

Francine **Sylvie** Hazim **Fristan** Adrien el Jacques Irma Mia Carmine Valérie Ri

2019 Activity Report

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<u>CIUSSS NÎM (Centre intégré universitaire de santé et de services</u> <u>sociaux du Nord-de-l'Île-de-Montréal)</u>: Integrated University Health and Social Services Centre

Messages from the Directors

Together to transform lives

"In May 2019, we bid farewell to the last representative of the Congregation of the Sisters of Providence sitting on our board of directors, Sister Claire Houde. We found it important on this occasion to **draw attention to the immense contribution of this religious community**, as the Sisters of Providence were at the very origin of the Foundation and of the founding of Montreal Sacré-Cœur Hospital. The Sisters of Providence are forever intertwined with Sacré-Cœur and continue, through their donations, to support the hospital's various projects.



Bernard Pitre Chairman of the board

Paul Bergeron President and Chief Executive Officer

The year 2019 saw us secure an even more substantial engagement from the business community during our major fundraising campaign named *It all starts with your signature*. We invite you to sift through this activity report to discover these gestures of generosity. We wish to maintain this wonderful momentum in the coming years. To all our donors, thank you for answering the call to help us transform lives and for giving us the energy we need to continue our efforts. Finally, in 2019, we decided, with equal parts pride and humility, to do our part to **safeguard the environment**. We have integrated green plans into our fundraising events, such as the Lobster and Beef Festival and the Gala des Émilie. These green plans will help us take concrete actions to encourage good practices, such as sending surplus food from our events to La Tablée des Chefs and reducing promotional materials that cannot be reused. This is a modest beginning, but it points the way toward the types of initiatives we wish to encourage. Together, we are working toward a healthier world. Rest assured that our business volunteers, Board directors and members of the Foundation team are showing creativity in adapting to the many changes we are experiencing. The COVID-19 crisis will usher in new challenges we are ready to face with you. Our response will always seek to meet the needs of Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital, with the ultimate goal of improving health care and transforming lives."

Innovating to create a healthy world

"In 2019, we made great strides in taking ownership of our new facilities, which deployed its new wings above the emergency department. These modern, cutting-edge units will **breathe new life into Montreal Sacré-Cœur Hospital**. Though access for patients has been postponed by one year, our trauma and intensive care teams as well as those from the Mother-Child Unit and the Endoscopy Service are hard at work to ensure the transition to the new building in Spring 2021 goes smoothly.

I won't hide the fact that the goal of the new Integrated Trauma Centre, which brings together under one roof clinical, teaching and research facilities, is to foster innovation. Aside from this physical grouping of resources, the new wings will pave the way for **numerous promising projects in information technology**, health care techniques and project management, for each of the departments that will move there. A few examples:

- A system for the management of secondary alarms will enable the escalation of clinical monitoring alarms in the Intensive Care Unit. Thus, if there is no prompt response to an alarm, the signal will be transferred to the smart device worn by the patient's attending nurse as a secondary alarm. The aim is to reduce the risk of incidents resulting from delayed response.
- A geolocation application will be used in the new building to pinpoint the location of equipment, within roughly five metres. The system will help clinicians save time.

So many other applications could potentially be introduced for use by medical staff and patients.

As we make our way through the current COVID-19 crisis, we hope for better days ahead for our great university hospital. The past year has allowed us to prepare for these **many challenges** to come with care and thoughtfulness!"

Frédéric

Frédéric Abergel Chief Executive Officer, CIUSSS NÎM

A milestone anniversary for Pénélope McQuade

Our spokesperson, Pénélope McQuade, has been supportive throughout 2019, particularly as regards our *It all starts with your signature* major fundraising campaign. Hers is an active media presence, and she knows how to emphasize the expertise and compassion of the Sacré-Cœur and Albert-Prévost teams. Thank you, Pénélope, for collaborating with us since 2015 to improve our health care services. You may not be aware of this, but 2019 marked the 10-year anniversary of a road accident that took her on an amazing personal journey, along which she met devoted and impressive health care teams, notably the team from Montreal Sacré-Cœur Hospital's trauma program, where she began her rehabilitative journey.

