

Malidarity with our caring experts!

2020 ACTIVITY REPORT

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<u>CIUSSS NÎM</u>: Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal (Integrated University Health and Social Services Centre)

A close-knit team, a true family!

"The year 2020 will remain engraved in our memories. I have often thought about the 4,400 employees of Sacré-Cœur and Albert-Prévost who have worked throughout the past year under very particular and extremely difficult conditions.

I can only say a big thank you to them for continuing to show such courage and commitment since the beginning of this pandemic. They have had to face their fears, show resilience, demonstrate their character and often push their limits to save lives, those of our loved ones and friends.

I have heard stories of solidarity, of people surpassing themselves and of gratitude towards colleagues who supported each other. It was very touching to see the team working together. We had some great examples of this at the Gala des Émilie in December 2020.

And the Sacré-Cœur research team literally amazed me with its dynamism to counter-attack COVID-19. You have reassured us by using the data collected and analyzed by our researchers to rapidly improve the treatment and care of patients greatly affected by COVID-19. A results conference was held to showcase the ongoing efforts to be even more successful.

Seeing how far we've come, I can tell you that I am even more determined to help improve the conditions and spaces in which the experts at Sacré-Cœur and Albert-Prévost work, and to continue to improve the care given to patients.

One thing is certain, this crisis has united us more than ever. As we know, it is in times of trial that we know our true allies. Well, I can tell you that since March 2020, we have felt the support of the Foundation's donors. And that truly warms my heart.

Thank you very much on behalf of the entire Foundation team and I hope to see you again very soon at a Foundation event or activity. In the meantime, take care of yourself!"

> Pénélope McQuade Volunteer spokesperson for the Foundation for the past 5 years

A DEDICATED SPOKESPERSON | 2020

2020 | MESSAGES FROM THE DIRECTORS

The solidarity of an entire community!

"Over the past year, all members of the Foundation's team have felt your support and great generosity towards the Sacré-Cœur and Albert-Prévost care teams.

A great surge of solidarity was born with the pandemic and we can feel it continuing. The Foundation was able to provide front-line workers with masks, visors, ear guards and much appreciated food support for those who could not leave the hot zones! Your testimonials, support, volunteer hours and donations have done the caregivers a world of good.

Let us acknowledge the exceptional work done by the young people from the Collaboration 3D project. Angela Nauleau-Javaudin and her group of volunteers produced over 6,000 protective visors and 5,500 ear guards that were distributed free of charge to protect our healthcare workers. What an accomplishment!



More than \$268,000 in cash and goods and thousands of volunteer hours were donated to the Foundation allowing it to carry out so many projects related to COVID-19.

A heartfelt thank you to all the staff, the Sacré-Cœur and Albert-Prévost teams, the doctors and the researchers who have put their hearts into finally making everything okay."

Thank you for supporting our caring experts!

The exceptional year of 2020 has brought its share of adaptation and pitfalls with the pandemic. Sacré-Cœur and Albert-Prévost, like so many other organizations, have seen their role transformed by being at the heart of the battle against the virus. Our guardian angels in the healthcare network, and more specifically for us, our caring experts, have demonstrated courage, strength and resilience. And day after day they continue to offer the best possible care they can give.

At the Foundation, our fundraising events had to be either cancelled or held virtually. This obviously affected the financial results. Despite that, we witnessed true waves of generosity. Three special fundraising campaigns were set up in 2020 to support specific initiatives and projects.

We were able to count on the support of new donors who joined our family and, of course, on the support of our donors. Despite the distance, we felt that this extended family was there with us.

2020 > 2,633 new donors > 21,439 gifts totallin



Support our caring experts!

The caring experts campaign was created to encourage all possible initiatives to ensure the safety and comfort of healthcare employees and the well-being of patients, as well as to ensure that healthcare teams can continue to provide the kind of care they are known for.

COUCHT. ON LES MOBILISE ACHAT DE TABLETTES ÉLECTRONIQUES

Smart tablet campaign

This campaign aimed to purchase some one hundred smart tablets, which are very useful to help families stay in touch with critically ill hospitalized loved ones when visits were prohibited. These tablets also allowed doctors to pay virtual visits to their patients with COVID-19, at certain times, without having to put on all the protective equipment required to avoid possible contamination.



Together, we have accomplished great things

"Dear donors, your support was essential in 2020 to allow our teams to find the courage and strength to fight against a stubborn virus. You have enabled us to overcome enormous challenges. Your contributions have been used to improve care, to make it more humane in the face of a crisis, and most importantly, to use the research you support to better care for patients with COVID-19.

Let me take this opportunity at the Foundation's 2020 review to thank all of these fine teams of whom I am so proud. They have shown great human qualities to get through the difficulties and provide care to the best of their knowledge and ability.

When I announced, on March 20, 2020, that the Montréal Sacré-Cœur Hospital had been designated by the Ministère de la Santé et des Services sociaux to receive confirmed cases of COVID-19 in adults, I had no idea what was in store for us. However, I was convinced beyond a shadow of a doubt that we had the right teams in place to meet the mission at hand.

COVID-19 is still a concern and the crisis is not over. However, everything we have learned helps us to better treat and understand how this virus that will have affected every life, everywhere on the planet, works."

Frédéric Abergel Chief Executive Officer CIUSSS NÎM

A WAVE OF GENEROSITY | 2020

> 2,633 new donors > 9,554 total donors > 21,439 gifts totalling more than \$4 million



Collaboration 3D

The goal of the campaign was to raise funds to help the group of young volunteers behind this project (see next page) obtain the materials and equipment needed to produce hundreds of protective visors and ear guards using 3D printers. This protective equipment was delivered in the first wave during a time of high demand.

2020 | YOUNG AND ENGAGED

Students to the rescue of Sacré-Cœur's healthcare workers!

Students from Collège de Bois-de-Boulogne had a very rewarding experience in 2020. A student from the college, Angela Nauleau-Javaudin, who wants to study medicine, discovered on Thursday, March 26, 2020 that a company in France (United 3D Makers) had started producing protective visors made with 3D printers to help hospitals. She guickly got in touch with the head of this company to understand the production model.

With two other students from the cégep, Olivier Godfroy and Frédéric Larochelle, they gathered volunteers for this project in just a few short days and quickly started making prototypes with two personal 3D printers. The Collaboration 3D project was off and running. They were then able to count on the generosity of Bureau en gros and Énergère, and on the thirty or so volunteers recruited to make more visors. A special thank you to the Foundation's Board of Directors who was very supportive of this initiative.

The Foundation presented a certificate of recognition to Angela Nauleau-Javaudin and her Collaboration 3D project on December 5, 2020, in recognition of this exceptional initiative, the many hours of volunteer work, the mobilization of partners and the invaluable support of the Hospital's caring experts. More than 6,000 protective visors and 5,500 ear guards were distributed free of charge thanks to this project.



One of the deliveries made by Angela Nauleau-Javaudin at the Hospital.



