



**MONTREAL
SACRÉ-CŒUR
HOSPITAL
FOUNDATION**

The heart of advanced care



**The heart
of advanced
care**

2022
ANNUAL REPORT

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Published by:

MONTREAL SACRE-COEUR HOSPITAL FOUNDATION
5400, Gouin Blvd. West, Montréal, Québec H4J 1C5

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Translation: **Féminin pluriel**

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In this publication, the use of the masculine gender to refer to individuals is for the sake of brevity.

Acronym used:

CIUSSS NÎM: Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal

The Heart of Advanced Care

The heart of advanced care is a line that reflects the excellence, expertise and innovation that characterize this major university hospital. For a hospital that has been affiliated with the Université de Montréal for nearly 50 years, where research and teaching are conducted, advancing care and innovation are at the heart of Sacré-Cœur's academic mission. The progress achieved through research, the updating of knowledge and the preparation of the next generation through teaching is put to use for the benefit of patients, in order to treat them more quickly and in the best possible conditions, or at least to greatly improve their quality of life.

Heart is a word that reminds us of the commitment and kindness demonstrated on a daily basis by the care teams and experts. Heart is also a reminder of the legacy of the Sisters of Providence, the founders of the Hospital and the Foundation, who have a 125-year history of love for society's most vulnerable.

“**Sacré-Cœur is a large university hospital, just like the CHUM or the MUHC, with great specialists, but still focuses on a human approach and being sensitive to the patient.**”

– Yves Gougoux

As an ambassador for the major campaign, Mr. Gougoux wants to share the many great stories of Sacré-Cœur and Albert-Prévost. He believes that making donations, as he has done for several years, helps preserve the excellent reputation that Sacré-Cœur and Albert-Prévost have in many areas of excellence and helps bring the new signature to life. “I would draw a parallel with Formula 1, for which Sacré-Cœur is the track hospital for the

Yves Gougoux

Donor and ambassador for the Foundation's capital fundraising campaign

Publicist Chairman Yves Gougoux enlisted the help of his team members to create a video that showcases the Montreal Sacré-Cœur Hospital as the great teaching hospital that it is. They also put their talents to work for the Foundation to bring this new signature to life.

Montreal Grand Prix. The doctors are extremely well-trained and top-notch drivers. They just need to be given the right car, one that is mechanically on point. The goal of the campaign is to give these experts what they need to treat more and to treat better. We need to empower them to be continually more caring and effective in their drive to innovate, care and love.”

Innovate

Innovation is in the very DNA of our hospital, which has been affiliated with the Université de Montréal for 50 years for research and teaching of health care professionals and the next generation of doctors.

Healthcare

Caring is what the teams at Sacré-Cœur have been doing for nearly 100 years and at Albert-Prévost for even longer. They use the knowledge acquired through innovations in research and benefit from the knowledge of a well-trained next generation to heal and treat patients and improve their quality of life as much as possible.

Giving

Giving is the basis of dedication, love and self-giving. When we give back and love, we are inclined to be more human, kind and nurturing. It's no longer just a job or a task you perform; when you give back and love, you add kindness.



A year full of reunions!

The year 2022 was a year full of reunions for us. The return of our fundraising events has allowed us to achieve great results, as you will see in this annual report. We reached a **new record of \$1,010,000** for the 30th Gala des Émilie, thanks to generous donors and exceptional co-chairs.

In addition, this year we introduced our successful benefit lottery *Transformez des vies!*. Thank you to all of our vendors, to the staff members who participated in large numbers and to all of you who purchased tickets. Proceeds from this lottery will be used to support the work of the research teams.

Your usual generosity has allowed us, among other things, to donate close to \$2 million just for the purchase of equipment and to support the research being done in our great university hospital. In fact, the Foundation is committed to supporting research at the rate of \$1.3 million per year for numerous projects. In 2023, Montréal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital will celebrate **50 years of affiliation with the Université de Montréal**. You will therefore hear a lot about the Montréal Sacré-Cœur Hospital Research Centre, its researchers, as well as the training of the next generation of physicians and other health care professionals.

Thanks to a new policy for distributing the annual return on our portfolio, we will be able to offer our two supported hospitals many additional millions of dollars in the coming years for priority projects. In this way, we will continue to support our caring experts who innovate, care and love. And a big thank you to Mr. Yves Gougoux for this lovely signature that represents the wonderful Sacré-Cœur family so well.



Paul Bergeron

Chief Executive Officer
of the Foundation



Bernard Pitre

Chairman of the Board

2022 was a year of good deeds!

I'm speaking to you, dear donors and partners of the Foundation, as the interim CEO of the CIUSSS du Nord-de-l'Île-de-Montréal. Working alongside Frédéric Abergel over the past few years, I can attest to the fact that the 4,000 employees of Sacré-Cœur and Albert-Prévost have worked hard to keep our population healthy, with our values at heart: **respect, professionalism** and **collaboration**.

The teams faced many challenges: availability, stability, staff retention and support for the next generation; maintaining the quality of services and access to them; the difficulty of dealing with sometimes dilapidated buildings and technological infrastructure; and the return to activities post-COVID. Among our successes over the past year, I would like to list a few:

- In June 2022, the tremendous mobilization of the teams for the transfer of patients from the old building to the new Integrated Trauma Centre (ITC), the modern Mother-Child Unit (MCU) and the new Endoscopy Department;
- The Centre for Teaching Excellence (CTE), which was established in December 2021, oversaw more than 2,000 internships at Montréal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital (medical and non-medical). More than 3,000 employees received training in 2022 and 1,500 people participated in simulation training;
- Some specialists and researchers have achieved Quebec and Canadian firsts of which we are very proud, notably in intensive care, traumatology, cardiology, hemodynamics, neurology, etc. And the list goes on.

Without you, without your support for our hospitals, it would be impossible to have all these and many more successes. I am happy to share these with you!



Julie Boucher

Associate CEO, CIUSSS NÎM

Note: At the time of writing, Ms. Boucher was serving as Interim President and CEO until a new CEO is appointed.

A committed Board of Directors

The board of directors is made up of a group of men and women volunteers drawn mainly from business and health backgrounds. They are seasoned managers and leaders who are mobilized for the Foundation, with recognized skills, complementary expertise and the same determination to advance the cause. On December 31st, 2002, the board was composed of:



Chairman of the board

Bernard Pitre
Commissioner - Technological transformation City of Laval



Vice presidents

M^r Michel Bourgeois
Counselor and Corporate Director



Treasurer

Robert J. Bouchard
Chairman of the board
Guillevin International Cie



Louis A. Tanguay
Corporate Director



Secretary

Réjean Berthiaume
Engineering Consultant

Administrators



Danny Berthelet
President
Gestion JB



Julie Boucher
Associate CEO
CIUSSS NIM



Salvatore Crivello
President of the youth wing
President
Pavages Black Horse



Gilles Dagenais
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F.D.M. Itée



André Desautels
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Mario Deschamps
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Quebec 2018-2022



Stéphane Garcies
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André Martin
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VP Corporate
Strategy
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Pierre Pelland
Corporate Director



Isabelle Poirier
VP, Human Resources
Magnus Poirier



Dr. Stéphanie Raymond-Carrier
Director, Professional Services,
Co-management of le Centre
d'expertise en enseignement
CIUSSS NIM



Dr. Caroline Samson
Radiologist,
Montréal Sacré-Cœur
Hospital



Marie-Frédérique Senécal
Managing Director,
National Broking Director,
AON



Daniel Sinnett, Ph. D.
Director of Research,
Teaching and Innovation
CIUSSS NIM



Charles Taite
President
Pointe-Picard Capital

A few interesting statistics for Sacré-Cœur (physical health) and Albert-Prévost (mental health):

4,393 employees =  **3,250** women +  **1,143** men

Of this number:

1,033 nurses
188 personal care attendant
117 caring professionals (occupational therapists, physiotherapists, social workers, respiratory therapists, etc.)

133 volunteers at Sacré-Cœur
12,575 hours of volunteer time

459 physicians at Sacré-Cœur
76 physicians at Albert-Prévost

At Sacré-Cœur, per year:

440 beds
22,365 hospitalizations
130,480 out-patient consultations
+/- 64,000 emergency visits

At Albert-Prévost, per year:

85 beds
1,420 hospitalizations
42,605 out-patient consultations
+/- 3 500 emergency visits

Montréal Sacré-Cœur Hospital: A major teaching hospital!

The Montréal Sacré-Cœur Hospital has all the specialties associated with a major university hospital. Because of its fields of expertise, 25% of Quebec's population, or nearly 2 million people, are likely to be referred to it one day.

It is also a university research and teaching centre that provides patients with cutting-edge care and services. The research teams at the Centre for Advanced Research in Sleep Medicine (CARSM), the Jean-Jacques-Gauthier Centre, the Integrated Trauma Centre and the Montreal Behavioural Medicine Centre are all closely linked to Sacré-Cœur through the physicians, researchers and health care professionals who are actively involved in their work.

The research that takes place in the various facilities of the CIUSSS du Nord-de-l'Île-de-Montréal (NÎM), the majority of which is conducted at the Montréal Sacré-Cœur Hospital, is grouped under the name "Shared knowledge." Trauma, sleep disorders and chronic diseases are leading-edge sectors that are mainly targeted by research activities at Sacré-Cœur.