"It's hard to believe it's already been 10 years. Even now, a week doesn't go by without someone mentioning the accident. That's quite something. There has definitely been a *before* and an *after*. My time in the health care system made me aware of the challenges it faces, and that led to my becoming the Foundation's spokesperson. My involvement has brought added purpose to my career, in that I can leverage my celebrity to speak about the health sector and to work on its behalf to improve conditions for health care workers and patients alike. This has made my life better. Because I was hospitalized there in 2009 and because I heard your positive comments about the nursing staff and doctors, I can tell you that there are some exceptional people indeed at Sacré-Cœur. These caring experts need to work in conditions conducive to patient recovery; above all, they need to be confident that they can give you the best of themselves. As for the rest of us, we may not save lives on a daily basis, but together we can transform thousands of lives by participating in the Foundation's fundraising activities and by contributing to the It all starts with your signature major campaign, regardless of the size of the donation."

Pénélope

Despite a hectic schedule, **Pénélope McQuade** is delighted to host our Gala des Émilie each year. The year 2019 was no exception.

It all starts with your signature

major campaign

The campaign is an important initiative of mobilization and support aimed at transforming the lives of David, Lucie, Sam, Amir, Maria and thousands of other patients, and those of the members of the health care teams. Sacré-Cœur Hospital will be a century-old institution in six years. For its part, Albert-Prévost Mental Health Hospital, long referred to as the Albert-Prévost Pavilion, celebrated its centenary in 2019. For these two imposing buildings that have weathered many seasons and show it, challenges abound.

The major campaign's mission is to **rapidly transform several sectors** of Montreal Sacré-Cœur Hospital and Albert-Prévost Mental Health Hospital.

The Foundation, together with the Hospital's physicians and directors, has set its sights on six projects.

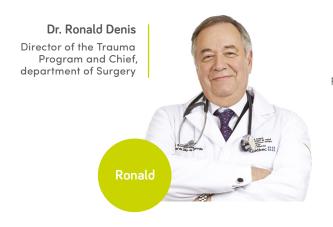
These projects target sectors of the Hospital whose needs are growing, and patient health demands quick action and effective results.



In 2019, we were able to count on **many generous, mobilized, committed individuals** to play a part in this major movement: patients, Hospital staff and physicians, businesspeople, and everyday men and women, all of whom wish to play a part in transforming lives.

Taking action to transform the lives of their patients

The specialists and physicians at Sacré-Cœur and Albert-Prévost bear witness on a daily basis to the urgent need for the projects being funded by the *It all starts with your signature* campaign. Five physicians have agreed to be ambassadors in order to persuade their peers and others to join this worthwhile mobilization initiative whose aim is to transform the lives of thousands of patients.



More comfortable rooms and a rehabilitation satellite unit

"The project for the renovation of the Spinal Cord Injury Unit, already in progress, is important to us. Thanks to the Foundation, a person admitted to Sacré-Cœur as the result of a road accident and sustaining serious spinal injury with paralysis is now transferred to a **room that is more comfortable and better adapted** to his or her physical condition. **Room size has been doubled** and they contain the equipment needed to ensure the care of these victims of serious injury. Our hope for the not-too-distant future is that patients will also begin their physical rehabilitation at the Spinal Cord Injury Unit. This will be made possible by the integration within the Unit of a physiotherapy wing."



Dr. Christiane Bertelli

Chief, department of Adult Psychiatry and Medical Director of Mental health and addictions Program

An environment conducive to regaining a sense of balance

"The Mental Health Centre project is tremendously important for patients at grips with mental health issues and who struggle through difficult periods. This emotionally fragile clientele needs a **safe care environment** to regain its footing, and this is precisely what we want to provide them. Individual rooms could eliminate the need to manage delicate situations between patients, favour a better healing environment and enable better-targeted therapeutic interventions. A configuration based on the normal progress of a mental health patient would be salutary. **By bringing the emergency ward closer to the critical care unit** and by reconfiguring it, the quality of medical intervention and the safety of all would be improved. Healthcare professionals need adequate spaces and facilities in which to develop the new approaches that will improve mental health care services. We can't wait!"