Angela Nauleau-Javaudin, student at Collège de Bois-de-Boulogne, during the Gala des Émilie



Family and friends were among the thirty or so volunteers who helped make the equipment.





Joseph Nguyen puts his passion to work for a cause

Joseph Nguyen, a student in the Master's program in Management - Financial Engineering at HEC Montréal, chose to use one of his passions, online video games, to support the Sacré-Cœur care teams. With contributions from his family and friends, he was able to raise \$1,500 in 14 hours by completing challenges on the Twitch.tv video game streaming platform. This virtual event was held on May 1, 2020.



Young volunteers wrap gifts for the Foundation

A group of volunteers, including the daughter of one of our Board members, Milya Bechara, and her Grade 8 classmates from Externat Sacré-Cœur, donated their time to the Foundation in support of Sacré-Cœur's healthcare workers. They graciously wrapped gifts at the Decathlon Boisbriand sports store for three weekends in December. Customers were invited to make a voluntary contribution to the Foundation. Decathlon provided the location and some of the products for the gift wrapping.

They were able to raise \$417 in donations! This is a great gesture of solidarity and social commitment. Thank you to those who encouraged them. This is a great way to prepare the next generation of volunteers.

In this photo taken at Decathlon Boisbriand, we see Milya Bechara, a student at the Externat Sacré-Cœur in Rosemère.

Why did he choose to give to Sacré-Cœur? For Joseph, this is his hospital. It's where he was treated following a bicycle accident and several of his loved ones receive care there. "The pandemic sparked an interest in me to help at the Montréal Sacré-Cœur Hospital. Since I have no medical background but really wanted to give back to my local hospital, I came up with the idea to create an event that would appeal to my friends, who were also participants in the game. I had a major sponsor, a real estate agent (Kevin Nguyen), who donated \$500 to kick off my fundraiser." What a great way to use a hobby to do good during these times of pandemic!

Joseph Nguyen, a student at HEC Montreal raised money for the Hospital

2020 A MOBILIZED COMMUNITY







All the project's videos are hosted on the 浴 YouTube channel Dans L'Arc-en-ciel.

A unique and unifying project

The Montréal Sacré-Cœur Hospital Foundation is one of five foundations that participated in the Dans l'Arc-en-ciel project. This project, presented by National Bank in collaboration with Cirque Éloize, was designed to highlight the colossal work, commitment, dedication, and humanity of healthcare workers from various CISSS and CIUSSS who fought and are still fighting to cope with the COVID-19 pandemic.

The 30 short videos salute the journey of the women and men from the health and social services sectors who, through their contribution, have distinguished themselves in their workplace and have become a source of inspiration for their peers. According to their interests or tastes, artists have paid tribute to these healthcare heroes.

As part of this project, housekeeper and sanitation worker Brigitte St-Jacques and emergency room nurse Nathalie Paguin, both from the Montréal Sacré-Cœur Hospital team, and administrative officer Josée Thibault, from the Albert-Prévost Mental Health Hospital, were featured in a video clip. The videos were aired between June and September.



Thank you for your generous gestures of solidarity!

The Foundation's team would like to thank all the donors who participated in various campaigns, organized fundraisers and volunteered to support the caring experts at Sacré-Cœur and Albert-Prévost throughout 2020.

Special thanks to Bureau en gros for their \$5,000 donation that provided the material and a 3D printer for the Collaboration 3D initiative and to Collège de Bois-de-Boulogne for supporting this project from the beginning. A big thank you to the Nauleau-Javaudin family and to Jean-Gabriel Maurice and his colleagues at **Énergère** for their efforts in producing this incredible protective equipment.

Here's what the Foundation received to support healthcare workers in their fight against COVID 19:

- \$60,000 from Dymedso to provide Sacré-Cœur Hospital with four pieces of equipment for the Respiratory Therapy Department;
- Large quantities of protective equipment from Rio Tinto, the ADF Group and Mega Bloks;
- \$15,000 from Manulife to purchase meals for our healthcare heroes:
- \$13,000 from the Fondation Gérald S. Lord for the purchase of smart tablets;
- \$10,000 from the Fondation Carmand Normand for the purchase of smart tablets;
- \$6,500 from the Montreal Sikh community for the purchase of equipment to be used by the Otorhinolaryngology (ENT) and Cervicofacial Surgery Department at Sacré-Cœur Hospital;
- Donation from **Dr. Louise Charron** for the purchase of N95 masks valued at over \$6,000:
- \$5,000 from Lamour Global for the purchase of masks;
- \$5,000 from Guillevin International for the purchase of smart tablets;
- \$5,000 from Cellcomm Communications for the purchase of 250 power banks.



- BCMMO

- BASF

- CCM Hockey
- Saint-Laurent

– Over 70 generous

individual donors

And all other donors and companies:

Donations of protective equipment

Smart tablet campaign

40 generous donors

– More than

- Rogers

– Chantal Lord

- Compassionate Services Society

- Groupe Service Santé Globale
- Guy Boucher from Home Hardware
- Fondation du Collège de Bois-de-Boulogne

- The children from the Boyer/Saint-André alley in Villeray
- Telus
- Holt Renfrew Ogilvy
- Industrie Orkan
- Isabella Palombo
- Kevin M. Mo
- Kotn
- Business Development Bank of Canada (BDC)
- Leviton Canada
- Michelle Hui
- Montreal Amithaba Buddhist Association
- Peter Trang
- Soleno et Soleno Service
- Vinh Nguyen
- Vivian Lam

Purchases and donations of food for the caregivers

- Alex et Alex
- Amir (Gouin Blvd.)
- Benny & Co (Gouin Blvd.)
- Café de la Presse and John & Dino Distribution
- Club Lions Laval Renaissance and the Lebanese community
- Rotary Club of Montreal West and NDG
- Manulife Financial

- Jessie Victoria
- Pietro Di Toto
- Pizza Nikkos
- Jacky Eats MTL group
- Restaurant Paulo et Suzanne
- Restaurant St-Hubert of Saint-Laurent
- Sevan Apanian

Donations of products, disinfectant soap and antibacterial gel

- Ardène
- Avon

- Bath & Body Works
- L'Oréal

This list has been compiled to the best of our knowledge. It is possible that other donations have been made to our care teams and that the Foundation was not been informed.

- Busrel

 - Chinese community

 - Dujing Academy
 - Dr. René Caissie

2020 | GREAT TEAMWORK

A window on Sacré-Cœur's intensive care unit

Thanks to Dr. Patrick Bellemare, Medical Chief of Intensive Care for the CIUSSS NÎM and pulmonologist and intensivist at Montréal Sacré-Cœur Hospital, the general public had access for the first time in April 2020 to a hot zone in a hospital designated to receive COVID-19 cases. Dr. Bellemare captured footage of this hot zone, which had been fighting the battle against COVID-19 for weeks, at a time when the public and media could not gain access. This gave us a good understanding of what was happening on a daily basis.