In an article published in the December 3, 2022 edition of Le Devoir's special Philanthropy section, Daniel Sinnett, Scientific Director of the CIUSSS du NÎM's Research and Innovation Department, presented his vision of research in a hospital setting.

It is mainly clinical and translational research, because it involves patients who participate on a voluntary basis and are aware that it may have direct or indirect benefits for them. We also have an important social and psychosocial research component with the Montreal Behavioural Medicine Centre."

– Daniel Sinnett

Of the 250 researchers working at the various CIUSSS research sites, about 200 are attached to Sacré-Cœur.

With the new Integrated Trauma Centre (ITC), the only one of its kind in Canada, which opened in June 2022 at Sacré-Cœur, the trauma sector, which brings together several researchers and physicians in various specialties, is an important cradle of research in itself. The ITC is a supra-regional centre of excellence that receives a large volume of patients and offers a unique environment to conduct research projects on head injuries, spinal cord injuries and other medical conditions.

Competition

According to Mr. Sinnett, the challenge in research is to recruit the best players and the competition is fierce at the global level. The critical mass of patients followed by the Hospital and its medical specialties, the expertise of the researchers and clinical teams, their ability to raise funds to finance their research projects, are all elements that must be taken into account when recruiting and retaining our top researchers.

It is precisely by financing these research teams and their equipment that the Foundation provides significant support. "Over the years, the Foundation has given us \$20 to \$25 million. This money allows us to buy equipment, upgrade facilities, recruit researchers and support our students. The Foundation is therefore a very important partner in the success of our strategic plan and in transferring the fruits of our research to patients and the Quebec population," said Daniel Sinnett.

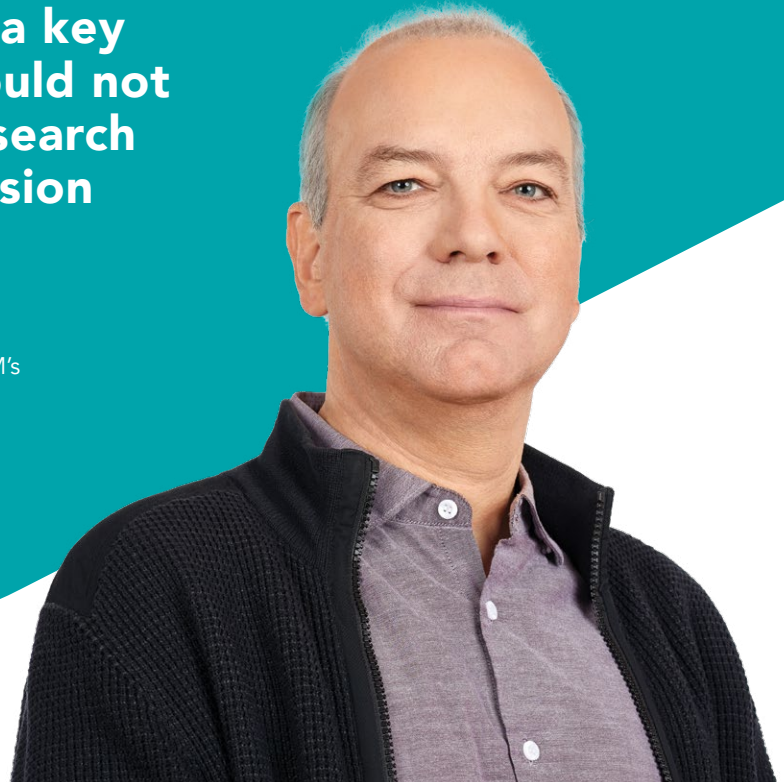
In addition, the Foundation's investment in research provides extraordinary leverage to obtain additional funding from governmental or private granting agencies in the research and health sectors.



“When we apply for funding, having the Foundation behind us, ready to invest in a project, is convincing and helps us make our case. The Foundation is a key partner and we could not accomplish our research and education mission without it.”

Daniel Sinnett

Scientific Director of the CIUSSS du NÎM’s Research and Innovation Department



A few statistics about the research center:



Sacré-Cœur:

54 permanent researchers	122 associate researchers	334 research students
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Albert-Prévost:

12 associate researchers	8 research students
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2,657* internships in total



1,055
internships in the
medical sector



1,602
internships in the
non-medical sector



1,500
simulation training sessions, given mainly
at the Integrated Trauma Centre (ITC)

*Note that a student can do more than one internship during the same year.



“It has been a while that we think it would be wonderful to be able to repair the ribs without opening the thorax.”

The heart of... **innovation.**

Dr. Mathieu Rousseau

Thoracic surgeon at the Montréal Sacré-Cœur Hospital



A grateful patient

Sainte-Adèle resident Jérémie Zorrilla, 21, was transported to Sacré-Cœur on November 11, 2022, following a work accident involving a semi-truck. The young truck driver spent 19 days in a coma. As he says himself, he arrived at Sacré-Cœur in a terrible state. He was quickly taken care of by the trauma teams and is very grateful to have benefitted from this new type of intervention to replace his fractured ribs. He was released from the hospital on December 22. Here is the message the young man had for Dr. Rousseau:



Keep up the good work. New experiments like this will advance medicine.”

Innovation for the benefit of patients!

As a thoracic surgeon at the Montréal Sacré-Cœur Hospital, Dr. Mathieu Rousseau has had an idea in mind for a long time: to one day be able to repair ribs without having to open the chest, but by making only tiny incisions of one or two centimeters. The principle is, using these incisions, a camera is inserted between the ribs to place them where they should be and then an intrathoracic plate is placed. This is called “thoracoscopy.”

Mission accomplished for the surgeon and his team! In November 2022, after obtaining authorization from Health Canada and the Hospital to use a new technology that he helped develop with an American company, Dr. Rousseau and his team successfully performed two thoracoscopies within 24 hours of each other on two car accident victims, which represents a **Canadian first worth mentioning**.

Proud to be able to use this innovation to benefit patients, Dr. Rousseau is very happy to offer this new option to patients who, very often, because of the severity of their injuries following a major trauma or because of their age, would not be in a condition to undergo an operation to repair rib fractures. This was the case with his young patients, Jeremiah Zorrilla and Victor Abdel Ahad having both benefited from this Canadian premiere, both of whom suffered major trauma in their accident.

“Montréal Sacré-Cœur Hospital is a trauma centre. Rib fractures are probably one of the most common traumas, but their long-term consequences are still studied very little. We don’t have many options for these patients. It’s still a serious injury. In elderly patients who come to Sacré-Cœur

with rib fractures, the death rate is about 25 percent,” he said. He is interested in the long-term impact of such fractures and said a three-year study in Vancouver showed that many patients developed chronic pain to the point where, three years after their rib fractures, they were still taking pain medication. Dr. Rousseau wanted to be able to help his patients in the short term, but also in the longer term.

Prior to this minimally invasive surgery, surgeons had two choices for their patients: keep them in the hospital for several days to try to manage the pain while the ribs reset, or offer an operation that promotes a quicker return home, but would have to be done through an open chest with the pain and complications that this procedure entails. “We’ve been thinking for a long time that it would be fun to be able to do it with small incisions where the impact of the surgery would be less. We knew it was possible because it has been done for a long time in lung surgery. We are able to remove large pieces of lung with very small incisions. Patients leave the hospital the same day or the next day. We didn’t have the technology to do that with rib fractures.”

Never one to shy away, Dr. Rousseau helped develop products with U.S. companies to make his desire to offer thoracoscopy a reality. He participated in training sessions in Boston and Miami as soon as the technology began to be used by Americans. He quickly proceeded to obtain approval to offer this type of surgery at Sacré-Cœur. Since then, Dr. Rousseau has been providing training to try to promote the procedure so that more Quebec patients can benefit from it.

Showcase: Research at the Montréal Sacré-Cœur Hospital

Development of a new treatment for psoriasis

A research project aimed at developing a treatment for psoriasis received the necessary support to start in 2022. This research project by the team of Dr. Mohamed Benderdour, researcher in the Department of Surgery at Montréal Sacré-Cœur Hospital, will progress thanks to its partners: the Montréal Sacré-Cœur Hospital Research Centre, NanoGene Therapeutics, the Consortium québécois sur la découverte du médicament (CQDM), the Orthopaedic Research Chair of the Université de Montréal as well as our foundation.



Together with our collaborators, we will develop a novel approach to produce non-viral vectors to target inflammation. This new avenue could help address the unmet therapeutic needs of skin diseases, including psoriasis.”



Dr. Mohamed Benderdour

Researcher in the Department of Surgery at Montréal Sacré-Cœur Hospital

Equipment that will save more lives!

Since October 2022, the team of experts at Montréal Sacré-Cœur Hospital has been able to rely on a revolutionary and unique new system that allows a patient in critical condition to be transferred to Sacré-Cœur for more specialized care. Our foundation contributed \$125,000 towards the acquisition of this new system.

The CIUSSS Montréal Sacré-Cœur Hospital thus becomes the first hospital in North America to benefit from this innovation. This system was developed in close collaboration with the Sacré-Cœur intensive care team.



This is a major innovation that allows an entire specialized team to travel to repatriate highly unstable patients, easily and safely bringing with them all the necessary equipment. This allows our advanced respiratory team to be even more effective in saving the lives of critically ill patients in referring hospitals. This is a great example of the constructive interaction of specialized clinical intensive care staff with the dynamic and creative team at Technimount.”