Improved conditions for dialysis

"With the Integrated Renal Support Centre, we hope to provide the most advanced dialysis treatments and to give much more privacy to those patients who spend 10 to 15 hours a week at the hospital for their care. This relies first and foremost on an efficient, high-performance water filtration system. A new system will guarantee a better quality of water and a lower risk of equipment failure. This would result in uninterrupted, high-quality treatments. The expanded space will make it possible to group together all the services required by this type of patient, thus ensuring an environment better suited to their care. This project is our priority."

Easier access for outpatient consultations

"The Outpatient Clinics Pavilion is much anticipated by many of our specialists. The new spaces could be **used to house consultation rooms** for new physicians and specialists, and also welcome more patients. This would **reduce wait times**, something everyone would be thankful for. Another goal is to reduce travel within the Hospital for seniors and the mobility impaired, not to mention patients who need to undergo bariatric surgery, by grouping outpatient clinics in the same area, thus sparing them strenuous trips. Currently, we are unable to provide all the services we would like in one same location. We want to give patients access to a range of services to help them in their recovery and in their weight maintenance efforts."



Dr. Stéphanie Raymond-Carrier

Associate Director, Professional Services, CIUSSS NÎM



Dr. Bernard Lespérance

Medical co-manager of the Cancer Care program

A more suitable space for cancer treatments

"The Cancer Care Centre will be a welcome addition for all our cancer patients and their loved ones. We will have the space needed so that these highly vulnerable patients can **be accompanied by their family members** during chemotherapy. This will be possible thanks to the new, better designed rooms. As well, **the Cancer Care Centre will be better adapted to more effectively** handle unforeseen developments related to a patient's illness or to the side effects of treatment, while avoiding as much as possible visits to the emergency ward. Finally, it will enable the implementation of an integrated approach to cancer care that, while proven, has not been implemented due to space constraints. For all these reasons, this project means so much to us. We want patients who receive treatment to benefit from best practices and from an environment conducive to quality care."

Big businesses and private foundations engaged in the transformation

The success of our *It all starts with your signature* major fundraising campaign depends on the participation of individuals, groups, and, naturally, that of businesses and private foundations. In 2019, Ingenia Technologies, BMO Financial Group, TFI International and CIBC **committed to contributing to our campaign on horizons ranging from two to five years**.

A total commitment of \$1,160,000









As well, the Fondation du Groupe Maurice and the Fondation Émilie-Tavernier have contributed **specifically to our Integrated Renal Support Centre**, one of the six projects seeking funding through our major campaign.

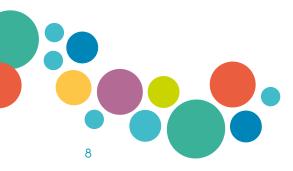
A \$60,000 contribution



FONDATION ÉMILIE-TAVERNIER

We also wish to thank...

all the individuals, employees, physicians, businesses and foundations who have participated in our campaign since it began, regardless of the size of their donations. To date, **almost \$6.6 million have been raised**. To you, we extend a million thanks for having answered the call to transform lives together with us!



Claude Gagnon's dream for Sacré-Cœur

Back when his career was on the rise and he was in his prime, **Claude Gagnon was very closely impacted by illness**: his wife Hélène was diagnosed with breast cancer at age 39. There followed a 20-year remission before **the cancer returned with a vengeance**. It was under these sad circumstances that the couple came to be acquainted with Montreal Sacré-Cœur Hospital's caregiving staff.

Sacré-Coeur is a **highly regarded hospital** with a team of caring and compassionate experts. Based on his experiences of his wife's surgery and chemotherapy treatments, and numerous meetings with specialists, Mr. Gagnon grew to appreciate the devotion of all the staff. All these years later, he still remembers the names of the physicians who so ably accompanied his wife. Hélène Labelle passed way in 2016 in a hospice, exhausted by the second bout of cancer and the subsequent treatments.

Needless to say that the tie that binds Claude Gagnon to Sacré-Cœur remains strong to this day.