Following this report on Radio-Canada, Dr. Bellemare was interviewed and reported on in other news stories. He made a point of opening a window to the public on intensive care and the work of his dedicated team.

Immense challenges for staff

The arrival of the pandemic placed additional physical and mental demands on Dr. Bellemare. Since March 2020, he has had to deal with a daily routine filled with uncertainties, fears and challenges. It took resilience to get through, especially during the first wave, when his team was trying to tame the beast. And it's still not over. It was a landmark year and a crisis that changed him profoundly.

The teams have faced immense challenges. As Dr. Bellemare said in one of his interviews, "In terms of infrastructure, I think we were the least adapted environment in Quebec to deal with the first wave of the pandemic, or one of the least adapted environments, and then we very quickly became the one that was doing the job most efficiently. Everything had to be rethought: The architectural infrastructure, the ventilation, the simplest bedside procedures that are more difficult to perform when wearing personal protective equipment. On top of that, you have to maintain an element of humanity when people terrified."



For this Radio-Canada report, Dr. Bellemare agreed to be a cameraman for a day to show us what was happening inside the walls since the arrival of the first patients with COVID-19. Here we see him using a camera on his forehead. Like many other staff members, the ICU team has been dedicated to fighting the virus.





A rigorous team

There were some firsts within the walls of the Montréal Sacré-Cœur Hospital in 2020. During the pandemic, many interventions in the healthcare environment have become more complex. Some of them require more extensive rigour and precaution.

This was the case during a laparotomy performed in early May 2020. This operation was performed in Room 17 of the operating room, during the night shift. This type of procedure is among the surgeries with a high risk of generating aerosols (droplets that remain suspended in the air).

Moving and manoeuvring a patient suspected of having COVID-19 or having tested positive requires thought. The procedure was performed with strict adherence to protocol. For example, the rule of changing gloves every time the patient's environment was touched was followed, the removal of personal protective equipment was done without any team member being contaminated, and the two case managers received the cooperation of the surgeons, anesthesiologist, respiratory therapist, orderlies and nurses. It should be noted that the surgery preparation time for this type of case is tripled. This is just one example of great teamwork.



Achievements in record time!

All sectors of Sacré-Cœur Hospital were called upon to participate in this great effort to fight COVID-19, the virus that has disrupted the work of all care teams and those who support them on a daily basis. Sanitation, laundry, building maintenance, information technology, infection prevention and control, and the laboratory were all called upon to contribute, their work hours were extended and they had to adapt to numerous situations.

For example, it was possible to add some one hundred negative pressure rooms at Sacré-Cœur in record time to accommodate COVID-19 cases. All of this required a great deal of involvement from the Property Management Department, painters, movers and maintenance workers. A negative pressure room keeps the air inside the room to prevent contaminated air from escaping.

Dr. Patrick Bellemare Medical Chief of Intensive Care for the CIUSSS NÎM



2020 | ONE GALA, THOUSANDS OF THANK YOUS!



Our **Gala des Émilie** is an annual event during which we pay tribute to people who have made exceptional contributions. On December 5, 2020, we would have liked to offer an Émilie statuette to all the staff members, health professionals, managers and physicians who have helped each other this edition in gareement with senior management, we chose to focus on the achievements of teams.

through the crisis. For this edition, in agreement with senior management, we chose to focus on the achievements of teams rather than recognizing the work of a single individual. Therefore, the major CIUSSS divisions identified 17 teams that stood out in 4 categories: Inventiveness, Resilience, Dedication, and Work behind the scenes. An internal vote identified the winning team in each category. These are our 2020 *Coups de cœur*!

Thank you for your inventiveness!

COVID-19 allowed some individuals to share their great skills with other team members to meet unexpected demands. When in extraordinary situation, the means to deal with the crisis must be just as extraordinary. Several healthcare workers have shown inventiveness since March 2020 to care for patients safely.

The Inventiveness Award was given to **the Laundry, Linen and Sewing Department**. Whether it was the seamstresses who had to create protective clothing or the laundry staff who received an overwhelming volume of laundry to sort and wash, this award is well deserved.

Nominated teams:

- Laundry, Linen and Sewing Department
- Respiratory Therapy and Intensive Care team



Team representatives: Daniel Hébert, Coordinator of the Supply and Logistics Department and Kamel Abderrahim, his assistant manager.

Nominated teams:

- Technology and Information Resources Department Project Delivery Office.
- 3D Geriatrics team
- First COVID unit in 4H
- Team from the Integrated Ambulatory and Child Psychiatry Services and the 1st North and 2E care units of the Albert-Prévost Mental Health Hospital



Team representatives: Dr. Vicky Soulière, cardiologist and head of the Department of Specialized Medicine, Dr. Anne-Marie Mansour, internist and associate researcher and Marie Théoline Nerestant, nurse and head of Unit 4H.

Thank you for your dedication!

A crisis such as COVID-19 obviously requires a lot of dedication. No one can deny that. Over the past year, it took dedication on the part of the 4,400 employees and 400 physicians who make up the great team at Sacré-Cœur and Albert-Prévost. This is still the case today with the second wave, despite the fact that many are better prepared to face the situation. We have learned from the first wave.

The Infection Prevention and Control team (commonly referred to as IPC) includes managers, consultants and physicians. This team has been involved in all the battles and has been asked to participate in all the committees. Everyone involved has worked around the clock, made themselves available 24 hours a day, seven days a week, provided information and answered many questions.

Thank you for your work behind the scenes!

The Emergency Department, the Intensive Care unit, the team from the first COVID-19 unit, the respiratory therapists, the respirologists, the nurses and the orderlies have all made the headlines. But behind-the-scenes workers provided critical support. Among them was the winning team, the Infrastructure team of the Technology and Information Resources Department (TIRD).

TIRD is comprised of three teams. The Infrastructure team, in its own way, preserved the health of employees by allowing them to work from home, among other things. In record time, this team deployed a Wi-Fi network, installed call centres, and ensured communications in hot zones and screening centres. It allowed everyone to better navigate through the troubled waters of the crisis.



The 4 videos in wich we can see the testimonials from our *coups de coeur* teams are on the Foundation's Youtube Channel.

Thank you for your regulatore!

The context of the pandemic has brought out the best in some people in the face of adversity. This is the case for our teams nominated for the Resilience Award, who were able to adapt quickly to maintain a high level of performance in a turbulent context. The team from the first COVID unit, in 4H, won.

Before the pandemic, the **4H unit** was caring for patients who, for the most part, were receiving care for respiratory illnesses and palliative care. The expertise of the care teams in this sector meant that, overnight, they were given the mission of organizing the first COVID-19 unit. Since COVID is a disease that attacks the respiratory system with force, the choice of the 4H unit was logical.

Nominated teams:

- Nurses and respiratory therapists
- Infection Prevention and Control (IPC) team of managers, physicians and consultants
- Philippe Gendron's team in the Property Management Department



Team representatives: Chantal Cloutier, acting coordinator of the ICP Department, and Dr. Marc-André Smith, microbiologist and infectious disease specialist.