Dr. Martin Albert

Internal medicine physician at the Montréal Sacré-Cœur Hospital

Neuroscience researcher Marina Martinez is a research star!

The Étoiles EFFERVESCENCE competition rewards three researchers in Quebec who have distinguished themselves by their scientific contribution and who have recently collaborated with the life sciences and health technologies industry.

Marina Martinez, a trauma researcher at the Montréal Sacré-Cœur Hospital Research Centre, co-founded NeuralDrive, a Canadian company that specializes in the development of neurostimulation devices to restore movement after paralysis.

In her lab, she and her team developed a technology that targets the motor cortex, the part of the brain that orchestrates voluntary movement. When the user attempts to perform a movement, electrical microstimulations are applied to specific regions of the motor cortex to increase the signal and maximize movement.

Given the high potential of this new neurotechnology to improve the independence and quality of life of people with motor paralysis, Marina Martinez and her team are currently undergoing the regulatory steps of research and development to bring this innovation to patient's bedside.

“My work is widely motivated par paralyzed patients. My objective is to allow them to take back control of their body and autonomy thanks to a translational research program focused on the elaboration of neurorehabilitation strategies.”

Dr. Marina Martinez

Trauma researcher at the Montréal Sacré-Cœur Hospital Research Centre





“Today, my life as an entrepreneur allows me to be generous. And I take great pleasure in doing so. I’ve been giving to **Sacré-Cœur** for two years now, and I plan to continue doing so for the next few years.”

The heart of... **health care.**

Michel S. Côté
Patient

Mr. Michel Côté created in 1978, Digico, a business from Laval which specializes in the making of electronical materials. Properous retired entrepreneur since 2007, he always enjoyed a good health. Unfortunately, in 2010 they discovered a cardio-vascular disease.

A gift from the heart

However, following a septoplasty (a surgical procedure to correct a deviated septum) in 2010, he was diagnosed with cardiovascular disease. “I found out when I woke up that I had atrial fibrillation (the most common arrhythmia). I probably had it before, because sometimes I could feel my heart racing while I was quietly reading in bed. But I didn’t really pay attention to it,” he says.

Then, a much more serious episode led him to the emergency room at the Montréal Sacré-Cœur Hospital in 2019. “Within minutes of my arrival, I was under the care of Dr. Claude Sauvé, a seasoned cardiologist. I trusted him right away. I felt that I was dealing with a specialist who knew what he was talking about. His words were clear and his attitude was comforting. I was fortunate to find the right doctor, in the right place, at the right time,” he says.

Right off the bat, Mr. Côté says, “I didn’t suffer a tragic event.” That said, he is thankful that his cardiovascular disorder, which is characterized by a rapid and irregular heartbeat that interferes with blood flow to other organs in the body, was detected. If left untreated, this condition can lead to complications such as stroke. But once it is managed, a person can lead a normal life.

Because atrial fibrillation is a chronic disease, it is treated in several stages. The first step is to control the rhythm or rate of the arrhythmia. The second step is to develop a treatment to prevent clots from forming. As such, Dr. Sauvé has been meeting with Mr. Côté twice a year to make sure his patient is doing well and to adjust his drug treatment as needed. “At each consultation,” says Mr. Côté, “the contact was cordial and the medical supervision was competent. It was a package deal!” So much so that the strong bond he developed with his cardiologist and his exceptional care team fueled his desire to make a donation to the Montréal Sacré-Cœur Hospital Foundation. “I felt it was important to highlight the high quality of his work. I was treated very well at Sacré-Cœur.” And it continues thanks to the excellent care from Dr. Stürmer Marcio Lerch, an experienced cardiologist at Sacré-Cœur, and his team, who effectively support Dr. Sauvé.

“Today, my life as an entrepreneur allows me to be generous. And I take great pleasure in doing so. I’ve been giving to Sacré-Cœur for two years now, and I plan



I was under the care of Dr. Claude Sauvé, a seasoned cardiologist. I trusted him right away.”

– Mr. Côté

to continue doing so for the next few years. I tell myself that if my contribution can help someone, then that makes me happy!” says the founder of Digico, an electronic equipment company that he has seamlessly transferred to his son.

Humble and discreet, Mr. Côté reminds us that his donations are not that significant. “We are far from the hundreds of millions that we sometimes hear about,” he says with a laugh. Nevertheless. After making an initial personal cash donation, the businessman and philanthropist turned, on the advice of his accountant, to donating shares to support the cause of the Montréal Sacré-Cœur Hospital Foundation for the simple reason that it allows him to optimize his generosity thanks to its tax advantages. “This type of donation has allowed me to double my money. What’s more, the benefits of my donation vary according to the capital gain of the shares I donate. So the value of my securities since I acquired them is tax-free. Of course, I have to spend a little money on this transaction,” Mr. Côté concedes, “but this form of donation is very profitable, especially in the long term. It’s a win-win situation.”

Your donations make a difference

New cardiology rooms to meet growing needs

Cardiovascular health is one of the areas of excellence at the Montréal Sacré-Cœur Hospital. Complex heart diseases are diagnosed and treated, and it is one of the major referral centres in Quebec.

According to Dr. Érick Schampaert, head of the cardiovascular health program at CIUSSS NÎM, the practice has changed in recent years. It includes structural procedures, performed in collaboration with cardiac hemodynamic surgeons, such as TAVI valve replacements (the alternative to open-heart surgery), unblocking of chronic coronary occlusions, and high-risk angioplasties with temporary mechanical support. It is important to provide an optimal environment for these procedures, hence the importance of the new hybrid room (hemodynamic and cardiac surgery room).

This upgrade of the current room to a hybrid room has been a dream of Dr. Schampaert's for many years. In this room, all the pacemaker-defibrillator implantations performed in electrophysiology will be performed. This will make the complex electrophysiology room available for ablation procedures that involve making small incisions in the heart tissue at the level of the atria (the upper chambers of the heart). By blocking the abnormal signaling pathway, these incisions restore a normal heart rhythm. The waiting list for these ablation procedures is extremely long and overdue.

Dr. Érick Schampaert
Head of the cardiovascular health program



Donor generosity makes this project possible

This new hybrid room, which has been in operation since 2022, has made it possible to transfer electrophysiology activities to this room and to renovate it without reducing services.

The Foundation invested \$3 million for the new hybrid room and the reconstruction of the existing room, including \$1 million from a major donor, Quebecor. The Péladeau family has been a long-time supporter of cardiology at Sacré-Cœur, notably by contributing to the creation of the first hemodynamic rooms. Dr. Schampaert and his team are very grateful for their generous contribution and loyal support. The contribution of donors such as the Péladeau family and many others makes an undeniable difference in the advancement of care.



Thanks to the Montpetit family: Purchase of an ergocycle for the intensive care unit

Physiotherapist Xavier Bernet was proud to welcome members of the Montpetit family on October 6, 2022. Thanks to their generosity and that of their loved ones, the intensive care rehabilitation team has been using the RT300 Supine (ergocycle) for several months.

This equipment, valued at \$57,000, was made available to the physiotherapists as part of an ongoing research project in the ICU. It allows for rapid rehabilitation, which helps to improve the functional abilities of patients upon discharge from the ICU. This device is likely to promote recovery after a period of prolonged bed rest. For example, it allows leg and arm activity from a bed, even with minimal patient movement.

Chantal Montpetit said that after her brother Gilles passed away in 2021, she and the other members of her



family, her sisters and her mother, thought long and hard before deciding which foundation they would contribute to. In memory of their brother, **they wanted to make a meaningful donation and truly transform the lives of people** who, following an accident, a serious fall or a major injury, find themselves in a situation similar to that of their brother. A fundraising campaign among their family and friends raised \$41,565.

New equipment to diagnose lung cancer

Lung specialist Sébastien Ba Thien Nguyen is very aware that without the help of exceptional donors like Mr. Yves Gougoux, who are committed to the development of the Pneumology Department, he would not have access to several pieces of high-tech equipment that allow him to perform examinations in a less invasive manner and to eliminate wait lists and delays for a cancer diagnosis.

This is the case with a recent addition: the purchase of a third echo-endoscope that will allow for more endobronchial ultrasound (EBUS), a technology that has been available for about 15 years and has revolutionized the field of pneumology. Previously, about 100 EBUS scans were performed per year. Now, thanks to this equipment, 500 are performed.



Dr. Sébastien Ba Thien Nguyen

Lung specialist Respiratory
Endoscopy Medical Officer

New fellowship program to attract future Lung specialists

In discussions with Dr. André Cartier, Dr. Sébastien Ba Thien Nguyen and the Chief of Respiratory Medicine, Dr. François Beaucage, Mr. Gougoux also decided to provide \$100,000 in funding for a five-year fellowship program to be implemented in 2022. The new program will attract candidates with very interesting profiles to the pneumology team. This will allow us to continue to develop the field of subspecialized pneumology, such

as severe asthma or pulmonary fibrosis. Two fellows, Dr. Gabriel Lavoie and Dr. Sarah Pankovitch, will benefit from this program in the coming years for their fellowship and will return to work with the Pneumology team at Sacré-Cœur. They will each receive a \$50,000 scholarship. These are certainly two names that we will be hearing about in the coming years.



“My contribution is no greater than that of each of the volunteers at the Foundation.”

