



**MONTREAL
SACRÉ-CŒUR
HOSPITAL
FOUNDATION**

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TEACHING,
a strong component of
the academic mission

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**DR. VÉRONIQUE
CASTONGUAY**

**DR. STÉPHANIE
RAYMOND-CARRIER**

Patients are the real winners at a teaching hospital

As you might know, this year marks the 50th anniversary of the academic mission of the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital. The Research has been highlighted in our last issue, but what about the teaching that underpins this need for university affiliation? We sometimes forget that teaching is an integral part of this mission, helping to ensure that care teams feel well cared for, well trained and able to update their knowledge to continue to excel in their field. In an interview, Dr. Raymond-Carrier and Dr. Castonguay explained how they intend to instill a genuine teaching culture.



Dre Véronique Castonguay

Associate Director of the Centre de pédagogie appliquée aux sciences de la santé (CPASS), at the UdeM's Faculty of Medicine and Director of the Specialized Emergency Medicine Program at CIUSSS NÎM



Dr. Stéphanie Raymond-Carrier

Director of Professional Services at the CIUSSS NÎM

Q: Tell me, what do we mean when we talk about teaching in hospitals like Sacré-Cœur and Albert-Prévost?

Dr. Stéphanie Raymond-Carrier (SRC): The teaching component of the university mission means several things. First, it means participation in university courses. Some of the courses offered by teaching institutions are outsourced and taught on our premises. We have physicians who are supervisors of the students we welcome, right here, inside the walls of the Sacré-Cœur Hospital.

Dr. Véronique Castonguay (VC): Another aspect is clinical supervision. We receive a huge number of externs and medical residents, and there are many disciplines for which the Hospital provides teaching (nurses, respiratory therapists, all the health professions). Sacré-Cœur also offers incomparable teaching opportunities, thanks to its trauma expertise centre and the diversity of its clientele, which is unique in the Université de Montréal network. That's a big plus when it comes to teaching.

SRC: We're talking about the health professions, but we also get students from various professions and administrative occupations. It goes beyond the health professions. There are also our physicians and other supervisors who are involved in the training offered in several educational establishments. For example, several physicians hold positions as program directors or course leaders, as is the case with Dr. Castonguay at the Université de Montréal's Faculty of Medicine.

VC: As Associate Director of the CPASS, I'm in charge of the faculty training aspect of the Université de Montréal's Faculty of Medicine, to ensure that our teachers are not only good clinicians, but also excellent teachers, and that they use the right strategies to pass on their knowledge and, above all, their skills.

Q: The Teaching Expertise Centre (TEC) was set up two years ago, bringing together all teaching activities. What is its mission?

SRC: The primary mission of the TEC is to create ideal conditions for learning within the CIUSSS-NÎM, that is, at the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital. This involves a lot of work.

First, it is making sure that the physical spaces are adapted to give our students the best possible learning experience. It's important to create a sense of belonging so that students want to come back to us to continue their studies. That's really important! To create these conditions, we also have to take care of our supervisors. We have developed a policy of recognizing supervisors who invest a lot of their time and energy.

VC: We were talking about students' sense of belonging to our institution, but also that of the teachers, who often see themselves initially as clinicians. We have to put the role of teacher forward. It's a bit of a compulsory hat, but we want them to enjoy taking on these roles. I think that the TEC, with its new managers, is going to value this role.

SRC: We want to innovate in teaching. At the simulation centres, we have some exciting projects coming up, whether in terms of virtual reality or highly sophisticated mannequins. We do a lot of *in situ* simulation, which means not just in a laboratory, but in the working environment of the team or the person being trained, in the emergency department for example, with a real stretcher and real staff. Yes, with mannequins, but in a real context to prepare us for real life. That's one of our hallmarks.

Another thing that's coming up is that we were one of the first centres in Canada to have a surgical robot in the operating room. We're in the process of replacing it with a more recent generation. We're going to acquire a robot

simulator for our simulation centre, which is another way of developing learning opportunities that correspond to our missions and our core expertise.

Q: What benefits do you see for the patient who visits a hospital where there are quality teaching and training?

VC: I think patients really benefit from being in a teaching hospital. They have the chance to be evaluated by students, then by their supervisors, to often see the teaching that goes on at their bedside. The patient learns too. As they become more knowledgeable, they become better at understanding what their going through and taking care of themself.

