoli, Maria Reda  
Brosseau, François  
Cabral, Emanuel A.  
Carrière, Jean-Paul  
Chaussé, Pierre  
Chiu, Yuet Leung

Christodouloupoulos,  
Diamando  
Colangelo, Sylvia  
Cornut, Marguerite  
D'Agnillo, Pasqualina  
d'Orsonnens, André  
de Guire, Réal  
Denis, Diane  
Deveault, Thérèse  
Diles, Emmanuel  
Drolet, Lucille P.  
Duval, Jacques  
Eid, Souhail  
Ferragne, Jean  
Fontaine, Laurent  
Gauthier, Robert Didier  
Genest, Claudine  
Girard, Liliane  
Hubert, Gilles  
Hussain, Khalid  
Khourn Tang, Kim  
Labelle, Réal  
Lachance, André  
Ladry, Chenel  
Lafamme, Cyrille  
Lalonde, Sylvain

Langlois, Gérald  
Langlois, Lucille  
Laquerre, Clémence  
Laramée, Michèle  
Larivière, André  
Laurendeau, Josée  
Laurin, Claude  
Lavallée, Claudette  
Lavoie, André  
Leclerc, Denis Carmen  
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Lopez, Robert  
Loulou, Robert  
Marchi, Gilles  
Marsillo, Ida  
McCulloch, James  
Ménard, Jean-Pierre  
Merjanian, Haig  
Monette, Françoise D.  
Morin, Philippe  
Nasr, Fouad  
Neou Nifakis, Helen  
Odulinski, Romuald  
Pagé, Lucie  
Pena Rodriguez, Ricardo  
Perreault, Johane

Perron, Jean  
Poirier, Danielle Émilie  
Prestipino Lévesque, Denise  
Que Mai, Tuyen  
Ringuet, Sylvie  
Riopel, Benoît  
Rochon, Pauline  
Rodrigue, Pierre  
Rondina, Luisa  
Salvas, Louise  
Sami, Nabil  
Santamaria, Giuseppe  
Seto, Yee Ching  
Spring, Robert  
Stergiotis, Antonio & Mrs.  
Stinziani, Giuseppe  
Taillefer, Serge  
Taza, Joseph  
Tchakmakchian, Elisa  
Tomaras, Constantin  
Vallar, Norma  
Vézina, Pierre  
Weissberger, Michel  
Wolkowicz, Ruth

# Thank you for being with us for such a long time!

# We thank all our donors!

The Foundation would like to thank the generosity of the individuals, companies, organizations and partners who made a donation in 2023. With our current recognition policy, we are listing individuals, families and private foundations who donated an amount of \$1,000 or greater, as well as those public foundations and other organizations donating at least \$5,000 between January 1 and December 31, 2023.

## Individuals

Abrakian, Sako  
Archambault, Maurice  
Arès, Raymond  
Arpin, Daniel  
Aubin, Daniel  
Baby, Michael  
Bédard, Johanne  
Bédard, Monique  
Belliveau, Claudette  
Bellouti, Hassania  
Bergeron, Paul  
Berthelet, Danny  
Berthelet, Dominique  
Berthiaume, Réjean  
Bidiga, Issoufou  
Bissonnette, Lise  
Bolduc, Cédric  
Bouchard, Robert J.  
Boucher, François  
Bourgeois, Michel  
Bovet, Pierre  
Brazeau, Pierre  
Broggi, Fulvia  
Brunet, Isabelle  
Carignan, Gilles  
Carignan, Guy  
Carrier, Dean  
Castonguay, Christian  
Champagne, Daniel  
Charbonneau, Laurent  
Chaussé, Pierre  
Cholette, Serge  
Clervois Yacinthe, Pierre  
Constantineau, Gisèle  
Corbeil, Muriel  
Côté, Michel S.  
Cyr, J. V. Raymond  
Cyr, Michel  
Dagenais, Gilles  
Dagenais, Lise  
David, Pierre  
De Carvalho, Anithe  
de Grandpré, Jean-François  
Delage Roberge, Paul  
Dervishian, Jerry  
Deschamps, Mario  
Desjardins, Claude