The heart of... **giving.**

Louis A. Tanguay

Member of the Foundation's Board of Directors since 1987

Mr. Louis A Tanguay sits on several organizing committees for fundraising events and on various working committees. He is a master in fundraising. On his own, he has managed to raise over \$1 million for the major campaign of 2005-2009, which exceeded the objective of \$35 million. He also used his network for the fundraising campaign of the CIT which allowed to raise \$10 million. He is currently active in the present major campaign which the objective is \$45 million. Mr. Tanguay knows how to inspire confidence by his great wisdom, his respect and his knowledge he continues to feed. His contribution to the cause is huge.



30^e GALA DES ÉMILIE

Our Gala des Émilie on October 27, 2022 was an opportunity to pay tribute to doctors, health care professionals, staff members and volunteers, and to highlight the mobilization of the teams for the opening of the new wings of the Montréal Sacré-Cœur Hospital, bringing together the Integrated Trauma Centre, the Mother-Child Unit and the Endoscopy Department. **Congratulations to this year's award winners:**

- Mr. Stéphane Gauvin, occupational therapist
- Ms. Anne Fillion, pharmacist (recently retired)
- Dr. Kim Lavoie and Dr. Simon Bacon, researchers
- Visionaries and initiators of the Integrated Trauma Centre (ITC)
- Dr. Patrick Bellemare, Dr. Ronald Denis, Dr. Marc Giasson and Dr. Gilles Lavigne
- Members of the ITC-MCU-Endoscopy Project Committee
- Mr. Louis A. Tanguay, member of the Board of Directors

More than 35 years of commitment, that's something to celebrate!

The Foundation is pleased to have taken advantage of the 30th Gala des Émilie to pay tribute to Mr. Louis A. Tanguay, as he was its first honorary president in 1992. His commitment, his keen sense of analysis, his in-depth knowledge of the business world and his big heart make him a mentor for the Foundation's allies who get involved with him in the various fundraising campaigns.

Mr. Tanguay is very humble and not comfortable with tributes. For him, each member of the Board of Directors is important to the Foundation, and no more so than the next. Here is what he said upon receiving the Foundation's Coup de Cœur award: "I hesitated before accepting this tribute because my contribution is no greater than that of each of the volunteers at the Foundation. Each of us is involved in a committee or a fundraising activity. Collectively, the Board members have contributed over \$1 million to the Transforming Lives Together major fundraising campaign."

Here's what a few board members and friends (and we could have gotten many more testimonials) had to say about Mr. Louis A. Tanguay, whom they affectionately call Louis.

"I have known Louis for over 20 years. From my first discussions with him, I have been able to see the relevance and wisdom of his words and actions. Since 1987, Louis has repeatedly demonstrated his generosity and his ability to mobilize his network, whether in annual campaigns, events or major campaigns."

Paul Bergeron
CEO of the Foundation

"There is a lot to admire about Louis Tanguay. He is generous and compassionate, but what is most remarkable is that for someone with his vast knowledge and experience, he remains curious and open to new ideas and alternative viewpoints."

Charles Taite
Foundation board member and
President of Pointe-Picard Capital

"We have known each other for over 30 years. Louis was on the Board of Directors of Saputo for over 10 years. We have had the opportunity to work together a lot. I have always had a lot of respect for you. You are a man of value, quality and principles. I congratulate you on this wonderful recognition."

Lino Saputo
Founder of Saputo and major donor

"Louis is a leader and mentor who is appreciated and respected by all. He is a very charitable man at heart, not only monetarily, but also in his availability. He is caring and attentive. Louis is also rigorous and gives 100% of himself in everything he does. He is a remarkable philanthropist."

Robert J. Bouchard
Foundation board member and Chairman
of the Board of Guillevin International

News from our major campaign

A first campaign project completed!

The Spinal Cord Injury Unit has only 12 beds, but the patients who stay there are not very mobile and require very specialized care. This is rather evident, since the damage they suffered to their spinal cord has very often rendered them paraplegic or quadriplegic. During their hospitalization, which lasts on average between 30 and 70 days, as soon as they are discharged from the intensive care unit or upon arrival, they must quickly start physiotherapy. The physiotherapy satellite, located in the 2nd floor, close to their rooms, was developed entirely thanks to donors of the Transforming Lives Together! major fundraising campaign. It avoids delays, transportation and allows the physiotherapy team to better coordinate activities.

The spinal cord injury project was designed to modernize the facilities of the Sacré-Cœur Trauma/Spinal Cord Injury Unit, including the renovation of the nurses' station, the installation of ceiling lifts in all rooms, and the addition of



a physiotherapy satellite on the unit to make it easier for patients to start this part of their treatment quickly and regain some of their independence.

It should be noted that this is the only unit of its kind, hyperspecialized, that welcomes patients with spinal cord injuries for all of western Quebec.



The Physicians' Campaign is off to a great start!

The Physicians' Campaign has really taken off in 2022. The president of this major fundraising campaign, Dr. Vicky Soulière, recruited a group of physicians who joined her team to solicit their colleagues. Their energy caught the attention of the Morris and Rosalind Goodman Family Foundation, which has committed to doubling every new pledge made by Sacré-Cœur and Albert-Prévost physicians, which will allow them to reach or exceed the \$1 million mark in donations.

Thank you to the Goodman family for this great gesture that invites the medical community to participate. At the end of the year, the amount raised was over half a million dollars. Thank you to everyone who has already answered the call. Your generosity is inspiring and has an impact.

Dr. Vicky Soulière

Head of the Department of Specialized Medicine



A lovely business card

A new video for the 2022 major fundraising campaign was produced in collaboration with Publicis Montréal. It is intended to be an essential communication tool to convince future donors of the key role played by the Montréal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital within the Quebec health network.

The video highlights the expertise of these two hospitals and demonstrates the importance of supporting their development. It can be viewed by clicking on this QR code. The video features Mr. Jonathan Goodman, who was kind enough to share some good words about the exceptional care he received and that saved his life about ten years ago.



To watch the video for the capital fundraising campaign:

Our 2022 benefit events and activities

Great opportunities to connect with our donors and partners

January 17 to 31

The Benefit Preview in virtual form once again

From January 17 to 31, 2022, the Montreal International Auto Show (MIAS) team held a virtual auction to benefit six hospital foundations in the Greater Montreal area, including ours. This auction replaced the fundraising activity that was traditionally held during the prestigious VIP Benefit Preview. Despite the cancellation of the Show's activities, the MIAS team felt it was important to maintain its commitment to the foundations. At the auction, more than 100 items were offered, and some people made donations, raising **\$7,321**.

June to September

The Défi des générations is more than a donation drive!

For the first time, the Foundation took part in the Défi des générations: a great movement of solidarity towards hospitals that took place from June to September 2022. Together, the hundreds of participants who went above and beyond for their hospitals raised an impressive \$1,150,000. One of the initiatives was the participation of employees from 3M, a company with offices in the borough of Saint-Laurent. Their team, the "Post-Its", formed thanks to the initiative of Stéphanie Baudouin, one of our business volunteers, took part in a clean-up operation on September 14, 2022, at the Plage de l'Est, located in Pointe-aux-Trembles along the St. Lawrence River. They raised close to \$9,000 as



part of the Défi des générations. A very special thanks to Mr. Thanh Vinh Nguyen who took the initiative to offer several tennis lessons, which was a touching way for him to express his gratitude towards the hospital and celebrate the memory of his father. We'd also like to thank our Foundation spokesperson, Pénélope McQuade, who made a zip-line descent in the Old Port of Montreal with her niece, Grace McQuade. The Défi was able to count on the collaboration of the National Bank, Couche-Tard and Québecor as provincial sponsors. The Foundation also thanks, Axe St-Laurent 2 for its support.

June 11

Mission accomplished for the first edition of the Sentier de l'Espoir

The first edition of the Sentier de l'Espoir, organized by Cédric Bolduc in recognition of the orthopaedic care he received, was a great success. The event was held on Saturday, June 11, 2022 in the Bois de l'Équerre, in Laval. The event was a trail run, with 100% of the proceeds, or **\$5,347**, going to our Foundation for the Sacré-Cœur Hospital Orthopaedic Department.



June 18

10th Vélo Onco Day: A record amount raised!

The 10th Vélo Onco Day and the 3rd edition of Yoga Onco to benefit the Hematology-Oncology Department were held on Saturday, June 18. Despite the cold and rainy weather, more than 100 cyclists and yoga enthusiasts were present. Thanks to the efforts of the organizing committee members, volunteers and participants, many of whom organized fundraising activities, the final amount raised was **\$33,440**. The proceeds will be donated to the Sacré-Cœur cancer program, whose mission is to provide specialized care to people with cancer and their loved ones in an interdisciplinary approach.

June 21

The Foundation's Golf Open: Meeting up on the green once again

The Foundation's Golf Open was held on Tuesday, June 21, at Golf Saint-Raphaël on Île Bizard. Thanks to the solidarity of partners and participants, it was possible to raise **more than \$250,000** for this 38th edition.

“At Héroux-Devtek, we are proud of our leadership position in the landing gear market. And we believe that with this comes the responsibility to have a positive influence around us. Like the healthcare community, the aerospace industry has been deeply affected by the pandemic. But it has brought out the best in our respective teams, who have distinguished themselves by their dedication, resilience and speed of adaptation,» said Martin Brassard, President and CEO of Héroux-Devtek and Honorary Chairman of the event, in addressing the business leaders.”

