



WINTER 2018 | VOLUME 3 NUMBER 1

HAPPY NEW YEAR 2018!

The new year is already underway, but I would like to share some special moments that I experienced in 2017 and tell you about some inspiring people I met who are dedicated to the Foundation.

I am convinced that I will have many more wonderful moments in 2018, which is shaping up to be a very "constructive" and project-oriented year for the *Hôpital du Sacré-Cœur-de-Montréal*. I'm ready to roll up my sleeves again and stay involved. And what about you? Are you ready to join me?

Thank you for supporting the Hospital and its amazing team!

Labrucian

Pénélope McQuade, Volunteer Spokesperson for the Foundation

THE DÉFI SACRÉ-CŒUR: LARGE-SCALE MOBILIZATION

I had the opportunity to greet the *Défi Sacré-Cœur* participants on Saturday, September 16th at Beauséjour Park. When the boats arrived on the Rivière des Prairies, I saw participants exhausted from having taken part in this challenging sporting event, but who were especially happy to see their families and friends who came out to encourage them. The event was the culmination of several months of training and fundraising for the Hospital. Hats off to each of the rowers and all those who supported their efforts!



THE GALA DES ÉMILIE: MY REAL "COUP DE CŒUR"

For the second year running, I had the pleasure and satisfaction of being the master of ceremonies for the Foundation's *Gala des Émilie* which was held on October 26th and attended by over 600 guests. This year, we had a special announcement to make – namely that the Gala had managed to raise a whopping \$1 million in funding – a record for this event! Truly a wonderful achievement to be able to share with a room full of dynamic and engaged individuals!



AN INTENSIVE CARE INTERNSHIP!

I also had the immense privilege recently of participating in the making of a film that was thoughtful and punctuated by touching moments. In the film I followed critical care nurse Valérie Plante at the hospital for an entire day. The scenes captured during the day will be broadcast in a web series produced by the Ordre des infirmières et infirmiers du Québec (OIIQ). To share my experience, you can watch the web series on the OIIQ website.





A SPECIAL VISIT BY THE PÉLADEAU BROTHERS

On Thursday, November 30th, the *Hôpital du Sacré-Cœur* was honoured by a special visit from the Péladeau brothers – Pierre Karl, Érik and Jean B. Péladeau. The visit was organized by the Foundation together with the general management of the *CIUSSS* du Nord-de-l'Île-de-Montréal. On the occasion, we highlighted the \$165,000 donation by the Chopin-Péladeau Foundation. This is a private family foundation chaired by Pierre Karl Péladeau and named in memory of his parents, Raymonde Chopin and Pierre Péladeau.

The Péladeau family is one of the Foundation's major donors and has shown tremendous generosity in the financial support it has provided for our Hospital's areas of excellence, especially cardiology. ■

AN EDUCATION OVERVIEW

Teaching is an essen- fessionals ready to give on the integration of tial part of the Hôpital their time for the next the clinical, teaching du Sacré-Cœur-de- generation of caregivers, and research compo-Montréal's university mis- as well as premises avail- nents. This vision enables sion. The Hospital receives able and well-equipped, the simulation of clinical some 4,150 medical stu- and equipment to ensure activities to maximize dents each year for their the quality of the teaching knowledge sharing and clinical assignments, a and supervision. major component of their training. This requires The institution promotes compromising patient doctors and other pro- local education, based safety.

the effectiveness of care and services, without

SOME STATISTICS





More than 28 different disciplines

500.000 hours of supervision



2 hospital simulation **laboratories**



More than 1,150 people doing simulation training



23 training rooms with state-of-the-art technology



Observation rooms: 2 mirror rooms and 27 camera rooms



Academic support for nearly 9,500 documentary searches



Audiovisual support for 741 videoconferences



Through teaching and research at the Hospital, patients benefit from the latest knowledge in many fields of medicine as well as the most advanced, and safest patient care.

- Simulation dummies allow students to learn birthing techniques, for example, rather than practicing on their first patient with the risks that might entail.
- Filmed medical acts enable students to perform medical procedures under the supervision of an experienced doctor who can intervene at any time.
- The next generation of caregivers is better prepared and we better ensure that know-how and knowledge are carried forward and not lost in the transition.



Simulation dummy



Classroom

THE NORMAN-BETHUNE LIBRARY:

AN EXCELLENT FACILITY FOR TEACHING AND RESEARCH

With its university hospital status, the Hôpital du Sacré-Cœur is committed to providing physicians and other health professionals the opportunity to update their knowledge and providing its students with the training and academic tools they need to work in team and individual situations. And the Hospital library must be up to the task! So, in 2017, the the Hospital made the decision to renovate this jewel. The Foundation is contributing nearly \$250,000 to this \$390,000 project. The work got underway last November and the library is scheduled to reopen this spring.

Thanks to the renovations, students, employees, doctors and researchers can improve and share their knowledge in a dynamic and userfriendly facility which includes:

- Interactive work islands at the cutting edge of technology
- Individual workstations in a recessed silent space
- Three meeting rooms with the required audiovisual equipment
- A space dedicated to relaxing and consulting periodicals for patients and their relatives







Did you know that the Norman Bethune Library is also open to patients and their loved ones?

Check it out. The library is located on the 3rd floor of the Hospital.

GIVING ACCORDING TO ONES MEANS, BUT GIVING

Ada and Samir Trak, founders of Enertrak, a company specialized in air conditioning and headquartered in Laval, began to give substantial donations to various hospitals in 2002 when the financial situation of their company started making this possible. According to Mrs. Trak, being generous when you can afford it is a matter of social responsibility.