Nominated teams:

- Personal protective equipment and research and development team committee
- Infrastructure team
- Health and safety team
- Replacement activity management team and laundry teams
- Assistant nursing management team and Assistant multidisciplinary care management team
- Replacement activity management team
- Human resources team
- TIRD team

Team representative: Étienne Coulombe, head of the TIRD Infrastructure team.



2020 | MOVING TESTIMONIALS

Last farewell to her sister thanks to a great team

This touching story is one of many told in these times of pandemic, but it is certainly not a trivial one. This one took place at Sacré-Cœur and confirms just how much the healthcare teams and doctors really care.

On May 14, 2020, Dr. Éric Piette allowed Monique Charette to say goodbye, if only from a distance, to her sister Jacqueline who was hospitalized at the Montréal Sacré-Cœur Hospital and who was in her final moments of life. It is a very emotional experience in normal times to accompany someone at the end of their life, but imagine when a pandemic prevents you from holding their hand, being by their side, and soothing them with comforting words.

Mrs. Charette's son, Stéphane Brunelle, wanted to thank Dr. Piette since this communication had not been easy to arrange. "You had to communicate with my mother, who was too upset to remember her FaceTime ID. She was worried about losing communication, so you had to leave the FaceTime session connected while you put on the protective gear. You then entered my aunt's room and positioned the tablet so that my mother and aunt could see each other," Mr. Brunelle said in a thank you letter to the doctor.

For her part, here is the message that Mrs. Charette had for Dr. Piette after this moment that she will always remember, "I want to express my gratitude for the profound gesture of humanity that you made for my sister Jacqueline and for me. In spite of the heaviness of your task, you did not hesitate to offer me one last chance to communicate with her. I hope she heard me. I'm sure she didn't notice my rambling words, but she felt the love I was trying to express. Gestures like yours are not forgotten. I am very grateful for it."

Mr. Brunelle says these gestures made a huge difference to his mother, allowing her to be present for her sister in some way. Under the circumstances, his 83-year-old mother would not have been able to go to the Hospital because of public health regulations that had to be followed. "We are honoured by this, and we will be eternally grateful. We assume that your colleagues at Sacré-Cœur Hospital and CIUSSS NÎM also contributed to making this gesture possible," said Mr. Brunelle, naming a few departments and our Foundation in passing.

Mr. Brunelle also spoke of his attachment to the Hospital, noting that all members of his family, including his father, have received care there on several occasions and his son was born there in 1996. "This event and the very sensitive gestures you made have only strengthened our attachment to this institution," concluded Mr. Brunelle.



It is precisely human gestures like these that we wanted to encourage with the purchase of some one hundred smart tablets for the Montréal Sacré-Cœur Hospital and the Albert-Prévost Mental Health Hospital. Thank you, Mr. Brunelle, for sharing this experience with the donors who made the purchase of the smart tablets possible.

Monique Charette Patient's sister

The intensive care team gave me my son back!

On August 4, 2020 my life was turned upside down. My 25-year-old son was in a serious car accident and was transported in critical condition to Sacré-Cœur around 2:00 am. The prognosis was very poor with very little chance of survival... His best friend died in the accident.

I arrived at the intensive care unit at around 6:00 a.m. where the doctors met with me. I can't tell you the respect and admiration I have for the members of the intensive care team who saved my son, without any judgment.

I can tell you about the humanity, the availability and the professionalism shown by the specialist Dr. Giguère, the intensive care doctors Dr. Leguilland, Dr. Brunette and

Some encouraging testimonials

Patients have sent our guardian angels, our caring experts, many messages to express their gratitude. Here are a few that were meant to encourage the caregivers at such a difficult time for them.

"Good luck and perseverance to all of you. Congratulations on your excellent work."

> – Yves Bazinet, Rivière-Rouge

Patrick Lagacé tips his hat to the staff at Sacré-Cœur

In a column entitled *Merci aux soignants, merci aux soignantes,* published on the Lapresse.ca website on March 14, 2020, Patrick Lagacé paid tribute to the Sacré-Cœur care teams. We learned of his attachment to this hospital and the people who work there. Here are some excerpts from his heartfelt text.

"I was going to say that I grew up in a hospital, but that's an exaggeration. My mother worked her whole life at the hospital, Sacré-Cœur Hospital, in the north end of Montreal. She would have liked to be a nurse. She was a receptionist in the emergency room. The hospital was at the heart of her life. And of my life as a child. [...]

As we speak, doctors are calculating the number days that separate them from their recent return from a trip, hoping they won't have to quarantine in order to be able to treat patients immediately.

Right now, nurses are postponing vacations because they know that their teams, their units, their hospitals will need all the help in the world to care for "their" people. [...]

If you know any of these people, these caregivers, this might be the time to say thank you. I'm doing so with this article—thank you."

Dr. Bellemare, as well as the nurses, the orderlies, the young man in housekeeping, the people in ambulatory radiology and the many others in neurology.

Today, my son is back with his 2-year-old daughter. He is handicapped, but will overcome this... And I have my son back..." — Marie-Alice Champeval, nurse at the Albert-Prévost Mental Health Hospital for 32 years.

"Last March, at the very beginning of the pandemic, I was brought to Sacré-Cœur, where I received excellent care. A huge thank you to the doctors, nurses, technicians and orderlies for their expertise and kindness."

> — Jean Valiquette, Montréal

'Please don't give up. Keep up the good work in these difficult times of COVID-19 and let's hope that a vaccine will be discovered as soon as possible."

> – Serge Gagné Laval

> > Patrick Lagacé Journalist

> > > 15

2020 | INNOVATION TO SERVE MEDICINE

Sacré-Cœur's lab technicians among the most productive in Quebec

The technicians working in the COVID-19 testing laboratory at Sacré-Cœur Hospital have been busy since the pandemic began. They are among the most productive in the province, working around the clock.

Before Sacré-Cœur became one of the hospitals designated to receive patients with COVID-19, it already had a molecular biology laboratory that could perform all kinds of tests, such as for sexually transmitted diseases. It took about 48 hours to be able to receive the coronavirus screening tests.

Unlike other labs in the province, Sacré-Cœur's shifts cover the entire day. "Some places have difficulty setting up night shifts. Sometimes there are issues with the availability of the equipment, which is shared with research," indicated Martin Boily, coordinator of the medical biology laboratories of the OPTILAB Montreal-CHUM cluster at CIUSSS NÎM, in an interview with the newspaper Metro.

In all of the Sacré-Cœur's laboratories, there are about 90 people working during the day. Of these, four are assigned to the daytime analysis of COVID-19 tests. Two others work evenings and nights. Upon receipt of the



tests from the clinic or hospital, the lab technicians extract the fluid collected from the patient using the swab. The sample is then compared to the genetic code of the virus.