The level of medical expertise is very high in a university hospital, given the teaching role played by some 700 physicians, specialists and health professionals. Being a professor means constantly being challenged by students, so we become better too. Yes, we pass on our knowledge to the students, our skills, but they feed us a lot with their questions, which push us to push ourselves further.

SRC: Our students don't just listen to us, as they once did, without questioning us. They challenge us, and sometimes they're really good and have read all the latest literature. You need to know it too. Otherwise, you say, "Let's talk about it tomorrow", and in the evening you go and do some reading to bring yourself up to date.

VC: Studies show that physicians and clinicians who are teachers are often happier in their work, given the rewarding and enriching relationship they have with their students.

Q: What have been some of your success stories in teaching in recent years? What are some examples?

VC: The Integrated Trauma Centre (ITC). The simulation rooms and teaching spaces available there have improved what we can offer our learners. Simulation is done for students, but a lot is done for supervisors. In the emergency department, we do simulation among ourselves to maintain our skills. The aim is to provide the best possible patient care. With these spaces, we've really been able to optimize that. We hear that other departments want to follow the ER example.

SRC: For me, the supervisor recognition policy is one of the less visible achievements, but to say that we've taken the time to look after our supervisors, to think about what we can offer them in terms of recognition, from training to money to pay for tools that are useful for teaching, for me that's an interesting success.

Some sectors were facing major challenges. The TEC worked with certain teams to improve conditions for our students. For example, the Centre worked closely with the Albert-Prévost



team, who needed support to improve their teaching spaces. We also have a number of projects to improve teaching facilities at Sacré-Cœur. For the coming year, we'll be working with the Internal Medicine team, which is one of the hospital's largest outpatient and resident teams. This sector needs to upgrade its premises, which were really impacted by the pandemic. They were moved to temporary premises. They've been moved back into premises that had been taken apart to make negative pressure rooms.

As Dr. Castonguay was saying, one of our great achievements is the connections we're forging right now with the supervisory teams, listening to their needs and responding to them, for both students and teachers.

Q: How do you see the role of our Foundation in developing a teaching culture?

SRC: The Foundation is an essential partner. Through its campaigns, it raises funds for teaching. For example, I was telling you about the robot and the highly sophisticated mannequin, the kind of thing we couldn't afford without the Foundation's support. I was talking about the renovation of our teaching rooms, which involves the purchase of televisions and computer equipment. The Foundation is there to provide the financial support to enable us to create the right conditions for teaching. □

Creating ideal conditions for teaching

The Teaching Expertise Centre (TEC) is a relatively recent project, having been created only two years ago, at the height of the pandemic. Its creation stems from a profound motivation to bring together all the key players to improve the quality of teaching at the Montreal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital, the two hospitals where most teaching takes place.



Prior to the creation of the TEC, two separate departments managed internships and teaching: the Physical Health Department (PHD) and the Human Resources, Communications, Legal Affairs and Teaching Department (HRCLATD). While these two departments have done a remarkable job, it became clear that there was a need to foster greater synergy between them.

According to Dr. Stéphanie Raymond-Carrier, Director of Physical Health and until recently co-chair of the TEC, in times of crisis, such as that experienced during the pandemic, it was difficult to coordinate efforts effectively. Merging the two departments was an obvious way of strengthening the ability to collaborate and deliver quality care and education.

The TEC is distinctive for its integrated approach, encompassing not only the management of internships and medical education, but also talent and career development, which includes training in simulation centres. This makes it possible to prepare healthcare professionals more comprehensively

and efficiently, and to offer training to all staff. The TEC also meets the needs of the research community, which welcomes a large number of trainees.

Partnerships with educational institutions

Partnerships with educational institutions are essential to the TEC's mission. The TEC works primarily with the Université de Montréal, but also welcomes students from other universities and CEGEPs in the region. This collaboration extends to a wide range of academic programs, from health to social sciences to health administration. The TEC has partnered with some 100 different educational institutions since its inception.

For the coming years, teaching priorities include improving student integration and experience, developing innovative training courses using virtual reality, promoting employee career development, and creating an exceptional teaching culture.

Some interesting figures for the year 2022-2023, at the Montreal Sacré-Cœur Hospital alone:



1,803 medical trainees
(external and residents)
in 42 disciplines



1,738 non-medical trainees
in 52 disciplines, including
pharmacy, dentistry and advanced
pre-hospital emergency care



1,500 participants
in simulation centres



Some 770 supervisors
(medical and non-medical)



Charlotte Tassé's great legacy has been immortalized!