Desjardins, Rolande  
Desmeules-Caron, Josée  
Di Iorio, Robert  
Dieudonné, Immacula  
Djerjian, Vartan  
Fagnani, Antonella  
Farrel, Colette & Steve  
Fishman, Nora  
Fong, Yvonne  
Gatto, Antonino  
Gaudreau, Henri  
Gaudreault, Paul Claude  
Gauthier, Daniel  
Germain, Claire  
Ghrayeb, Georges  
Gingras, Suzanne  
Girard, Jean-Yves  
Gjuran, Joseph  
Gosselin, Lorraine  
Gougoux, Yves  
Grandmont, Marie  
Guérin, Nicol  
Harel, Yves  
Hayes, Raymond  
Hébert, Monique  
Héroux, Jean-Claude  
Huang, Chieng Hung  
Jasmin, André  
Jetté, Serge  
Joseph, Yves  
Joubert, Jean  
Jutras, Marc  
Knystautas, Romuald  
Kratsios, Helen  
Kratsios, Melody  
Labelle, Lynda  
Labelle, Réal  
Laforge, Jean-Pierre  
Laliberté, Lucie  
Lalonde, Éline  
Lanctôt, Robert  
Lanthier, Marc  
Lapierre, Noël  
Laprise, Régine  
Larose, Mario  
Laurin, Mario  
Lavigneur, Johanne  
Le, Nhan

Lebel, Francine  
Lee, Matthew  
Lefebvre, Charlotte  
Lefebvre, Hubert  
Lefebvre, Roland  
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Leng, Phana  
Lesage, Érick  
Levine, Robert  
Loiseau, Claire Hélène  
Lucifero, Sabrina  
Magnier, Vickie  
Mannarino, Eugenio  
Mantha, Lucille  
Marceau, Lise  
Marchand, Jean  
Marier, Guy  
Martellino, Robert  
Martin, André  
McQuade, Pénélope  
Ménard, Frédérique  
Milonais Lepage, Michelle  
Miron, Rita  
Mitchell, Hugh  
Mongeon Lenclud, Louise  
Montague Carbone, Carmen  
Moreau, Claude  
Moreau, Gilles  
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Moura, Maria  
Neveu, Stéphane  
Nguyen, Anh Tram  
Olivier, Réjeanne  
Ouellet, Luc  
Pagnier, Nicole  
Panzer, Margaret c  
Paré, Yves  
Parent, Jacques  
Parenteau, Lise  
Pelletier, Pierre  
Perreault, Gérard  
Piché, Éline  
Pominville, Anne-Marie  
Prager, Vincent  
Rabellino, Héléne  
Riel, Gérald  
Rioux, Maxime

Robinson, Madone  
Robitaille, Denis  
Roy, Robert  
Roy, Yves  
Sabourin, Pierre  
Sanghera, Sukhjinder Singh  
Sanhueza, Roberto H.  
Saucier, Michel  
Sen, Ari  
Senécal, Marie-Frédérique  
Soulières, Roger  
St-Arnaud, Marc  
St-Laurent, Pierre  
St-Laurent-Synnott, Francine  
Tanguay, Louis A.  
Therien, Daniel  
Thibault, Nicole  
Tsicountouridis, Raymonde  
Turcotte, Martine  
Turmel, Jean  
Vachon, Jacques  
Vaillancourt, Alain  
Valiquette, Jean  
Valiquette, Jean-Guy  
Vassallo, Stella  
Vendette, Guy  
Vezina, Anne  
Vizioli, Eva  
Zadel, Andrew  
Zaki Almeida, Renée Janet  
Zalik, Alexa

## Families

Famille Berthelet  
Famille Jacques L'Écuyer  
Famille Lise & Giuseppe Racanelli  
Famille Neyron Malo  
Famille Remo Costa  
Famille Roberta & Charles Taite  
Famille Shefteshy  
Famille St-Laurent

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Succession Alain Aubin  
Succession André Gagnon  
Succession Claude Canuel  
Succession Corina Reischer  
Succession Dr Guy Blanchard