Martin Brassard

CEO, Héroux-Devtek
Honorary President of the Event



September 15



The Wine Tasting Evening: A popular event

The Wine Tasting Evening on September 15, held in the Private Lounges of RBC, the main partner of this event for the past four years, continues to be very popular. The hundred or so guests who participated in this exclusive event raised **\$62,325**, a very satisfying result for this 4th edition of the activity.

October 27

The 30th Gala des Émilie surpasses the \$1 million mark!

The Foundation's Gala des Émilie, which took place on Thursday, October 27th, at the Sheraton Hotel in Laval, in the presence of 650 guests is our flagship event. Penelope brilliantly hosted our Gala for a 6th consecutive year as our spokesperson. This year, she was accompanied by Catherine Beauchamp, cultural columnist at 98.5 FM. Thanks to an exceptional contribution of \$225,000 from the Lise and Giuseppe Racanelli Foundation and \$225,000 from the Mirella and Lino Saputo Foundation, the evening raised a total of **\$1,010,000**. A record amount in the history of this annual gala!



The sums raised were the result of the combined efforts of a trio of honorary members: Véronique Racanelli, President of the Lise and Giuseppe Racanelli Foundation; Mr. Giuseppe Racanelli, President and Founder of Ingénia Technologies; and Cynthia Guénette, General Manager of Demix Béton.



September 21 & 27

A Foundation day to maintain our close ties

The Foundation's team was delighted to hold its **annual picnic** on September 21. It was an opportunity to meet with several Sacré-Cœur day, evening and night employees. For the employees of Albert-Prévost, this day took place during lunch on Tuesday, September 27. Thank you to everyone who participated. It was a pleasure to see you again and our way of thanking you for your dedication.

December

A new lottery for employees and the general public

In 2022, the Foundation proposed a brand new formula for its benefit lottery! The tickets were sold to the Sacré-Cœur family, made up of employees and the general public. This lottery will provide **\$225,204** to the Hospital to support research teams. **The total value of the 21 prizes to be won: \$110,000!** The first draw of the *Transformez des vies!* lottery was held on December 13 during a live Facebook broadcast, in the presence of the Foundation's President and CEO, Mr. Paul Bergeron, and the Director of the Laval and Boisbriand CAA-Quebec Travel centres, Ms. Isabelle Delwiche.



Thank you to our media partners!

In 2022, we pursued business partnerships with loyal partners:

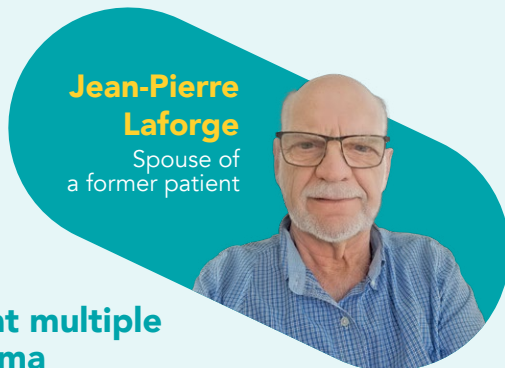


Bôsapin
Fondation de l'Art
pour la guérison
IGA Duchemin

Lifeline
Souris Mini

Planned giving: Testamentary are stock donations are gaining in popularity!

More and more donors have chosen one of these two increasingly popular forms of giving to support the cause in the past year. Read one donor's story.



To beat multiple myeloma

Just a few years after retiring as a nurse, Réjeanne St-Pierre was plagued by terribly debilitating back pain. Despite several doctor's visits in 2015, where she was prescribed anti-inflammatories and rest, her pain intensified and was accompanied by severe weakness, which left her bedridden. A year later, she went to the emergency room at the Montreal Sacré-Cœur Hospital, in more pain than ever. She was admitted to the hospital for a few tests, including a magnetic resonance imaging (MRI) scan. Afterwards, the diagnosis, made by Dr. Bernard Lespérance, an experienced hemato-oncologist, was unequivocal. "My wife had multiple myeloma," Jean-Pierre Laforge recounts with emotion.

Multiple myeloma is a rare blood cancer of unknown cause that is characterized by the disruption and excessive proliferation of plasma cells, a type of white blood cell made in the bone marrow. They are an essential component of the immune system and are designed to fight infection. The news took an even darker turn when the couple learned that the cancer was incurable. "It was a devastating shock," recalls Mr. Laforge. But the specialist was quick to give the couple hope—although the disease was advanced, it could be treated. As she prepared for her fifth treatment, St-Pierre's condition deteriorated, forcing her to receive palliative care at home. Then a

bad fall led to her admission to Sacré-Cœur's palliative care unit. "She passed away on December 2, 2022, after six days in the hospital. Her suffering lasted more than six years..." says Mr. Laforge holding back tears.

Dr. Lespérance and his team made superhuman efforts throughout my wife's illness. And even though, let's face it, she wasn't cured, their care allowed Réjeanne and me to live a few more years together."

– Mr. Laforge

Mr. Laforge has made several donations to the Foundation so that multiple myeloma research can make progress and more patients can one day move beyond this hopeless situation. "Compared to more common forms of cancer, this disease remains a neglected area of research. Just because a cancer affects only a few thousand people a year in this country doesn't mean it should be allowed to go untreated. I hope with all my heart that my wife's memory will be honoured by future research advances. It is also my hope that more resources will eventually be deployed to find cures for multiple myeloma." Interestingly, Mr. Laforge made his largest donation to the Foundation in the form of a block transfer of Canadian stocks. "Since these shares had increased in value in my portfolio and capital gains taxes were looming, I opted for this relatively unknown but very advantageous form of planned giving. By allowing us to increase the anticipated value of our gift, we can contribute more generously to the Foundation. Every day, Sacré-Cœur's caregivers remain positive and encouraging, even in the most serious moments. They never give up. That's why they can count on my support."

To read Mr. Laforge's full testimony: (french only)



Our Statistics

Testamentary gifts (or bequests)

From the past 5 years:

- **32** testamentary gifts received, totalling over **\$4,800,000**
- For the year 2022, **23** new testamentary gifts (a record!)
- Individual gifts range from **\$100 to \$1 MILLION.**



Stock donations and other publicly traded securities

From the past 5 years:

- **46** stock donations received, totalling over **\$1,960,000**
- For the year 2022, **8** stock donations, totalling **\$307,574**
- Individual gifts range from **\$481 to \$827,770.**



A family, enjoys highlighting important anniversaries!

The **Loyal Donors Circle** acknowledges the commitment of those who have supported us for many years in recognition of the good care they received for themselves, their loved ones, or because of their employment relationship or attachment to the Hospital.

Here are the names of those who celebrated in 2022 the **20th**, **25th** or **30th** anniversary of their first donation:



Bédard, Michel
Bélanger, Marie-Thérèse
Bouré, Benoît MD
Capobianco, Antonio
Casgrain, Bernard
Chevalier, Jeanne
Delorme-Hess, Yolande
Grégoire, Raymond

Lam, Soi Eng
Landreville, Charles-Ed
Lapierre, Denyse
Laplante, Robert
Lavallée, Louise
Leblanc, Jean MD
Londei, Madeleine D.
Moreau, Gilles

Muller, Claudette
Orlup, Gérard MD
Payer, Louise
Poulin, Paul
Sauvé, Claude MD
Trudel, Lucie
Vaillancourt, Marthe L.



Balian Minoyan, Lena
Beauchamp, Nathalie
Beaudoin, France
Beaudry, Jean François
Bilodeau, Carmen
Bouchard, Gérard
Brault, René
Brien, Michel
Cabane, Elcie
Caron, Marie-Josée
Danielenko, Zygmunt
De Ciccio, Anna Maria
Dion, Jeannette
Dubuc, Claude
Dussault, Lyne
Elbaz, Ninette

Ferrante, Giorgio
Foisy, Céline
Forest, Louise J.
Fortin, Bernard
Gagnon, Suzanne
Gautrin, Denyse
Girouard Archambault, Andrée
Godbout, Roger
Hébert, Michel
Jean-Baptiste, Mireille
Job, Christine
Kebreau, Sabine
Korc, Victor
Laham, Nabil
Lamarche, Lucie
Landreville, Hélène

Lanthier, Jean-Claude
Lebeau, Lucie
Lefebvre, Armand
Levasseur, Aline
Manzo, Julietta
Nadeau, Nancy
Nantel, Pascale
Nicol, Marie-Élisabeth
Sabourin, Louise
Schampaert, Erick MD
Silveira, Maria Adriana Soares
Taillon, Lucie
Turmel, Guy
Vizi, Dietlinde



Alary, Stéphane
Arseneault, Micheline
Bastien, Denise
Bédard, Thérèse
Bernard, Jean-Yves
Bertrand, Jean Francois
Bilodeau, Denis
Bourbonnière, Lyse
Boyer, Benoit
Candussi, Liliane
Caron Drapeau, Réjane
Chabot, Paul
Charbonneau, Laurent
Chau, Yipp Lann
Crépeau, René
Croteau, Anne-Marie
Dagenais, Léopold
Delorme, Marie
Delorme, François
Delorme, Monique
Doukas, John
Filion, Denise
Gadoua, Odile
Girard, Sylvie
Grant-Demers, Pierrette
Grignon, Adèle
Fondation Jacques
& Michel Auger

Haché, Annette
Harbour, Lise
Karakatsoulis, Konstantinos
Kowalski, Odile MD
Lafantaisie, Fernand
Larouche, Isabelle
Latour Nadai, Nicole
Lavigne, Gilles DMD
Lecavalier, François
Lessard, François
Luong, Toan
MacCabée, Chantal

Magdalenos, Jim
Marcattili, Osvaldo
McDougall, Rita
Michon, Thérèse
Perron, Jean-Noël
Pilon, Denyse
Pilon, Isabelle
Rao, Sitaram
Reid, Josée
Saey, Lorraine
Savoie, Jean-Michel
Strifas, Konstantina
Thibaudeau, Marie-France
Zalzal, Béchara

Congratulations
to all these people for actively
participating in the improvement of
l'Hôpital du Sacré-Cœur de Montréal and
the Albert-Prévost Mental Health Hospital.