"The life of a nurse or *garde-malade* is precious and beautiful, provided she puts her heart and soul into it."

(Charlotte Tassé, "Allocution", *La Garde-malade canadienne-française*, December 1951, p. 33).



This quotation is at the heart of the permanent exhibit dedicated to this exceptional woman, in the new wing bearing her name, which was inaugurated on May 11 in the presence of dignitaries, members of the Albert-Prévost Mental Health Hospital team, Alexandre Klein, doctor of history and philosopher of science at the University of Ottawa School of Nursing, whose research made this recognition possible, and Charlotte Tassé's grand-niece, Johanne Tassé, who helped document this beautiful story.

We chose National Nursing Week, May 8 to 14, 2023, to celebrate this great lady. As a true pioneer in her field, she devoted her life to the unification, training, promotion and recognition of French-Canadian nursing assistants, then known as *garde-malade*.



Members of the Albert-Prévost team.

Opening of the first school for nursing assistants

Among Charlotte Tassé's many achievements was the opening of the province's very first school for nursing assistants in 1950, in response to an issue that is still with us today: the shortage of caregivers. "It's impossible to overlook the fact that we owe the creation of this fully-fledged profession to Ms. Tassé. Let me also say a word about the importance for Ms. Tassé of recognizing the work of women. Throughout her life, she campaigned for the recognition of French-Canadian nursing assistants and for their importance in the Quebec

healthcare system," said CIUSSS du NÎM's newly appointed CEO and nurse by profession, Adélaïde De Melo.

Thanks to Charlotte Tassé, the Albert-Prévost Sanatorium became the first hospital in Quebec, and in Canada, to be run by lay nursing assistants, with an all-female Board of Directors. Ms. Tassé's legacy is immense, and with the help of this wing and permanent exhibit, the importance of her contribution to the Albert-Prévost Mental Health Hospital, as well as to the nursing and nursing assistant profession, has been recognized.

"I feel privileged to be here today for this wonderful event, which highlights the work of a great lady, Charlotte Tassé. I'm sure that if she were still with us, given her determination to improve care, she would have knocked on my office door a long time ago to get help from the Foundation. I would have been delighted to meet someone so committed. As the Foundation is committed to supporting the university mission of Sacré-Cœur and Albert-Prévost, she would most likely have met with me to, perhaps, help set up the province's very first nursing assistant school in 1950. Who knows?" said Foundation CEO Paul Bergeron.

Since the Foundation's inception in 1976, over \$1.2 million has been invested in various projects. Other funds are earmarked for mental health research and programs such as musical therapy. This commitment to mental health is also reflected in the Foundation's current capital fundraising campaign, one of whose projects is to improve reception and emergency services at the Albert-Prévost Mental Health Hospital.

A biography of Charlotte Tassé by Alexandre Klein is scheduled for publication in early 2024. The permanent exhibit is located in the emergency hall of Albert-Prévost. Its conception was designed by Cinq Cinq Studio.



Johanne Tassé, Charlotte Tassé's grand-niece, speaks with Mr Alexandre Klein.

50 ans d'affiliation, 50 ans d'innovation!

1972

Modest beginnings of the Sacré-Cœur Hospital's (MSCH) Research Centre

Founders: Dr. Réginald Nadeau, Dr. Fernand Roberge and Dr. André Proulx.

1973

Dr. Réginald Nadeau becomes the first Director of Research. Affiliation of the MSCH and the Université de Montréal to teach medicine and health sciences.

1974

First grant from the Fonds de la recherche en santé du Québec.

2005

Expansion of the Research Centre, with the construction of the 3 floors above.

2012

Inauguration of CARSM construction.

2015

Merger of 27 healthcare institutions under the Centre intégré universitaire des services de santé et sociaux du Nord-de-l'Île-de-Montréal (CIUSSS NIM).

2015

Consolidation of three research sites. (Montreal Sacré-Cœur Hospital, Rivière-des-Praires Mental Health Hospital and CLSC Bordeaux-Cartierville).