Succession Gaëtan Boulianne  
Succession Louise Belhumeur  
Succession Marcel Whissel  
Succession Maria Smid Graf  
Succession Michel Derycke  
Succession Nicole Gauthier  
Succession Rachel Duplain

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Arsenault, Christine  
Becker, Giuliano  
Bellemare, Patrick  
Bernard, Francis  
Bernier-Jean, Amélie  
Bertelli, Christiane  
Bouchard, Josée  
Boucher, Karine  
Brunette, Véronique  
Bulkeley, Kelly  
Cavayas, Yiorgos Alexandros  
Chapleau, Denis  
Charron, Thierry  
Coman, Isabel  
Diodati, Jean  
Doucet, Michel  
Duda, Barbara  
Febrer, Guillaume  
Gibbs, Steve  
Gilbert, Danielle  
Gingras, Isabelle  
Goupil, Remi  
Hadjis, Alexios  
Hatem, Raja  
Jodoin, Alain  
Khoueir, Jihad Paul  
Kouz, Jasmine  
Lafamme, Pierre-Jean  
Lafond, Chantal  
Lagrenade-Verdant, Colin  
Laroche, Mathieu  
Larocque, Alexandre  
Laroussi, Leila  
Le, Van Hoai Viet  
Lespérance, Sylvie  
Madore, François  
Montplaisir, Jacques  
Nadeau, Réginald  
Nguyen Sébastien  
Pagé, Maude  
Palisaitis, Donald  
Pescarus, Radu  
Pichette, Maxime  
Pilon, Michèle  
Poulin, Frédéric  
Raymond-Carrier, Stéphanie

Rico, Philippe  
Rioux, Jean-Philippe  
Samson, Caroline  
Sauvé, Claude  
Savoie, Josée  
Serri, Karim  
Smith, Marc-André  
Soulière, Vicky  
Tessier Pierre  
Thibault, Alexis  
Trojanov, Stéphane  
Trojanov, Yves  
Verrier, Pierre  
Whittom, Renaud

#### Medical groups

Fond de chirurgie bariatrique  
de l'Hôpital du Sacré-Cœur  
Hématologues-Oncologues  
de Cartierville et Associés  
Les Urgentistes de Sacré-Cœur  
Plan de pratique, Service de cardiologie

#### Foundations

Fondation Alain Paquet  
Fondation C'est beau la vie  
Fondation Chopin-Péladeau  
Fondation de l'art pour la guérison  
Fondation Denise et Guy St-Germain  
Fondation Denise et Robert Gibeau  
Fondation DIVCO  
Fondation Emilie-Tavernier-Gamelin  
Fondation Famille Bertrand  
Fondation Fernand Lazard  
Fondation François Rainville  
Fondation Hervey Morin et Yolande Thibault  
Fondation J. Armand Bombardier  
Fondation Jacques & Michel Auger  
Fondation James Barriere  
Fondation Lise et Giuseppe Racanelli  
Fondation Luigi Liberatore  
Fondation Molson  
Fondation Pierrot LeBrun  
Fondation Réal et Chantal Mimeault  
Fondation Sandra et Alain Bouchard  
Fondation Yan Morin  
Jeff and Geraldine Hart Family Foundation  
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The Morris & Rosalind Goodman  
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Congrégation des Petites Filles  
de Saint-Joseph  
Eglise Arménienne Sourp Hagop  
Armenian Church  
Sœurs de la Providence, Province  
Émilie-Gamelin

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Amgen Canada  
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Arthrex  
AstraZeneca Canada  
Banque Nationale  
Banque Pictet & Cie SA  
Behaviour Interactive  
BMO Banque de Montréal  
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Corporation Fiera Capital  
Cycles Fleury  
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Sorin Group - Microport CRM Srl  
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Stryker Canada  
TFI International  
Vins Philippe Dandurand  
Zimmer Biomet





## The Circle of Big Hearts: our monthly giving program

The Foundation would also like to thank donors who choose to belong to our monthly giving program, *The Circle of Big Hearts*. The program provides a stable source of funds and allows the Foundation to better plan its activities to support the projects of the medical teams and researchers. This continuous support for our cause makes a long-term difference for patients.