Thank you to our donors!

Donate to, innovate, care and love

The Foundation would like to acknowledge the generosity of individuals, businesses, organizations and partners who made a gift in 2020. Based on available information and in accordance with the new recognition policy in place, this list identifies donors who contributed between **January 1 and December 31, 2022** in the amount of \$1,000 or more for individuals, families and private foundations, and \$5,000 or more for corporations, public foundations and other organizations.

Individuals

Abergel, Frédéric
Abrakian, Sako
Amato, Luca
Archambault, Maurice
Arduini, Monique
Arnold, Thomas
Arpin, Daniel
Atlan, Patrick
Aubin, Daniel
Baby, Michael
Bergeron, Paul
Berthelet, Dominique
Berthiaume, Réjean
Biron, Pierre
Blouin, Sylvie
Bolduc, Cedric
Bombardier, JR André
Bourassa, Sylvie
Bourdon, Josée
Bourgeois, Michel
Brazeau, Pierre
Broggi, Fulvia
Carignan, Gilles
Carignan, Guy
Carny, Stanislaus
Chabot, Christiane
Champagne, Daniel
Charbonneau, Laurent
Chaussé, Pierre
Chen, Wayne
Chenail, François
Constantineau, Gisèle
Corbeil, Muriel
Côté, Guy
Courville, Marie-France
Cyr, J. V. Raymond
Dagenais, Lise
Dagenais, Gilles
Dagenais, Claude
de Grandpré, Jean-François
Deschamps, Mario
Desjardins, Jacques
Desjardins, Rolande
Di Iorio, Robert
Di Loreto, Peter
Di Pierro, Pasquale
Dieudonné, Immacula
Fagnani, Antonella
Gagnon, Claude
Gaudreault, Paul-Claude
Gélinas, Jean-Louis
Germain, Claire
Ghrayeb, Georges
Gingras, Suzanne
Girard, Martin
Gjuran, Joseph
Gougoux, Yves
Groleau LeBrun, Diane
Habib, Christian
Hagen, Tom
Hamel Roy, Huguette
Harel, Yves
Hayes, Raymond
Héroux, Jean-Claude
Isernia, Rosa
Jutras, Marc
Kadian, Garabet Garo
Khao, Tat Tuon
Knystautas, Romuald
Kratsios, Helen
Kratsios, Melody
Kutchuk, Artun
Labelle, Jean-Paul
Labelle, Réal
Laforge, Jean-Pierre
Lamarre, Rachel
Langlois, Laurent
Lapierre, Noël
Lapointe, Lise
Larose, Mario
Laurin, Mario
Lavoie, Réal
Lebeau, Serge
Lebel, Francine
Lebel Chevalier, Louise
Leblanc, Claude
L'Écuyer, Philippe
L'Écuyer, Jacques
Lee, Matthew
Lefebvre, Marcel
Lehoux, Madeleine
Lesage, Érick
Levesque, Rejean
Levine, Robert
Loiseau, Claire Hélène
Ly, Thi Huong
Mannarino, Eugenio
Mantha, Lucille
Marceau, Lise
Martellino, Robert
Martin, André
McQuade, Pénélope
Ménard, Frédérique
Milonais Lepage, Michelle
Miron, Rita
Mitchell, Hugh
Montague Carbone, Carmen
Moreau, Gilles
Morin, Louis
Moura, Maria
Mulligan, Darleen
Nader, Georges
Ngo, Thoai Ky
Nguyen, Thi Thanh My
Orsini, Frank
Paciullo, Cyril
Pagé, Bernadette
Panzer, Margaret
Paquin, Hélène & Maurice, Jean-Gabriel
Paré, Yves
Payne, Allen
Pelland, Pierre
Pelletier, Pierre
Perreault, Gérard
Piché, Éline
Prager, Vincent
Rabbath, Jean
Raymond, Joseph
Renzi, Sylvain
Robitaille, Denis
Rochon, Stéphane
Roy, Yolande
Roy, Robert
Roy-Bleau, Myreille
Sarrazin, Maryse
Selvon, Marie Chantal
Sen, Ari
Senécal, Marie-Frédérique
Siek, Kuoy
Singh, Kulbir
Sir, Suy Pheng
Soulière, Roger
Soumpholphakdy, Phouthakone
St-Aubin, Philippe
Tanguay, Louis A.
Tellier, Marie-Claude

Therien, Daniel
Touchette, Jean
Trak, Samir
Trang, Phan Thi Huong
Tsicountouridis, Raymonde
Vaillancourt, Alain
Valiquette, Jean-Guy
Valiquette, Jean
Vassallo, Stella
Vendette, Guy
Zadel, Andrew
Zalik, Alexa
Zito, Sophia
Zoto, Krisanthi

Families

Famille Berthelet
Famille Claude F. Lefebvre
Famille Lise & Giuseppe Racanelli
- Ingénia Technologies
Famille Pierre Lespérance
Famille Roberta & Charles Taite
Famille Remo Costa
Famille Shefteshy
Famille Yvon Martin

Successions

Succession Dr. Guy Blanchard
Succession Lise Locas
Succession Louis Strauss
Succession Lucien Tanguay

Doctors

Abboud, Olivier
Bellemare, Patrick
Bernard, Francis
Bernier-Jean, Amélie
Bertelli, Christiane
Bouchard, Josée
Carignan, Renée
Cavayas, Yiorgos Alexandros
Chapelaine, Isabelle
Charron, Thierry
Diodati, Jean
Doucet, Michel
Duda, Barbara
Febrer, Guillaume
Gilbert, Danielle
Gingras, Isabelle
Gougoux, Yves
Goupil, Remi
Jodoin, Alain
Lamy, Laurence
Laniel, Sylvain
Laroche, Mathieu
Larocque, Alexandre

Lavigne, Gilles
Lebel, Alain
Lespérance, Sylvie
Levert, Valérie
Lévesque, Émilie
Madore, François
Montplaisir, Jacques
Nadeau, Réginald
Pelletier, Conrad R.
Pichette, Maxime
Pilon, Michèle
Raymond-Carrier, Stéphanie
Rico, Philippe
Rioux, Jean-Philippe
Sauvé, Claude
Savoie, Josée
Schampaert, Erick
Serri, Karim
Soulière, Vicky
Sturmer, Marcio
Tardif, Denis
Tessier, Pierre
Trojanov, Stéphan
Trojanov, Yves
Verdant, Colin
Whittom, Renaud

Medical Groups

Fond de chirurgie bariatrique
de l'Hôpital du Sacré-Cœur
Hématologues-Oncologues
de Cartierville et Associés
Les chirurgiens cardiaques associés
Les Urgentistes de Sacré-Cœur

Foundations

Canadian Urological Association
Scholarship Foundation
Fondation Alain Paquet
Fondation Chopin-Péladeau
Fondation de l'art pour la guérison
Fondation Denise Dagenais
Fondation Denise et Guy St-Germain
Fondation Denise et Robert Gibelleau
Fondation Emilie-Tavernier-Gamelin
Fondation Famille Bertrand
Fondation Hervey Morin
et Yolande Thibault
Fondation J. Armand Bombardier
Fondation Jacques & Michel Auger
Fondation Luc Maurice
Fondation McCarthy Tétrault
Fondation Mirella & Lino Saputo (La)
Fondation Pierrot LeBrun
Fondation Réal et Chantal Mimeault
Fondation Ronald-Denis M.D.
Fonds Famille St-Laurent

Mohammed Kanwal Family Foundation
The Mary & Ben Zukierman
Legacy Fund Fund
The Morris & Rosalind Goodman
family Foundation
The Vartan & Lise Toroussian Foundation

Associations & Religious Communities

Bureau du député de Vimont -
Soutien à l'action bénévole
Congrégation des Petites Filles
de Saint-Joseph
Sœurs de la Providence,
Province Émilie-Gamelin

Businesses

Amgen Canada
Apotex
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CAE
Caisse de dépôt et placement
du Québec
CIM Conseil
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Les Sables de Joliette
Medtronic du Canada
Metro Richelieu
Neptronic
Power Corporation du Canada
RBC Banque Royale
Saputo
SAQ
Smith & Nephew
Société de Gestion Misico Int'l
Spesinvest
Stryker Canada
Sylvestre et Mathieu

The Circle of Big Hearts

Our monthly giving program



The Foundation also thanks the donors who chose to donate towards our monthly program called The Circle of Big Hearts. This program represents a predictable source of income and allows the Foundation to better plan its activities and support towards the projects of several medical and research teams of l'Hôpital du Sacré-Cœur de Montréal and the Albert-Prévost Mental Health Hospital. It is a continuous support towards our cause that makes a long term difference for our patients.