"Our response time is quite fast. We do it within 24 hours, I would say even 12 hours," specified assistant head Fanny Brisebois. Between 1,200 and 1,600 COVID-19 tests are analyzed daily at the Sacré-Cœur laboratory. At maximum capacity, that number can go up to 2,000.

A Sacré-Cœur specialist's ingenuity gets people talking!

Thanks to the resourcefulness of Dr. René Caissie, a maxillofacial surgeon from Sacré-Cœur, CCM's elite hockey equipment plant in Saint-Jean-sur-Richelieu has developed a prototype of a hood that is 10 times more effective than the famous N95 masks in protecting healthcare personnel. Another company, Industrie Orkan in Saint-Hubert, was called in to help create the air treatment system for this protective mask.



Dr. Caissie has a 2-year-old son who has lung problems. Because he does mouth surgeries and facial reconstructions, he gets more exposure to viruses and bacteria from his patients. He was not able to help his colleagues during the COVID-19 pandemic, so he decided to find another way to put his expertise and handyman skills to use. After testing at Sacré-Cœur and taking steps in April 2020, CCM got the green light from health authorities to begin production.

And that was just the beginning of a journey that led to the manufacture of custom masks designed using 3D printers, which "build" an object with small jets of synthetic materials from a computer file. These masks are reusable and sterilizable. All that is required is to change an easily accessible and inexpensive filter.

In addition, Dr. Caissie, with the collaboration of two Quebec companies, the National Research Council of Canada (NRC) and his own laboratory, Dorma Filtration, developed in June 2020 a generic reusable "N95" mask, equivalent to the disposable one used by healthcare workers. A consumer mask, in fact.

An international survey conducted by two members of the Sacré-Cœur research team

The Montreal Centre for Behavioural Medicine (MCBM), in partnership with a team of over 200 researchers from more than 25 countries globally, is seeking to understand the experiences of people from around the world since the beginning of the COVID-19 pandemic.

Two members of the research team from the Centre de recherche de l'Hôpital du Sacré-Cœur-de-Montréal, Kim Lavoie, PhD and Simon Bacon, PhD, co-directors of the MCBM in Canada, are providing scientific leadership for this study. A new questionnaire is shared monthly.

This study helps to see how COVID-19 affects people around the world. It also helps to understand people's opinions on the actions and measures of various governments. So far, more than 75,000 people from 190 countries have responded.

The results will be available at www.mbmc-cmcm.ca/covid19

Sacré-Cœur participates in the Biobanque québécoise de la COVID-19

In the wake of initiatives put forward to find a solution to the pandemic, the Fonds de recherche du Québec and Génome Québec mandated, in March 2020, a group of researchers to set up the Biobanque québécoise de la COVID-19 (BQC19).

This large vault is filled with valuable samples and high-quality data from individuals infected with COVID-19, or as it is known in scientific language, SARS-CoV-2.

The Sacré-Cœur Hospital is very involved in this research project. Its director of research, education and innovation, Daniel Sinnett, is one of the 20 members of the BQC19 governance committee.

Our Foundation has contributed \$30,000 to the funding that will allow Dr. Nicolas Gauthier, clinical biochemist and head of the Biochemistry Department at the CIUSSS NÎM as well as principal investigator for this project, to take part in this important research project and thus enrich this provincial biobank.

"I am the principal investigator for the Sacré-Cœur branch. I am participating in collaboration with Dr. Christine Arsenault, my colleague in microbiology, and Dr. Alexandros Cavayas, internist. It takes a concerted effort from many areas to collect tissue and then share it with each other. The good news is that it opens a window for Sacré-Cœur researchers if they want to obtain samples or specimens from the biobank. It gives them privileged access to it. It's for the common good," said Dr. Gauthier.



"Usually, a project like this takes years of planning, and funding is attached. The ethics committees and all the documentation have been done. Here, we were in an emergency context with the pandemic. The project was launched very quickly, before everything was finalized. It's nice to have the support of the Hospital Foundation, which believes in research and new projects. My goal is to continue to participate in research, of course. This was just an opportunity for me to get my foot in the door. COVID allowed me to meet other researchers, many of the physician researchers on the floors, to talk about projects in which it would be relevant for the laboratory to be involved," he concluded.



Faithful partners and friends, always there

Despite the cancellation of our Lobster and Beef Festival and our golf tournament in 2020, some partners and participants have maintained their support to the Foundation by transforming their participation into a donation. Our heartfelt thanks go out to them.

RBC Royal Bank is one of these generous companies and individuals. The financial institution wanted to show its precious support to our guardian angels of health by maintaining its contribution of \$25,000, even though the 2020 golf tournament was cancelled. It is because of generous gestures like these that we were able to have a few events to raise donations!

"2020 will have been an unprecedented year where the lives of many of us were turned upside down. More than ever, we realized that health is the most precious thing in the world. This pandemic has also made us aware of the dedication and incredible work of healthcare professionals. As usual, the Foundation was creative and provided us with different and, most importantly, fun virtual events."

> Nathalie Paré, Regional Vice President, Corporate Financial Services, Quebec Division at RBC Royal Bank

Overview of

August 19 & September 9

The return of concerts at Albert-Prévost!

With the musical animation program interrupted for several months, hospitalized patients and the care teams of the Albert-Prévost Mental Health Hospital finally had the pleasure of attending an outdoor concert. Since last March, the concerts that are usually presented on the care units twice a week have been cancelled.

In a somewhat different formula from the usual concerts, a duo composed of a harpist and a cellist from the Société pour les arts en milieu de santé (SAMS) presented a classical repertoire for a little over an hour on the back terrace of Albert-Prévost.



2020's key events

January 16

The Montreal Auto Show Charity Preview

This event was the only one held in person and in its usual format in 2020. The organizers of the event, the Montreal Automobile Dealers Corporation and the Palais des congrès de Montréal, presented an impressive cheque for \$908,700 to six hospital foundations in the Greater Montreal area, including our own. Imagine, 5,000 people were able to attend this VIP event, one of the most popular in Montreal.

RBC

Our Foundation and those of the Heart Institute, Pierre-Boucher Hospital, Cité de la Santé, Montreal Geriatric Institute and Santa Cabrini shared the money raised in proportion to the number of tickets sold. We received a cheque for \$173,424.28 for our participation in this event.



President and CEO, Paul Bergeron, accompanied by Foundation spokesperson, Penelope McQuade.

September 3

A virtual wine tasting evening

The Wine Tasting Evening presented by RBC Royal Bank for the benefit of the Foundation was held in a virtual format and raised \$49,000. The theme, Drink Italy, Taste Quebec, allowed the hundred or so participants to savour high-quality products.

"We would like to highlight the exceptional commitment of RBC Royal Bank, which has agreed to support our fundraising



For a third consecutive year, participants had the pleasure of hearing the advice of sommelier Elyse Lambert. This program of musical entertainment was made possible by the exceptional commitment of the Jacques L'Écuyer family. Thank you to these donors and to all the people involved in this unique and unifying initiative: The music students and management of Cégep Saint-Laurent, the CIUSSS NÎM, the SAMS and the managers of the Albert-Prévost Mental Health Hospital.