In 2023, **250 donors** joined our monthly giving program and continued their support.

Alelamaka, Henriette  
Allard, Jacques  
Allen, Normand  
Archambault, Yolande  
Assaad, Lili  
Ayotte, Martine  
Azer, Sonia  
Beauchamp, Danielle  
Behnam, Alain  
Belcourt, Claude  
Bellefleur, Louis  
Bellemare, Andrée  
Belliveau, Claudette  
Benmouffok, Nassima  
Besner, Jacques  
Bleau-Myrand, Suzanne  
Bohémier, Nicole  
Boismenu, Lise  
Bonin, Claude  
Bouchard, Jean  
Boudreau, Michel  
Bouffard, Pauline  
Boulé, Denise  
Bourgeault, Denis  
Bourgeois, Thérèse M.  
Bourgoin, Yvon  
Boutin, Maria  
Brais, Lise  
Brisebois, Louise  
Brochu, Isidore  
Brouillard, Gerald  
Brulotte, Guy  
Brunet, Yvon  
Cabana, Claudette  
Cantin, Serge  
Cardinal, Micheline  
Carey, Betty G.  
Caron, Lucie  
Champagne, Martin  
Charles, Josette  
Charles, Marie-Roselie  
Charpentier, Marthe  
Chartier, Sonia

Chartrand, Hélène  
Cherba, Alexander  
Cloutier Desrosiers, Rita  
Cordeau, Linda  
Côté, Benoit  
Côté, Francine  
Côté, Léon  
Côté, Pierre  
Crépeault, Fleurette  
Crowe, Robert  
Dansereau, Gilles  
Daoust, Gilbert  
Darakjian, Vicken  
David, René  
David, Stéphane  
De La Paz Gonzalez, Eduardo Andres  
De Roche, Ronald  
Decelles, Nathalie  
Desautels, Jean  
Desbiens, Pearl  
Deschatelets, André  
Desrochers, Francine  
Duguay, Charles  
Dumas-Simard, Marthe  
Dumouchel, Pierre  
Durand, Hélène  
Duval, Jacques  
Elmourne, Heather  
Emond, Nicole  
Ferland, Pierre  
Fock Nai Kuen, Etienne  
Frizzell, Elisabeth  
Gagnon, André  
Gagnon, Daniel  
Gagnon, Richard  
Gauthier, Stephane  
Georges, Fequiere  
Gervais, Gilbert  
Ghellache, Tahar  
Gjuran, Joseph  
Goetz, Nathalie  
Gonzales, Gisele

Graton, Céline  
Gratton, Lionel  
Gravel, Louise  
Groleau, Maroussia  
Guertin, Diane  
Guindon, Raynald  
Hallik, Mustapha Mohamad  
Hamel, Denis  
Hamel, Ida  
Haoua, Nassera  
He, Li Rong  
Huneault, Ginette  
Jacaman, Rudy  
Jacob, Roger  
Jacques, Jean  
Jalette, Christiane  
Jargstorff, Linda  
Jean Philippe, Inès  
Joseph, Magalie  
Julien, Pierre  
Karpinski, Zbigniew  
Karras, Georgios  
Kouakou, Koffi Desire  
Kumar Bawa, Varun  
Labrecque, Henri-Paul  
Labrecque, Mariette  
Lachaine, Robert  
Lachance, Carmen  
Lachance, Daniel  
Lacroix, Jean  
Laferrière, Sophie  
Lalonde, Nicole  
Lam-Do, Duc-Minh  
Lamarre, François  
Lamoureux, Elizabeth  
Lamoureux, Lise  
Laparé, Jacques  
Lapierre, Christiane  
Lapointe, Françoise  
Laramée, Robert  
Larivière Benoit, Gisèle  
Larivière, Ronald  
Larocque, Ginette