"It appeared to us that health care facilities had enormous needs. We only had to listen to the news to feel compelled," said Mrs. Trak, the one behind the company's first donations, adding that "the health and well-being of our family and employees is very important to us." The fact that the Sacré-Cœur is one of Montréal's foremost hospitals was a big part of their decision. The Foundation has had the privilege of counting on the Trak familiy's generosity since 2006.





family by visiting out website at fondationhscm.org

A brand new program was launched at the Foundation just a few weeks ago: the Sacré-Cœur Research Fund. Through the fund, companies and individuals can support the work of the Hospital's researchers. In exchange for financial support, the Foundation and the Research Centre are committed to providing special information on advances in research, allow a private visit to the Centre and offer visibility. For more information, contact Nadine Leroux, Director of Development, Marketing and Partnerships at 514 338-2303 (Ext. 1).

CONGRATULATIONS TO THE SACRÉ-CŒUR RESEARCH TEAM!

Owing to the performance of its Research Centre, the Hôpital du Sacré-Cœur de Montréal ranked among the 40 top research hospitals in Canada in 2017

(Research Infosource Inc. publishes each year a list of the best research hospitals in Canada).



The grounds of the Hôpital du Sacré-Cœur-de-Montréal is the site of the largest construction project currently underway in the Québec healthcare sector. This large-scale project signals an era of modernization and change for the Hospital as it looks forward to the celebration of its 100th anniversary in 2026.

If you were recently at the Hospital, you most certainly saw the construction trucks, crane and excavators next to the Foundation premises. We are well aware that work of this magnitude may entail inconveniences for clients and employees alike; difficulty finding parking, limited access to the usual entrances and more traffic volume and detours, etc. So we thank you for your understanding and patience. Soon we will be able to take even better care of you.

Patients will benefit from our heathcare services in a more modern and better adapted facility with new medical technology to support the work of our physicians and other caregivers.

THE "BUILDING THE FUTURE" PROJECT IN FIGURES

- Total cost of the work: \$148.3 million
 Foundation contribution: \$12.4 million.
- Start receiving patients: 2020
- Construction of a new 4-storey building, housing among other things:

Integrated Trauma Centre

- First integrated trauma centre in Canada
- Largest tertiary university trauma centre in Montréal, serving a regional clientele
- Total surface area of 3,522 m²
- Centre of expertise for spinal cord injuries in Western Québec
- National representative in care and services for ventilatorassisted tetraplegic spinal cord patients

The New Critical Care Unit

A reinvented, modern 21st century critical care unit with individual rooms, providing ultra-specialized medical treatment. An interdisciplinary team of more than 300 professionals specialized in critical care:

- Tertiary Traumatology
- Advanced Cardiovascular Care
- Brain Trauma
- Traumatic Spinal Cord and Column Injury
- Organ Donor support
- 32 critical care beds
- 16 intermediate intensive care beds

Follow the progress of this major construction project in our next *Liaison* newsletter.

GALA DES ÉMILIE: A RECORD YEAR!

The 2017 edition of the Gala was held on October 26th, 2017 at the Sheraton Laval under the honorary co-chairmanship of Guillevin International President Robert J. Bouchard and RBC Royal Bank Québec Headquarters President Martin Thibodeau and was hosted by Foundation volunteer spokesperson Pénélope McQuade. Under the theme Rendez-vous coup de cœur des gens engagés, this year's Gala raised \$1,008,000.

A tradition of this benefit event is also to pay tribute to four staff members for their hard work and dedication to improving healthcare over many years and their contribution to the excellent reputation of our Hospital. This year's honourees were Dr. Raoul Daoust, Emergency physician and teacher in emergency medicine, Dr. Guy Lalonde, Cardiologist, Dr. Catherine Lemière, Pulmonologist and researcher, Andrée Gagnon, Nurse, pneumology department. Congratulations to our laureates!



OUR CALENDAR OF EVENTS

FESTIN HOMARD ET BŒUF

Friday, May 11

Raymond-Bourque Arena, Saint-Laurent

2ND EDITION OF THE

SPECIAL EVENINGS ORGANIZED THE "SACRÉ-JEUNES"

May-June

VÉLO-ONCO

Saturday, June 9 MRC Deux-Montagnes

GOLF TOURNAMENT

Tuesday, June 19 Saint-Raphaël Golf Club

WINE TASTING

Wednesday, September 12 RBC Private room, Montréal

DÉFI SACRÉ-CŒUR

Saturday, September 22 Sommet Morin Heights

GALA DES ÉMILIE

Thursday, October 25 Sheraton Laval Hotel

VERY POSITIVE RESULTS IN 2017!



The Hôpital du Sacré-Cœur-de-Montréal introduced its planned giving program in 2015. Now, after just a few years, the program has become truly well-established. In 2017, this translated into major bequests and donations of shares.

In 2017, 17 donors have used this form of giving to support the Foundation. The value of the donations varies significantly from person to person, depending on the donor's portfolio. As an example, donations have ranged from \$271 to more than \$400,000. In general, it can be said that the number of people leaving a cash amount to the Foundation in their will has increased annually. This is significant and very good news!

It can take more than a year to settle an estate, so it's understandable that all amounts bequeathed to the Foundation were not necessarily transferred in 2017. The previous year saw a total of \$603,000 received in the form of planned gifts - an important contribution to our efforts as we strive to fulfill the mission of the Foundation!

Are you interested in being part of these committed donors dedicated to our Hospital? One of the various forms of planned giving might be suitable to you. Please contact me to learn more.

Marie-Claude Tellier, Lawyer

Director, Major donations and planned giving 514 338-2303, extension 3 marie-claude.tellier.cnmtl@ssss.gouv.gc.ca

For complete information about the different types of planned giving, visit fondationhscm.org

Your generosity helps provide funding for major projects that contribute to the health of our patients.

Thank you for your support.

YOU CAN DONATE:









Montréal Sacré-Cœur Hospital Foundation

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