For the second concert, a duo composed of a guitarist and singer, Carlos Placeres, and a pianist, Yoël Diaz, warmed up the atmosphere with their Cuban tunes.

events, including this one, even though the formula has been somewhat modified due to the context," said Paul Bergeron, President and CEO of the Foundation, and Réjean Berthiaume, President of the organizing committee.



A somewhat different 12th edition of the Sacré-Cœur travel lotterv

The Sacré-Cœur and Albert-Prévost employee travel lottery was back with 50 prizes of \$2,000 to be won. For this 2020-2021 edition, 852 tickets were sold. The winners, in keeping with the current context, can choose between a CAA-Quebec Travel gift card or a cash prize of \$2,000.

This first draw on November 4 exceptionally produced ten winners. Thereafter, one lucky winner per week will be revealed, until June 2, 2021. The last draw will take place on June 9, 2021 with, once again, ten winners. This lottery is a way for employees to participate in the Foundation's ongoing fundraising campaign. This year, \$193,880 was raised through this collective effort.



Overview of

November 20

An online auction just in time for Christmas

It was the beginning of our online auction with the theme Miser sur un lot, c'est miser sur la santé (Bet on a Lot, Bet on Health). About sixty lots for all tastes were put up for auction and found takers. It was an opportunity to get your hands on a gift to end 2020 in style, while making a gesture of solidarity towards our caring experts. Proceeds from the auction were used to support COVID-19 initiatives and research, and will eventually be used to redesign spaces to better protect staff and patients.

> Proceeds from this auction were added to the financial balance sheet of the Gala des Émilie



December 3

COVID-19 conference: Research Strikes Back!

At the heart of the health network, researchers have done and are doing impressive work to help healthcare teams get through and defeat the pandemic. To see the full extent of their discoveries, the general public was invited to a free virtual conference hosted by the Foundation's volunteer spokesperson, Pénélope McQuade.

During this conference, the host interviewed two Sacré-Cœur intensive care physicians, Dr. Patrick Bellemare and Dr. Francis Bernard. They shared what they learned from the first wave of COVID-19, how they innovated despite the constraints and how they are preparing for the future through research.

For her part, researcher Kim Lavoie came to talk about the iCARE study. Researchers surveyed people around the world to find out if health measures have really changed behaviours. She shared some of the most interesting findings on this topic.

2020's key events

December 5

A Gala des Émilie to recognize our caring experts!

More than 1,000 people were able to attend a beautiful tribute to the healthcare heroes, the caring experts of Sacré-Cœur and Albert-Prévost, from the comfort of their homes.

This virtual fundraising event, hosted by the Foundation's spokesperson, Pénélope McQuade, in the Yoop space at Place des Arts, and the online auction that closed the next day, raised \$303,650. A great success considering the difficult context.

Back by popular demand for a second year in a row, Dr. Judy Morris, an emergency physician since 2007 at Sacré-Cœur, performed a rock number with Glam, the evening's band. Three other artists entertained participants, comfortably seated in their living rooms: Florence K, Ludovick Bourgeois and Rachid Badouri.









Dr. Judy Morris, emergency physician at Sacré-Cœur.



Florence K



Rachid Badour



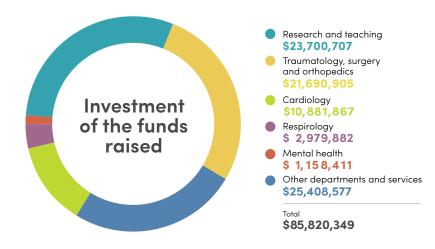
Ludovic Bourgeois

2020 | THE RESULT OF A COLLECTIVE EFFORT

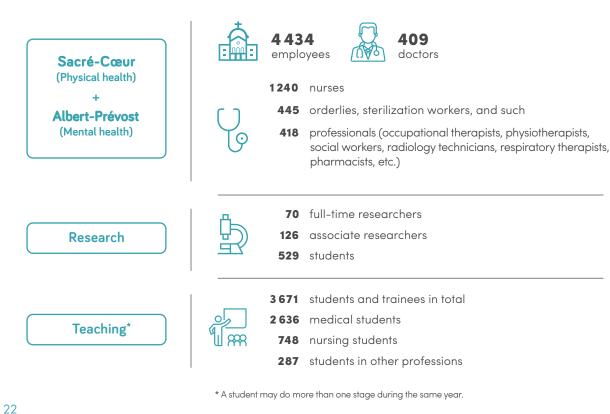
Nearly \$86 million since 1976

Since its creation in 1976, the Foundation has donated \$85.8 million to the Hospital. This amount has been used to carry out various projects and to purchase equipment in various sectors in order to improve patient care and comfort. It has also helped support the university research and teaching mission, which gives Sacré-Cœur its distinctive character. Here are some examples of projects supported by our Foundation: Participation in the construction of the Integrated Trauma Centre and the Mother-Child Unit • Purchase of a PET-CT (5 rings) for the Nuclear Medicine Department • Acquisition of a tomosynthesis machine for the Radiology Department • Acquisition of a new generation surgical robot • Purchase of small equipment for the care units • Investments to support research teams and the Biobanque québécoise de la COVID-19 • Purchase of simulation software for medical education.

Several major investments are planned over the next two years and many other projects to transform and advance care are currently in the works. This is how you can transform lives by making a donation!



Some interesting figures and statistics:





Danny Berthelet President Gestion JB

Committed to transforming care

The Foundation's Board of Directors is made up of a group of volunteer men and women who are committed to raising the funds necessary for the Foundation's projects and fundraising success. As of December 31, 2020, the Board is composed of:

BOARD MEMBERS | 2020



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Secretary

Réjean Berthiau Conseiller en ingénierie

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Daniel Sinnett, PhD Director of Research. Teaching and Innovation CIUSSS NÎM



Louis Morin President Busrel



Dr. Caroline Samsor Radiologist, Montréal Sacré-Coeur Hospital and CMDP representative CIUSSS NÎM



Charles Taite Director Pointe-Picard Capital

At the end of 2020, the Foundation's team welcomed a new member, Danny Berthelet, a well-known name in the food and entrepreneurial community. As a manager and director, Mr. Berthelet has over 30 years of experience in the consumer goods industry. He is a dynamic builder who has successfully developed his business acumen and management skills in various companies such as Solotech, Société des Alcools du Québec, Techcraft, Best Brands and Molson Breweries. He was also President and Director of the family business, Produits Alimentaires Berthelet Inc. With the arrival on our Board of Directors of someone who is a natural communicator and skilled at bringing people together, his expertise will certainly help our Foundation move forward in the coming years. Welcome to the family!

2020 | A UNITED TEAM

A whole team to participate in the transformation

A team of experts in their field allows the Foundation to organize several events each year, to put forward numerous projects and fundraising initiatives, to support the members of the Board of Directors in soliciting their network and to respond to donors.