Latreille, Jacques  
Lavallée, Madeleine  
Lavoie, Louise  
Leblanc, Manon  
Leblanc, Roger  
Leblanc, Serge  
Lecours, Marc B  
Leduc, Francine  
Lee, Edmond  
Lefebvre, Ginette  
Lefranc, Fritz Gerald  
Legault, Serge  
Léonard, Serge  
Létourneau, Anny  
Lévesque, Marcel  
Locas, Serge  
Luca, Iolanda  
Lussier, Josée  
Malette, Noël  
Marcil, Michel  
Marcozzi, Elio  
Mardo, Jean-Marc  
Martel, André  
Martinez, Nelfa  
Marzaro Cortina, Antoinetta  
Masse, Yves  
Masseau, Eric  
McLaughlin, Suzanne  
McQuade, Winston  
Ménard, Gilles  
Michaud, Josee  
Ming, Aye  
Morand, Monique  
Moreau, Nicole  
Morin, Philippe  
Mostaine-Boucetta, Mostefa  
Mousseau, Alain  
Muth, Roemum  
Nadeau, Pierre  
Nadon, Diane  
Najera Morataya, Estuardo  
Nguyen, Tue Nhan

Njamen, Justine  
 O’Looney, Ginette  
 Paquette, Diane  
 Parodis, Luis Alberto  
 Patel, Tusharkumar Nanubhai  
 Pépin, Marie-Josée  
 Petit, Dominique  
 Petrecca, Ted  
 Phan, Hanh  
 Pierre, Marie Carole  
 Pierre-Daut, Kerline  
 Pilon, Gérald  
 Pilon, Pauline  
 Pimentel, David  
 Poirier, Danielle Émilie  
 Poirier, Maurice  
 Pressault, Lyne  
 Prud Homme, Suzanne  
 Racine, Régent  
 Rainville, Mario  
 Reategui, Zandra

Reid, Josée  
 Rousseau, Richard  
 Rowen, David  
 Roy, Emmanuelle  
 Roy, Richard  
 Roy, Yvon  
 Saliba, Houda  
 Saliba, Ziad  
 Saminaden, Stephane  
 Santella, Giovannina  
 Saucier, Lynne  
 Scala, Angelo  
 Schneeberger, Eric  
 Schneider, Horst  
 Sévigny, Michel  
 Sirbu, Alla  
 Sorel, Sylvie  
 Soriano, Rogelio  
 Sounthonevichit, Bounchanh  
 St-Arnaud, Alain  
 St-Arnaud, Gaétan

St-Germain Félix, Evelyne  
 St-Laurent, Carmen  
 St-Onge, Réal  
 St-Pierre, Denyse  
 Stevenson, Lillian Isabel  
 Storme, Jean  
 Suissa, David  
 Swenor, Sandra  
 Taillon, Diane  
 Thibaudeau, Diane  
 Tingué-Charles, Mireille  
 Toulouse, Jean-Marie  
 Trani, Anna  
 Tremblay, Carl  
 Tremblay, Carole  
 Tremblay, Gérard  
 Tremblay, Huguette  
 Tremblay, Pierre P.  
 Trempe, Germain  
 Trottier, Raymond  
 Trottier-Pérusse, Tania

Tusa, Janny Eduardo  
 Ung, Sang  
 Vachon, Jacques  
 Valentini, Valerio  
 Valiquette, Marielle  
 Vallée, Marie  
 Vazquez, Nicolas Escamilla  
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 Viens, France  
 Vong, Isabelle  
 Wai King Wong, Releana  
 Weillbrenner, Louise  
 Ye, Ying Ru  
 Yucelis, Gulizar  
 Zardet, Pierre  
 Zugasti, Juan Martin

## Success for the third year!

The Foundation would like to highlight the remarkable support provided by Pierre Karl Péladeau through his monthly giving program. Once again, he displayed unfailing support by offering a major donation to encourage new commitments before the end of the 2023 year. His unwavering generosity demonstrates his deep attachment to our cause and his wish to see others join him in supporting Sacré-Cœur in the years to come. During the last three years, the number of monthly donors to the Foundation increased from 319 to 846, helping us raise more than \$250,000 through this program.