Chairs established in partnership with the Université de Montréal:

2001-2022

Canada Research
Chair in Sleep Medicine



Holder:
Jacques-Yves
Montplaisir

2003

Research Chair in
Orthopedics at the
Université de Montréal



Holder:
Julio C.
Fernandes

2009

AstraZeneca Pharmaceutical
Chair in Respiratory Health



Co-Holder:
Lucie Blais

2010

Medtronic Chair in Spinal
Traumatology from the
Université de Montréal at
the Sacré-Cœur Hospital



Holder:
Jean-Marc
Mac-Thiong

2014

Canada Research Chair
in Pain, Sleep and Trauma



Holder:
Gilles
Lavigne

2017

Caroline Durand Foundation
Chair in Acute Trauma at
the Université de Montréal



Holder:
Louis
De Beaumont

2019

Canada Research Chair
in Sleep Disorders and
Brain Health



Holder:
Nadia
Gosselin

2022

Courtois III Chair in
Fundamental Neuroscience



Holder:
Simona
Brambati

2022

Canada Research Chair
in Sexuality, Gender
and Migration



Holder:
Edward
Ou Jin Lee

50 ans d'affiliation, 50 ans d'innovation!

1976

Creation of the Montreal Sacré-Cœur Hospital Foundation to meet research and teaching needs. Dr. Réginald Nadeau becomes a member of the Board of Directors.

1977

Creation of the Center for Advanced Research in Sleep Medicine (CARSM) by Dr. Jacques Montplaisir.

1989-1990

Construction begins on the new Research Centre, including the animal facility (basement and second floor).

2015

Beginning of Trauma research program.

2016-2017

Renovation of the animal facility to preserve the university affiliation.

2021

Inauguration of the Integrated Trauma Centre research and teaching facilities.

DON'T MISS IT!

To mark the 50th anniversary of the affiliation between the Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital with the Université de Montréal for medical research and teaching, our CIUSSS has prepared **seven video clips** to pay tribute to the dedication of just a few of the 200 regular and associate researchers and 700 internship supervisors who actively participate in the university mission of these two hospitals. These short, one-minute videos highlight the work of healthcare professionals who bring this university affiliation to life on a daily basis, and the impact this mission has on their patients. The series features:



Dr. Julie Anne Buckland,
Clinical Assistant Professor



Dominic Pesant,
Professional Psychologist, Clinical Support



Roger Godbout, Psychologist,
Researcher and Professor Emeritus



Céline Chambon,
Nurse Clinician



Catherine Duclos,
Professor and Researcher



Louis De Beaumont,
Professor, Researcher and Research Chair



Dominique Paiement,
Nursing Advisor, Emergency Care



ENJOY!

The **seven videos** will be released one each week until November 22.



To watch them (in French only), subscribe to our Facebook page, if you haven't already done so! You can also find them on our website.



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2024

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IN THE MEDIA

Two series put our great university hospital on the map.

Sacré-Cœur's intensive care teams and our Foundation's spokesperson, Pénélope McQuade, were in the spotlight during the September 2023 television season.



De garde 24/7, where the action takes place almost entirely at Sacré-Cœur!



J'ai frôlé la mort: Pénélope, our featured spokesperson!

For its 9th season, the series *De garde 24/7* changes location! The vast majority of this season's episodes were filmed at the Montréal Sacré-Cœur Hospital. This popular series takes a sensitive look at the day-to-day life of the staff, and provides an insight into the captivating world of the Sacré-Cœur Hospital. Doctors, nurses and attendants are in the spotlight. It shows just how dedicated, competent and endearing these people are. Don't miss it, Thursdays at 8 p.m., until December 6, on Télé-Québec. Rebroadcast Wednesdays at 10 p.m., Saturdays at 3 p.m. and Sundays at 4 p.m.

At the helm of the show for this 2nd season, host Mathieu Baron supports and accompanies the survivor in his or her story, highlighting the defining moments of his or her tragedy. **In the September 19 episode**, Foundation spokesperson Pénélope McQuade was invited by the production team to share her touching story of how she ended up at the Montréal Sacré-Cœur Hospital following a serious car accident, and how this event changed her life forever.

You can also watch the episodes
(in French) on the Télé-Québec:

In case you missed it,
you can watch the video (in French):

YOU CAN MAKE A DONATION:

♥ **Online** at fondationhscm.org ♥ **By Cheque** ♥ **By Phone**

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Founded in 1976 by the Sisters of Providence, the Montréal Sacré-Cœur Hospital Foundation has as its raison d'être to help the extended Sacré-Cœur and Albert-Prévost team constantly improve the care, treatment and environment of patients, while supporting the research and teaching activity of this major university hospital.



**Pénélope
McQuade**
Volunteer
spokesperson