Paul Bergeron

President and Chie

Executive Officer

Nadine Leroux

Senior Director of

Marketing and

Communications



Violette Brisson Clerk, Administrative support

Jamel Ouarti

Director of Finance,

Administration and Human

Resources

Marie Grenon ive Director of Communications

Isabelle Rondeau

Supervisor of Data

management



Katia Landucci Publicity and promotion Advisor

Brigitte Lemieux Assistant to the Chief Executive Officerl



M^e Marie-Claude Tellier Director of Major and Planned Donations

Tania Trottier-Pérusse

Our big-hearted volunteers



There are usually close to 25 dedicated and experienced volunteers who support the Foundation's permanent staff whether it's to perform clerical tasks, help out at the events we organize, or sell tickets. This year, the number of events and the sanitary measures to be respected have deprived us of the help of several volunteers.

Together, in 2019, they had volunteered over 860 hours, which is the equivalent of one part-time employee for the entire year. In 2020, this number went down to 465 hours, but the valuable help allowed us to continue our canvassing and communication with our donors.

Thank you to these generous people!

Jean-François Carignan Marcel Caya Diane de Grosbois Daniel Gingras Manon Gohier John Hay

Jocelyne Leroux Suzy Rondeau

Of course, this does not include the hundreds of hours of volunteer work accomplished through the Collaboration 3D initiative, by the volunteers of the Montréal Sacré-Cœur Hospital and by all the people who sent protective equipment and food to our healthcare workers.

A way to say thank you and to get involved as a volunteer!

Richard Bourdages is a very active professional. His way to relax and unwind is to do outdoor activities. On October 5, 2019, while driving his motorcycle, he had no idea that his life would be turned upside down. Mr. Bourdages was driving north of Joliette. All it took was a wrong move due to damaged pavement for him to be thrown from the vehicle onto the side of the road.

His condition was so serious that he was transported to the trauma unit at Sacré-Cœur Hospital. "Dr. Étienne Bourassa-Moreau, an orthopedic surgeon, performed a delicate surgical procedure on my spine, which not only saved my life, but also prevented me from being paralyzed," said Mr. Bourdages.

Employees who give a valuable hand to the Foundation

The Foundation can count on some 20 dedicated employees and managers from Sacré-Cœur and Albert-Prévost, our ambassadors. These people give their time to sell tickets for the Sacré Cœur travel lottery, a lottery organized for staff members for the past 12 years. These ambassadors are always willing to help us promote the Foundation to employees. This is very much appreciated during the pandemic as access to units and workplaces was restricted. Here are their names:

Sonia Boudreault Sébastien Charron Brigitte Cléroux Anne-Laure Corroy Marie-Pierre Desbiens Manon Dery Jodelle Étienne Julie Frappier Jean-Philippe Gauthier Claudine Girard Marie-Hélène Kyriakakis Nathalie Lachance

A collection of over 300 works of art

To reach the Hospital's two new wings, our modular units as they are called, patients and staff must walk down long white corridors. To brighten up this environment, the Foundation's Visual Arts Committee installed 24 works of art on the two floors of this new sector in 2020.

These works were donated to us thanks to the generosity of two of our great accomplices since the beginning of the collection, the Art for Healing Foundation and the family of Sylvie Cataford and Simon Blais. As with the majority of the works in the collection, those recently installed were created on paper using various techniques. They are signed by renowned Quebec artists such as Jacques Hurtubise, Alfred Pellan, Richard Lacroix and Louis Comtois.

Thanks to the initiators of this project, **Dr. Jean-Luc Malo** and **Earl Pinchuk** from the Art for Healing Foundation, as well as all the members of the committee who select and evaluate the relevance of the works and the staff members who hang them on the walls of Sacré-Cœur and Albert-Prévost and see to their conservation.

DONATE YOUR TIME | 2020

Highly appreciative of the fabulous work done by Dr. Bourassa-Moreau and the entire team, Richard Bourdages decided to do his part and began his fundraising in 2020. He has raised over \$3,300.



Richard Bourdages

His commitment is to solicit his professional entourage through a campaign hosted on the Foundation's website. "I decided to give back by volunteering with the Foundation for all the caregivers and others who, like me, may one day need the trauma services at Sacré-Cœur Hospital," said Mr. Bourdages.

6

Patrick Lajoie Nathalie Leblanc Sophie Maillé Alain Morneau Jessika Morrissette Caroline Riopel Manon Robidoux Isabelle Rondeau Julie Roy Lucie Roy Alicia Souto Nathalie Yegarian

The Foundation's collection, created in 2012, currently includes more than 300 works of art hanging on the walls of various wings of the Montréal Sacré-Cœur Hospital and the Albert Prévost Mental Health Hospital. These works are all donated to the Foundation.



Dr. Jean-Luc Malo

The committee is composed of three volunteers: Yvon Martin, member of the Board, Éric Devlin, a well-known Montréal gallery owner, and Dr. Jean-Luc Malo, a retired Sacré-Cœur physician and art lover. These two dedicated individuals are joined by Paul Bergeron and Marie-Claude Tellier, from the Foundation, as well as Josée-Michelle Simard and Kostadina Linardakis, from CIUSSS NÎM.

2020 SPECIAL THANKS TO OUR DONORS

Your gift transforms lives!

The Foundation would like to acknowledge the generosity of individuals, businesses, organizations and partners who made a gift in 2020. Based on available information and in accordance with the new recognition policy in place, this list identifies donors who contributed between January 1 and December 31, 2020 in the amount of \$1,000 or more for individuals, families and private foundations, and \$5,000 or more for corporations, public foundations and other organizations.

Individuals and families

Abrakian, Sarkis Alcaraz Robinson, Stéphanie Allard, Michel Arès, Raymond Assselin, Mariette Atlan, Patrick Aubin, Guy Baliki, Maria Bédard, Monique Bégin, Pierrette Bellemare, Maurice Benoit, Claire Berrys, Heinz B. Benoit, Gilles Berthiaume, Réjean Blais, Simon Bourgeois, Michel Brazeau, Pierre Broggi, Fulvia Cadieux, Lisette Cantin, Serge Cataford, Sylvie Chalifoux, André Champagne, Daniel Charron, Louise Chaussé, Pierre Chiara, Vincent Costa, Remo Côté, Michel S. Courville, Marie-France Cyr, J. V. Raymond de Grandpré, Jean-François Desjardins, Rolande Dufault, Andrée Dupriez, Bernard Erard, Yves Esposito, Peter Exame, Sabala Fagnani, Antonella Famille Claude Lefebvre Famille Jacques L'Écuyer Famille Roberta & Charles Taite Famille Shefteshy Farrell, Stephen & Colette Gaudreault, Paul-Claude Gauvin, Mira Georgitsos, Joanna

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Monthly donations that make a difference

The Foundation would also like to recognize donors who have enrolled in our monthly giving and payroll deduction programs before the end of 2020. These programs provide a predictable source of revenue that allows the Foundation to effectively plan its work knowing that funds are available to purchase new equipment, support research teams, and acquire technology and software that will help to properly educate our future healthcare professionals.