And so, when he was approached to sit on the Foundation's board of directors and **to lend his support to the Cancer Care Centre project**, the management executive accepted the proposal—especially as cancer continues to permeate his thoughts: his wife transmitted the cancer gene to their daughters, one of whom underwent a full mastectomy while the other is being closely monitored. Mr. Gagnon admits he is also worried about his 13 grandchildren.

"Sacré-Cœur Hospital is well respected. But it's an old building in need of tender loving care. **My big dream for Sacré-Cœur is to see it become modern**," explains Mr. Gagnon. He doesn't see it as a matter of his employer committing to supporting a hospital, or any other cause, but rather as a case of himself as top executive doing so, based on his values and personal experience. "As president of operations for BMO Financial Group, Quebec, I have a role and duties. I'm in this position for a few years, and it affords an opportunity to use the power entrusted to me to help bring about lasting change," he adds.

A corporate donation is often rooted in an emotional connection for one of the organization's members, and this is the case for this seasoned director, philanthropist and finance leader.



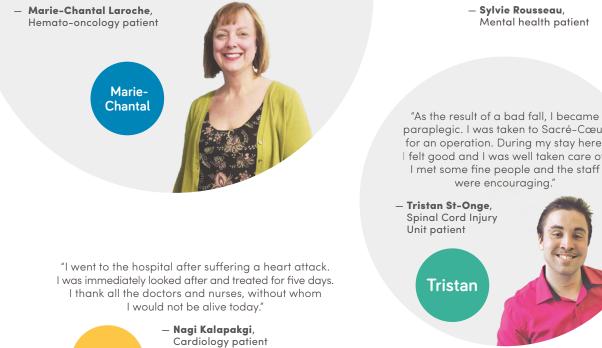
Claude Gagnon President, Operations, BMO Financial Group, Québec

Claude

Sacré-Cœur and Albert-Prévost transform the lives of numerous patients, day after day

Thanks to their expertise and compassion, the medical teams perform genuine miracles on a daily basis. Many patients like to express their gratitude by including a kind word with their donation or by agreeing to provide a testimonial that expresses their appreciation and endearment toward the staff, physicians and specialists. Here are some patients from various sectors who were eager to share their story with us.

"Chemotherapy, a complete mastectomy of the right breast, and radiotherapy occurred in succession following a stage 3 (advanced) breast cancer diagnosis. The disease changed my life and that of my loved ones. After losing my breast, my hair, my job, and coming so close to losing my life, I slowly began resurfacing thanks to good care, support, resilience and determination."





"The staff at Albert-Prévost are great. These people are where they are meant to be. You can tell they care. They do their best, sometimes with limited means. There is hope, and the fact that I'm here today is proof."

Mental health patient

paraplegic. I was taken to Sacré-Cœur for an operation. During my stay here, I felt good and I was well taken care of. I met some fine people and the staff

Nagi

"I underwent bariatric surgery and it really changed my life. The operation prolonged my life by 10 to 15 years!"

Céline

Céline Pinard,
 Endocrinology and
 bariatric patient

"It's incredible! They saved my life! At no point did I think I might not survive this bout of bone cancer. They work together in such a coordinated fashion and with

so much professionalism that all my fear vanished."

Suzanne Lacroix, Hemato-oncology

patient

Suzanne

"When I learned I needed dialysis, I thought my life was over at 60. The team managed to transform my dialysis treatments, which are not pleasant experiences, into pleasant occasions. During those treatments, I was visiting with my second family!"



"The Sacré-Cœur specialists who welcome you for outpatient consultations want to help you—to the point that they get personally involved a bit more than you might imagine in some situations. What impresses me is not only the quality of the doctors, but that of the nursing staff as well."

> - **Denis Morisset**, Clinic outpatient



"I was operated on in Africa following an accident while I was there. There were some post-operative complications. I was taken to Sacré-Cœur. I spent two and a half months in the Spinal Cord Injury Unit, where I met doctors and medical staff who were highly skilled, and also fine human beings. I am very grateful for everything they did for me."

Charles Déry,
 Spinal Cord Injury Unit patient

"I thought I'd never walk again. I was taken to Sacré-Cœur after a serious motorcycle accident. The trauma team is exceptional. They perform miracles! They not only saved my life, but prevented paralysis thanks to a delicate spinal surgery. The whole team did some amazing work!"