**Pierre Karl Péladeau**

Loyal partner  
 of the Circle  
 of Big Hearts



## A café-concert to say thanks!

A concert was held on June 7, the second for thanking the Foundation’s most faithful and generous donors. Guests enjoyed a collection of French and Québécois songs. It was a great opportunity for the Foundation’s team members to meet and talk with donors.



**Here Comes  
 the Sun...**



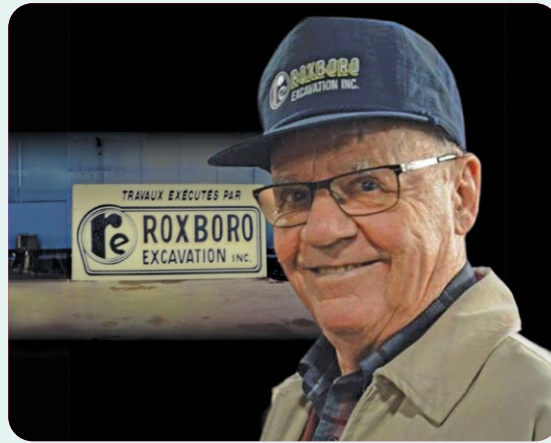
*In memoriam*

## We thank a great builder

The founder of Roxboro Excavation, Mr. Jean-Guy Théorêt, left us on September 16, 2023, at the age of 91. A faithful partner of the Montréal Sacré-Cœur Hospital Foundation, Mr. Théorêt was a strong supporter of its activities for many years.

Playing significant roles in the family business, Mr. Théorêt and his wife, Monique Lavigne, also raised a large family, which continues to perpetuate their visions and important values. The love, support and trust they showed to their five sons — Yvon, Roger, Raynald, Michel and Daniel — is an inestimable legacy. Moreover, their generous support to the community has also been transmitted across generations.

“He was a man of few words, but he passed on to us his learning, knowledge and especially his wisdom with so much patience and devotion, his sons make a point of saying. He played a key role and always supported us in transformations to the company he had founded, making it what it is today.”



Roxboro Excavation has provided more than 50 years of service; it employs almost 600 people during the peak season. A generational transfer process began in 2017, as did several mergers and acquisitions. Today, Groupe Roxboro Bauval is managed by the third generation. **We thank the family for the donations received in memory of this great builder.**

### Honouring memories

The Foundation regularly receives **donations in the memory of loved ones** (*In memoriam* donations). We want to express our sincere gratitude to all the families that choose to honour the memory of someone dear to them by making a donation to our Foundation. We would like to focus specifically on the deceased for whom donations totalled \$1,000 or more. Each gift is a testimony to the long-lasting impact they have had on those who knew and loved them. Thanks to them, the life of thousands of patients of the Montréal Sacré-Cœur Hospital has been transformed.

Anita Fraquelli  
Bruno Lucifero  
Claude La Rose  
Denise Ruelle Gilbert

Eleni Liounis Vafakos  
Godefroy-Maurice Cardinal  
Ioannis John Roussopoulos  
Jean-Guy Masse

Jean-Guy Théorêt  
Johanne Piché  
Pierre Rioux  
Robert Boucher

Teresa D'Angelo Vizioli  
Tuoch Leng  
Van Pham Thi

To all the families who have been touched by loss, we would like, once again, to offer our sincere condolences. We understand the depth of your pain. We hope that time will soften your sadness and that wonderful memories will bring you comfort. Each donation made in the memory of your loved one leaves an indelible mark on the life of others, and for that we are infinitely grateful.

## Our spokesperson in the limelight!

In spring 2023, Pénélope McQuade agreed to record a video to launch the celebrations related to the 50 years' affiliation with Université de Montréal. In June, Pénélope had the pleasure of meeting the intensive care, traumatology and simulation program teams, one month after the Integrated Trauma Centre officially opened to the public. In the fall, our spokesperson appeared as the headliner in our publicity about the *De garde 24/7* series. She was also a guest of the *J'ai frôlé la mort* program. In the September 19 episode, she tells the touching story of how she ended up at Sacré-Cœur following a serious road accident, and especially, how this event transformed her life forever. As a wonderful way of ending the year, Pénélope once again hosted our annual gala — to the great pleasure of all our guests.