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A long and beautiful story!

The Foundation decided to create the Loyal Donors Circle to highlight the commitment of people who have supported us for many years in recognition of the excellent care they received for themselves or their loved ones, or because they have an employment relationship or an attachment to the Hospital. Generous and humble by nature, these donors often prefer to remain low key and out of the spotlight after all these years. The creation of this circle allows us to thank them for this long and beautiful history with Sacré-Cœur.

Here are the names of those who celebrated in 2020 their 20th, 25th or 30th anniversary of their first gift:



Aubry, Lyne Aubry, Micheline Binette, Lucette BMO Banque de Montréal Bourgeois, Roger E. Charron, Jean Chevalier, Pierrette Congrégation des Petites Filles de Saint-Joseph Daoust, Raoul MD Énergir Gagnon, Sylvain MD Gaudette-Girard, Ginette Gingras, Suzanne Kossak, Berthe L'Heureux, Chantal Lamarche Venne, Diane Langlois, Roger Larose, Gisèle Leclerc, Madeleine Legault, Bernard Lévesque, Céline Leviton Canada Massicotte, Francine Massie, Mario-Olivier Meloche, Pierre Miron, Rita Mirvica, Madeleine Moore, Gisèle Noël, Robert Paré, Manon Pharmascience **RBC Banque Royale** Rondeau, Isabelle Saucier, Josée Théberge, Francine

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THE LOYAL DONORS CIRCLE | 2020

Andrade, Antonio Archambault, Ghislaine Audet, Pierrette Bégin, Diane Bélanger, Roland Bisson, Jacques Boudreau, Gilles Boudreault, lean-Yves Cadotte, Edouard Caron, Edgar Chamberland, Lise Charbonneau, Paul Charland, Yves Cinelli, Pasaualino Cook, William | Dandurand, Léon de Foy, Marie-Ève Desbiens, Marie-Pierre Desjardins Sarraillon, Gisèle Desmarais, Sylvie Dodin, Marie-Rose Doyon, Augustine Dubois , Lucille Dunberry, Lucie Farley Gagnon, Micheline Gentil, Edmond-Paul Girard, Jean-Yves Guimond, Henri Hin. Bun Han Hong, Tong Phuoc Labrecque, Pierre Laflèche Caron, Lise Laurence, Richard Miller Thomson SENCRL Moniz, Myriam Montagudo, Francisco Morin, Michel Pigeon, Lise Plante, Jean-Pierre Rondeau, Gaétane Tardif, Danièle Trudel, Lucie Wadieh, Yvette



Blouin, Lynda Cox. Norman C. Croisetière, Suzanne Dagenais, Yvon De Wever, Marc Déry, Fernand Desfossés, Louis-Jacques Desjardins, Françoise Desjardins, Lucille Dion, Jean-Jacques Drouin, Gilles Dubuc, André Dubuc, Gisèle Duclos, Nicole Dusseault, Jean-Paul Haineault, Gilles Huo, Li Sheung Jarry, Pierre Julien, Philippe Kabarikian, Georges Kanelopoulos, Zacharoula Lajoie, Léo Laperrière, Marie Lebel, Alain MD Lecourt, Gérard Lehoux, Madeleine Liao, Siutte Yink Lussier, Patrice McGuire, Gilles Ouimet, Robert Paquette, Normand Patenaude, Josée Regulvar Rochon, Pierre Roussel, Denise Roussel, Guy Roy Pellan, Micheline Samson, Caroline MD Sénécal-Tremblay, François Tom, Rosanne Tremblay-Iolicœur, Claudine MD Trudel, Léon Van Den Abeele, Rachel Vander Elst, Francine

2020 VALUABLE PARTNERS

Thank you to the loyal partners and collaborators of our events!



As part of a partnership agreement signed in 2020, Philips Lifeline has committed to donating \$5 per month to the Foundation for each subscriber enrolled in the Lifeline medical alert service. The service provides immediate assistance at the touch of a button on the Lifeline Medical Alert handheld device at any time, even if the user cannot speak.

"Philips Lifeline is proud to partner with the Montréal Sacré-Coeur Hospital Foundation to help the Hospital provide state-of-the-art services to improve the quality of care for thousands in the community. Lifeline can benefit patients by reducing hospitalizations, length of hospital stays and emergency room visits through early intervention. The patient is at the heart of everything we do, making it a partnership that makes sense," said Philips Lifeline Canada's Chief Executive Officer, David Doyle.

The pandemic requires unplanned construction of two modular units

While waiting for the large projects of the Foundation's major campaign to become a reality, including the creation of an integrated renal support centre and a cancer centre, innovation was required to quickly compensate for the outdated premises, which made it difficult to continue regular activities in the context of the pandemic. Since November 2020, the Montréal Sacré-Cœur Hospital has been able to count on new modular units, freshly built and in record time. The new nephrology-gastrology, cardiology, pneumology and neurology units can accommodate up to 96 new beds in single rooms for short stays.

Work on the modular units, valued at nearly \$45 million, was officially launched in early June. In the plans, particular attention was paid to certain details. For example, medical gases are built into the wall rather than having tanks in circulation on the floor.

A state-of-the-art integrated trauma center and mother-child unit



A little more than three years after the official groundbreaking on Dec. 15, 2017, construction on the new Integrated Trauma Centre (ITC), Intensive Care Unit, Mother-Child Unit and Endoscopy Unit above the Sacré-Coeur Hospital Emergency Department is nearly complete. The first patients are expected to be welcomed into the new facility by the end of 2021.

After an unexpected and prolonged break on the site between March and May 2020, work resumed on May 11 following a rapid adaptation of the site to meet public health protection measures.

As a reminder, the Foundation contributed \$12.4 million to this \$155 million project, thanks to the generous donors of the ITC and the new Mother-Child Unit. Unique in Canada. the ITC will be a place that will promote teamwork in the critical care and trauma sector and will respond to the three academic mandates of Sacré-Cœur Hospital: Clinical (care), research and teaching.

A MAJOR TRANSFORMATION 2020

As for the new Mother-Child Unit, it will be well adapted to receive the expectant mothers. There are more than 2,000 childbirths annually in our Hospital. This Unit will bring together more than 170 health professionals specialized in perinatal care and 26 individual birth rooms will be available.



The Foundation's raison d'être

Founded in 1976 by the Sisters of Providence, the Montreal Sacré-Cœur Hospital Foundation has as its mission to help the extended Sacré-Cœur and Albert-Prévost team **constantly improve** the care, treatment and environment of patients, while supporting the research and teaching activity of this university hospital. In addition to furthering this mission, the Foundation's team, directors, volunteers and partners place great importance on sharing these **values and attributes**:

- > compassion > meticulousness
- > creativity > thoughtfulnes
- > collaboration
- > respect
- > thoughtfulness and generosity
- transparency and integrity



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