Achcar, Mario
 Ahmaranian, Henri
 Aklian, Frida
 Alain, Sophie
 Alarie, Jean
 Allard, Jacques
 Angibeau, Wilfrid
 Antipas, Corinna
 Apollon, Yanick
 Asselin, Rita
 Assouline, Isaac Jacques
 Atlan, Patrick
 Aubé, Rémi
 Bastien, Claudette
 Batzios, Alysia
 Bazinet, Claude
 Beaulieu Duchesne, Lise
 Beauséjour Heroux, Lorraine
 Bédard, Germain
 Belainky, Michel
 Bélanger, Marie-Thérèse
 Belcourt, Claude
 Bellemare, Ghislain
 Benharira, Toufik
 Benoit, Claire
 Benzaza, Abdelkader
 Bergeron, Ghislaine
 Bérubé, Eugène
 Bilodeau, Denis
 Blaise, Guy Joseph
 Bohémier, Nicole
 Boismenu, Jean
 Bombardier, Claudette
 Bouchard Legault, Francine
 Boucher, Mario
 Boudreau, Ronald
 Bouffard, Pauline
 Bougie, Vincent
 Boulet, Diane
 Bourgault, Lise
 Bousquet, Jean-Serge
 Bouvrette Sauvé, Rachelle
 Bovet, Pierre
 Boyer, Nicole
 Brunette, Normand
 Buno, Mamerto
 Cardinal, Jocelyne
 Carriere, Joanne
 Cathala, Jocelyne
 Chabot, Guy

Chan, Pik Ha
 Charette, Normand
 Charlebois, Hélène
 Chartier, André
 Cherrier, Sylvie
 Clervoir Yacinthe, Pierre
 Comeau, Nicole
 Constantineau, Monique
 Corbeil, Huguette
 Corbeil, Denise
 Corbeil Pagé, Lizette
 Costa, Remo
 Costa, Sara
 Costa, Alexandre
 Cote, Gerard
 Couillard, Marcel
 Courtemanche, Nicole
 Coyle, Daisy
 Crivello, Antonia
 Croisetière Paquin, Marthe
 Dagenais, Francine
 Dallaire, Alain
 Dandurand, Maryse
 Dansereau, Gilles
 Daoust, Gilbert
 Darveau, Marina
 De Laplante, François
 De Lorimier, Myriam
 Delage, Thérèse
 Delisle, Mario
 Delorme-Hess, Yolande
 Derix, Eric
 Desbiens, Monique
 Deschênes, Madeleine
 Désilets, Hélène
 Desjardins, Ginette
 Deslongchamps, Claire
 Desmeules, Michel
 Desormiers, Ginette
 Deveault, Thérèse
 Di Cintio, Marie
 Dion, Daniel MD
 Diotte, Jean-Marc
 Diotte, Pierre
 Doudou, Mustapha
 Driss, Wassim
 Drolet, Gabriel
 Du Mays, Robert
 Dubois, Yves
 Duburre, Patrick

Ducharme, Luce
 Dufort, Yves
 Dufresne, Raymond
 Dulong, Renée
 Duplessis, France
 Dupré, Isabelle
 Dupuy Godin, Michèle
 Duquette, Francine
 Estiverne, Amanthe
 Evans, Lewis
 Filiatrault, Marie-Lou
 Fletcher, Andrée
 Forest, Camille
 Forget Robillard, Gaëtane
 Fortin, Marguerite
 Gagnon, Maurice
 Gareau, Pierre
 Gaspard, Edmond
 Gaumont, Ghislaine
 Gauvin, Jean
 Gélinau, Raymonde
 Gelli Raymundo, Dalice
 Gervais, Jean-Yves
 Ghali Souad Elie & Sarji Alain B.
 Giguère, Mario
 Giguère, Jean-Claude
 Gingras, Claire
 Gingras, Marie-Andrée
 Girard, Josée
 Giroux, Monique
 Goupil, Bruno
 Goyette, Pauline
 Grenache, Francine
 Grilli, Rita
 Guay, Roselyne
 Guay Allard, Simone
 Guénette, Gisèle
 Guillaume, Eronne
 Guillén, Guadalupe
 Guillo, Bernadette
 Guilmette, Noëlla
 Guy, Norman
 Haineault, Gilles
 Hanna, Renée C.
 Hart, Catherine
 Harvey, Isabelle
 Hénault, Francoise
 Holzbaur, Hartmut
 Hubert, Joël

Ismorin, Azemie
 Issid, Simon MD
 Jabbour, Antoinette
 Jacob, Geneviève MD
 Jean-Charles, Fernand
 Jolicœur, Avila
 Juteau, Michèle
 Kudirka, Anne
 L'Erede, Grazia
 Labrosse, Jacinthe
 Lacombe, Odette
 Lacoste, Stéphane
 Lacoursière, Lucie
 Ladry, Chenel
 Laflamme, Danielle
 Lafortune, Christian
 Lagacé, Carol
 Lalanne, Michel
 Lalumière, Gaston
 Lamarche, André
 Lambert, Dominique
 Lamoureux, Lucie
 Lamoureux, Monique
 Lanctôt, Robert
 Landry, Aline
 Langlois, Richard
 Langlois, Colette
 Lapointe, Réjean
 Laquerre, Ginette
 Laventure, Marie Véronique
 Leblanc, Denis
 Leblanc, Julienne
 Leduc, Aurèle
 Leduc, Francois
 Lefebvre, Micheline
 Lefebvre, Ginette
 Legault, Denise
 Lejeune Reginster, Jean-Paul
 Lepage, Claudette
 Letarte, Diane
 Leveille, Guy
 Lortie, Michel
 Lukawecki, Johanne
 Madier, Dominique
 Major, Marcel
 Martin, Alice
 Mercure, Chantal
 Mesquita, Raul
 Methot, Aline
 Migliozzi, Aline

Moldovan, Dorina Marieta
Momplaisir, Marie-Lucie
Mongeon, Jean
Morimanno, Paul
Mouloudj, Zahir
Neaime, Samir Fares
Nguyen, Thi Anh Tuyet
Noel, Guylaine
Normand, Gilbert
Ohana, Margaret Beatrice
Paciullo, Cyril
Pageau, Carole
Painchaud, Johanne
Pannunzio, Roberto
Paquet, Guy
Paquette, Denis
Paquette, Isabelle
Paquin, Joanne
Paradis, Étienne
Patry, Christiane
Payette, Hélène
Peetroons, Jacques

Perras, Suzanne
Pham, Christina
Philibert, Marcel
Piché, Jeannine
Pilon, Marie-Josée
Plamondon, Josée
Poirier, Danielle Emilie
Portelance, Marie
Poulin, Marie-Amélie
Poullot, Xavier
Prévost, Pierre
Proulx, Raymond
Rainville, Mario
Reategui, Zandra
Renard, Gladys
René, Carole
Richard, Réjean
Rigaud, Marie Thérèse
Rivard, Lise
Robillard, Michel
Roumeliotis, Ioannis
Roy, André

Roy, Robert
Roy-Martel, Diane
Sabourin, Louise
Saindon, Nicole
Saliba, Houda
Salva, Marie Mireille
Samaha, Elham
Sanger, Shiv Kumar
Sansregret, Danielle
Santos, Manuel
Saucier, Michel
Scherrer, Claude
Scheuer, Lynne
Schumann, Patrick
Singh, Onkar
Singh, Sukhjinder
Sirois, Normande
Soumpholphakdy,
Phouthakone
St-Arnaud, Gaétan
St-Hilaire, Nicole
St-Jacques, Francine
St-Laurent, Jean-Eudes

St-Louis, Pierre Richard
St-Pierre, Bernard
Suppa, Sabina
Tabac, Steven
Taillon, Lanie
Tanguay, Francine
Tcherkezian, Suzy
Tellier-Delisle, Lucette
Testa, Teresa
Théorêt, Véronique
Thériault, Raoul
Therrien, Carole
Thevenin, Aima
Tremblay, Nicole A.
Turcotte, Geneviève
Vavick, Junie
Viandier, Guy
Vissa, Claudio
Voinescu, Ana Maria

Once again, thank you!

Renewal of the participation of Pierre Karl Péladeau towards the Circle of Big Hearts

Once again, Mr. Pierre Karl Péladeau has chosen to offer an important donation in order to encourage new commitments before the end of 2022. He thus wished that the donors join him by also becoming loyal donors of Sacré-Cœur for several years. Thank you for your support Mr. Péladeau.



Pierre Karl Péladeau
Donor

A much appreciated concert!

On May 31, 2022, a first concert was held to thank the Foundation's most loyal and generous donors. It was an excellent opportunity for the Foundation's team members to meet and talk with donors. Guests were treated to a **concert of classical music and French songs**. They were warmly welcomed by the religious community that set up our Foundation, the Sœurs de la Providence, at their motherhouse on Salaberry Street.



♥ A team dedicated to the cause

The Foundation relies on a team with exemplary and varied skills. It is this team that organizes events, develops fundraising campaigns, accompanies donors, and, of course, takes care of the administrative side of the Foundation and answers donors' questions and requests.