**Heartfelt thanks, Pénélope,  
for your kindness, your availability  
and your generosity.**





# The Foundation Family

## The Foundation Team

**Susan Akyavuz**

Assistant, Capital Campaign

**Paul Bergeron**

President and CEO

**Johanne Bélisle**

Reception clerk

**Violette Brisson**

Administrative support

**Camille Fontvieille**

Events coordinator

**Marie Grenon**

Director, Communications and public relations

**Katia Landucci**

Senior advisor,  
Publicity and promotion

**Carole Laudadio**

Reception clerk

**Brigitte Lemieux**

Assistant to the Chief  
Executive Officer

**Nadine Leroux**

Senior Director, Marketing  
and Communications

**Jamel Ouarti**

Director, Finance, Administration  
and Human Resources

**Isabelle Rondeau**

Supervisor, Data Management

**Suzu Rondeau**

Administration technician

**Richard Steele**

Coordinator, Development  
Philanthropic

**Melina Tartaglia**

Development coordinator

**Me Marie-Claude Tellier**

Director, Major Donations  
and Planned Giving

**Tania Trottier-Pérusse**

Events Director

## Our colleague, Nadine Leroux, celebrates 20 years of service

Over the years, Nadine Leroux has held the position of Events Director and Director of Development, prior to taking on her current position, as Senior Director, Marketing and Communications. Since completing studies at HEC, Nadine has worked in philanthropy. She is a professional in all senses of the term, and provides an enormous contribution to the organization. She is the employee with the most seniority. Indeed, she provides the Foundation's institutional memory! Nadine is also an employee with a great heart. Devoted and empathetic, she is a natural leader who knows how to motivate her team on a project, surrounds herself with the right people and takes care of others. Thank you, Nadine for 20 years of service, and your steadfast loyalty.



## Employees who lend a valuable hand to the Foundation

The Foundation can count on a number of employees who are devoted to Sacré-Cœur and Albert-Prévost. They are our ambassadors, who give their time to promote the Foundation to all staff by selling tickets for the benefit lottery. Here are their names:

Peggy Borgela  
Guillaume Brousseau  
Renée-Claude Caron  
Sébastien Charron  
Manon Dery  
Brigitte Dinelle

Jodelle Étienne  
Catherine Frenette  
Stéphanie Guidi  
Marie-Hélène Kyriakakis  
Patrick Lajoie  
Besseline Larochelle

Nathalie Leblanc  
Manon Léger  
Rachel Lussier  
Manon Maltais  
Ariane McLeod  
Christiane Meilleur

Alain Morneau  
Jade Nguyen  
Élisabeth  
Pelletier-Ouimet  
Isabelle Rondeau  
Lucie Roy

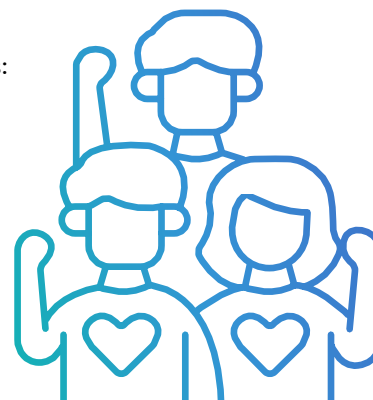
Manon Savoie  
Piraveena Sivabalan  
Sophie Therrien

## Our precious volunteers!

In 2023, these precious volunteers contributed more than 600 hours:

Marcel Caya  
Diane De Grosbois  
Daniel Gingras  
John Hay  
Denise Langis

Carole Laudadio  
Jocelyne Leroux  
Dr Jean-Luc Malo  
(collection d'œuvres d'art)  
Émile Parent



# The Foundation Board: committed people

The Board of Directors is made up of volunteers primarily from the business and health care worlds. The seasoned managers and leaders who donate their work to the Foundation bring recognized skills, complementary expertise and a determination to advance the cause. As of December 31, the Board was made up of:



## Chairman of the board

**Bernard Pitre**  
Commissioner - Technological transformation, City of Laval



## Vice presidents

**M<sup>re</sup> Michel Bourgeois**  
Consultant and Corporate Director



## Treasurer

**Robert J. Bouchard**  
Chairman of the board Guillevin International Cie



**Louis A. Tanguay**  
Corporate Director



## Secretary

**Réjean Berthiaume**  
Engineering Consultant

## Administrators



**Louis-Philippe Allard**  
Director, Partnerships and Strategic Initiatives - FinTech Finance Montréal



**Danny Berthelet**  
President Gestion JB



**Julie Boucher**  
Deputy CEO CIUSSS NÎM



**Salvatore Crivello**  
President of the Young Wing President Pavages Black Horse



**Gilles Dagenais**  
President Société d'investissement F.D.M.



**André Desautels**  
Director, Legal Affairs EY



**Mario Deschamps**  
Consultant, Corporate Director



**Claude Gagnon**  
President, Operations, BMO Financial Group, Quebec 2018-2022



**Stéphane Garcies**  
VP Public Sector and International Trade National Bank of Canada



**Eugenio Mannarino**  
Regional Vice-President for Montreal North-East Region RBC Royal Bank



**André Martin**  
Commercial relations Consultant Gestion A. L. Martin



**Yvon Martin**  
President Les placements Solicom



**Louis Morin**  
President Busrel



**Nathalie Paré**  
VP Corporate Strategy Gelo



**Pierre Pelland**  
Corporate Director



**Isabelle Poirier**  
VP, Human Resources Magnus Poirier



**Véronique Racanelli**  
President Fondation Lise et Giuseppe Racanelli



**Dre Stéphanie Raymond-Carrier**  
Director, Professional Services CIUSSS NÎM



**Dre Caroline Samson**  
Radiologist, Montreal Sacré-Cœur Hospital



**Marie-Frédérique Senécal**  
Senior Vice-president, National Broking Director Eastern Canada and Specialties, AON



**Daniel Sinnett, Ph. D.**  
Director of Research, Teaching and Innovation CIUSSS NÎM



**Charles Taite**  
President Pointe-Picard Capital

## Yvon Martin: 30 years as a volunteer director with the Foundation

In 2023, we celebrated the 30 years of commitment of Yvon Martin as a member of the Board of Directors of our Foundation. This is exceptional! Here is a man loyal to the causes he supports. He is always enthusiastic in offering his help. Our Foundation has greatly benefited from the links he has created over the years with company leaders and upper-level managers, in particular in the major media.

Yvon Martin founded his own communications agency, Publicité Martin, in 1971. When he sold it in 1997, the firm had almost 900 employees. Creative and visionary, he truly contributed throughout all those years to the advancement of the advertising industry and provided support to the next generation.

Despite a well-filled work life, Mr. Martin sat on several boards of directors throughout his career. A highly generous person, he accepted the role and function as Honorary Consul for the Republic of Madagascar, and was promoted to Honorary General Consul in 2005. For 20 years, without being remunerated, he organized economic missions and guided young Madagascans who came to study at Quebec universities. Thanks to benefactors, he was able to deliver containers filled with medication and books for young people to Madagascar schools. What a wonderful example!

Mr. Martin received accolades throughout his career. Still, our Foundation felt it was essential that we highlight, during our annual gala, how important his support and devotion to improving care are to our cause.



# The Foundation thanks you, Mr. Martin!

### Mr. Yvon Martin

Mr. Yvon Martin Member of the Foundation Board of Directors

# The Foundation mission

Created in 1976 by the Sœurs de la Providence, the Montréal Sacré-Cœur Hospital Foundation was created to help the teams at Sacré-Cœur and Albert-Prévost to provide continuous improvement to the care, treatment and environment of patients, while supporting the research and teaching activities of this university hospital. In addition to adhering to this mission, it is important that members of the Foundation team, members of its Board of Directors, its volunteers and partners share the same values and human qualities:

- > Compassion
- > Creativity
- > Partnership
- > Respect
- > Rigour
- > Care and generosity
- > Transparency and integrity



**MONTREAL  
SACRÉ-CŒUR  
HOSPITAL  
FOUNDATION**

The heart of advanced care



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