Meet this fine group of committed people:

Susan Akyavuz

Assistant, Capital Campaign

Claudia Jacques

Receptionist

Suzu Rondeau

Administrative Technician

Paul Bergeron

Chief Executive Officer

Katia Landucci

Senior Advisor, Publicity and Promotion

Richard Steele

Events Coordinator

Violette Brisson

Administrative Support

Brigitte Lemieux

Assistant to the Chief Executive Officer

Melina Tartaglia

Development Coordinator (freelance)

Stéphane Côté

Director, Business Development

Nadine Leroux

Senior Director, Marketing and Communications

Me Marie-claude Tellier

Director, Major and Planned Donations

Nathalie Giguère

Development Coordinator (freelance)

Jamel Ouarti

Director, Finance, Administration and Human Resources

Tania Trottier-Pérusse

Director of Events

Marie Grenon

Director, Communications and Public Relations

Isabelle Rondeau

Supervisor, Data Management

♥ Our precious volunteers!

In 2022, the Foundation received the help of these precious volunteers. More than 600 hours were logged.

Mégane Bastien
Stéphanie Baudouin
Jean-François Carignan
Marcel Caya

Diane De Grosbois
Rémi Deschênes
Daniel Gingras
John Hay

Jade Lachapelle
Denise Langis
Diane Lapointe
Carole Laudadio

Jocelyne Leroux
Dr. Jean-Luc Malo
(art collection)
Henri Pfister

Mathilde Pfister
Renaud Pfister
Melina Tartaglia

Employees who lend a valuable hand to the Foundation

The Foundation can count on some thirty dedicated employees from Sacré-Cœur and Albert-Prévost, our ambassadors. These people give their time to help promote the Foundation to the entire staff by selling tickets for the benefit lottery. Here they are:

Johanne Aumont
Annie Béliveau
André Boulanger
Kathleen Campos-Cuhna
Renée-Claude Caron
Sébastien Charron
Manon Dery

Brigitte Dinelle
Sandra East
Jodelle Étienne
Catherine Frenette
Marlène Gagné
Jean-Philippe Gauthier
Marie-Hélène Kyriakakis

Patrick Lajoie
Sylviane Landry
Nathalie Leblanc
Rachel Lussier
Sophie Maillé
Manon Maltais
Louise Messier

Ariane McLeod
Alain Morneau
Jade Nguyen
Glenda Oliva
Isabelle Rondeau
Julie Roy
Lucie Roy

Manon Savoie
Jozef Semen
Piraveena Sivabalan
Tania Stachecki

The Foundation is also pleased to have the support of its proud, generous and committed spokesperson!

Despite her busy schedule, Pénélope McQuade is always ready to collaborate, whether it be to host our Gala, participate in a challenge, shoot a video or promote one of our events in the media. Thank you, Penelope!



Pénélope McQuade

Volunteer spokesperson

Stimulating results

Thanks to various fundraising campaigns, solicitations, benefit events, fundraisers and especially to the great generosity of our donors, the Foundation has raised more than the **\$91 million it has given to the Montréal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital** since it was founded in 1976. This amount, although impressive, does not take into account donations received for specific projects or the purchase of equipment that has not yet been completed or used. In addition, the Foundation created an endowment fund several years ago, the assets of which are invested in accordance with our investment policy and which aims to ensure the sustainability of the Foundation. The Hospital's sectors of excellence are strongly supported by the Foundation as well as the university component (research and teaching), which gives the institution a distinctive character.



Investment of the sums raised:

● Research and teaching	\$25,845,510
● Trauma, surgery and orthopaedics	\$23,497,832
● Cardiovascular health	\$10,999,571
● Medical imaging	\$6,719,623
● Respiratory health	2,989,922
● Hematology-Oncology	\$2,194,558
● Mental health	\$1,237,469
● Obstetrics and gynecology	\$1,069,568
● Other departments and services	\$16,793,625
Total	\$91,347,678

2.3 million in 2022 to improve patient comfort and facilitate the work of the teams

The Foundation, through its annual fundraising events, benefit events and individual fundraising initiatives, was able to donate a total of \$2.3 million. This figure does not take into account all the money that is set aside for specific projects that will be completed in the coming months and years, or donations related to the major fundraising campaign.



The Foundation has provided an annual budget allocation since 2018 for the purchase of small equipment that is found on the care units. **More than \$500,000** has been invested to date to improve patient comfort and provide staff with additional equipment they need to be more efficient in their work. Geriatric chairs, spirometers, patient lifts, glucose monitors, wall-mounted blood pressure monitors, walkers, etc. have been purchased.

2022 was no exception: **\$249,500** was used for the acquisition of equipment, including some in the operating room. For this department alone, more than \$177,000 was invested. Here are two of the pieces of equipment purchased thanks to your donations: a vascular ultrasound machine and a liquid management system whose lease was expiring.

Statement of operations and changes in fund balances

For the year ended December 31, 2022

	General Fund	Capital Fund	Development Fund	Endowment Fund	Specific Fund	2022	2021
REVENUES	\$	\$	\$	\$	\$	\$	\$
Contributions	1,584,343	—	1,033,898	—	1,952,137	4,570,378	4,394,900
Investment income	(773,146)	—	(89,604)	(3,943)	(223,114)	(1,089,807)	9,224,825
Fundraising activities	1,215,609	—	343,400	—	39,106	1,598,115	680,162
Commercial activities	—	—	—	—	—	—	23,060
Canada emergency wage subsidy	—	—	—	—	—	—	205,064
Total	2,026,806	—	1,287,694	(3,943)	1,768,129	5,078,686	14,528,011
EXPENSES							
Expenses inherent to contributions	280,250	—	431,658	—	—	711,908	459,497
Investment management and custody	362,410	—	—	—	—	362,410	188,894
Fundraising activities	688,520	—	118,197	—	16,579	823,296	382,765
Administration	1,459,989	—	—	—	—	1,459,989	1,294,047
Amortization of capital assets	—	12,264	—	—	—	12,264	10,545
Total	2,791,169	12,264	549,855	—	16,579	3,369,867	2,335,748
Excess (deficiency) of revenues over expenses before donations	(764,363)	(12,264)	737,839	(3,943)	1,751,550	1,708,819	12,192,263
Donations to CIUSSS du Nord-de-l'île de Montréal / Hôpital du Sacré-Cœur-de-Montréal and Hôpital en santé mentale Albert-Prévost	1,125,859	—	469,871	—	731,327	2,327,057	3,200,272
Excess (deficiency of revenues over expenses	(1,890,222)	(12,264)	267,968	(3,943)	1,020,223	(618,238)	8,991,991
Fund balances, beginning of year	17,858,451	44,357	17,242,744	11,648,445	15,116,850	61,910,847	52,918,856
Interfund transfers	(164,833)	2,870	—	161,963	—	—	—
Fund balances, end of year	15,803,396	34,963	17,510,712	11,806,465	16,137,073	61,292,609	61,910,847

You can view the complete financial statements of 2022 on our web site (in Publications/Annual Reports).
There are also available on request.

Statement of financial position

As at December 31, 2021

	General Fund	Capital Fund	Development Fund	Endowment Fund	Specific Fund	2022	2021
ASSETS	\$	\$	\$	\$	\$	\$	\$
Investments and accrued interest							
Investments	57,917,795	—	—	—	—	57,917,795	59,023,885
Accrued interest	11,947	—	—	—	—	11,947	43,527
Total	57,929,742	—	—	—	—	57,929,742	59,067,412
OTHER ASSETS							
Cash	3,179,714	—	—	—	—	3,179,714	2,373,579
Accounts receivable	436,506	—	—	—	—	436,506	312,321
Amount due by the General Fund to other funds	—	—	17,510,712*	11,806,465*	16,137,073*	—	—
Prepaid expenses and other assets	530,300	—	—	—	—	530,300	505,516
Capital assets	—	34,963	—	—	—	34,963	44,357
Total	4,146,520	34,963	17,510,712	11,806,465	16,137,073	4,181,483	3,235,773
Total	62,076,262	34,963	17,510,712	11,806,465	16,137,073	62,111,225	62,303,185
LIABILITIES							
Accounts payable and accrued liabilities	721,134	—	—	—	—	721,134	392,338
Deferred revenues	97,482	—	—	—	—	97,482	—
Amounts due by the General Fund to other funds	45,454,250*	—	—	—	—	—	—
Total	46,272,866	—	—	—	—	818,616	392,338
FUND BALANCES							
Invested in capital assets	—	34,963	—	—	—	34,963	44,357
Externally restricted	—	—	17,510,712	5,126,614	16,137,073	38,774,399	37,482,151
Internally restricted	—	—	—	6,679,851	—	6,679,851	6,525,888
Unrestricted	15,803,396	—	—	—	—	15,803,396	17,858,451
Total	15,803,396	34,963	17,510,712	11,806,465	16,137,073	61,292,609	61,910,847
Total	62,076,262	34,963	17,510,712	11,806,465	16,137,073	62,111,225	62,303,185

* The items are not included in the total column since they offset each other.

The foundation's *RAISON D'ÊTRE*

Founded in 1976 by the Sisters of Providence, the Montréal Sacré-Cœur Hospital Foundation has as its mission to help the extended Sacré-Cœur and Albert-Prévost team **constantly improve the care, treatment and environment of patients, while supporting the research and teaching activity of this university hospital.** In addition to furthering this mission, the Foundation's team, directors, volunteers and partners place great importance **on sharing these values and attributes:**

- > compassion
- > creativity
- > collaboration
- > respect
- > meticulousness
- > thoughtfulness and generosity
- > transparency and integrity



**MONTRÉAL
SACRÉ-CŒUR
HOSPITAL
FOUNDATION**

The heart of advanced care

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