THANK YOU to the staff of Sacré-Cœur and Albert-Prévost who supported their Hospital's Foundation throughout the year through their donations, participation, commitment and time.

Together, we can do more

Jean-Philippe Gauthier has been in the employ of Sacré-Cœur Hospital since 2005. As he puts it, he has **Sacré-Cœur tattooed on his heart**. When he was young, his mother, Johanne Roy, a longtime, now-retired Hospital employee, would bring him to the workplace. Before he ever began working there, he was familiar not only with the premises, but also with faces and names. Jean-Philippe points out that he first worked in Housekeeping and Human Resources before becoming interim head of Medical Imaging.

He pursued management studies, followed by a series of varied work experiences that allowed him to learn numerous tasks and also make many acquaintances. This led to his becoming a **fine ambassador for our Foundation**. Known by just about everyone in the Hospital, he is one of our best lottery ticket sellers, particularly for those draws held for employees. Whenever he is asked to participate in one of our staff days, we can count on him to be there.

"I'm a field worker. In the beginning, I would attend certain Foundation events. Later, when I was asked if I wanted to help by being an ambassador, I didn't hesitate. This is my organization."

"To persuade my colleagues to do their part, I tell them that all the achievements we realize, the equipment we buy, the medical imaging machines we have, that all of that is made possible by the Foundation. It is necessary to participate in the Foundation's work in order to pass it forward. Employee or not, everyone needs to give, in order to benefit the entire community and, eventually, a family member or a loved one."

To those people who claim they are not wealthy enough to be making donations, he replies: "One dollar doesn't get you much nowadays, but all the dollars raised by the Foundation added together can accomplish much for the Hospital. And becoming involved through volunteer work is also a way of giving," Jean-Philippe adds with great conviction.



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Jean-Philippe Gauthier

Interim head of Medical Imaging Multidisciplinary Services Directorate, CIUSSS NÎM

Donating is within everyone's reach!

A manager for several years now, Renée Roy does not recall the precise date of her first donation, but does remember that she had been employed as a nurse at Sacré-Cœur Hospital for only two days and that it was Jacqueline Mainville who had approached her to discuss the importance of supporting the Foundation. She remembers how in those days, there were people who ran the social committee, greeting the managers and such, and that they had employees sign forms for donations to be regularly deducted from their paychecks. She says Ms. Mainville was quite convinced and convincing! The staff was quickly made aware of the importance of giving, even if it was just \$2 off their paycheck.

"People don't realize that with **a regular \$2 donation from their pay, they can make a difference**," Ms. Roy states. If the 3,600 employees of Sacré-Cœur were each to make a \$2 donation by automatic withdrawal from their pay, the considerable sum of \$187,200 would be raised by year's end, which can help fund a major project.

Ms. Roy has been donating without fail since 2005. She is very enthused about the projects spearheaded by the *It all starts with your signature* major campaign, particularly the Cancer Care Centre and the Integrated Renal Support Centre. She quickly signed up to participate in the campaign and to donate monthly for her two pet projects.

Renée Roy believes more employees need to mobilize to contribute to the Foundation's projects. They need to feel empowered to make a difference, and to stop thinking that only large corporations have the means to help. "It's important to address them directly and to tell them we need them—to help build this Cancer Care Centre, for instance."

Ms. Roy has been purchasing lottery tickets for several years. She sees the lottery as a fun fundraising activity. She encourages employees to participate first and foremost to support the Foundation and their organization. If they have a shot at winning a prize, then all the better! For this devoted employee, donating to the Foundation is a winning investment for all concerned.

Renée Roy Medical Coordinator Nursing Directorate, CIUSSS NÎM



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Our experts and their achievements

The teams at Sacré-Coeur and Albert-Prévost are known for their expertise, compassion, and dedication to their work. Here are some of their accomplishments in 2019.

Dr. Louis De Beaumont's studies, as interesting as ever

Still passionate about research on concussions in sports, Montreal Sacré-Cœur Hospital Research Centre's researcher, Dr. Louis De Beaumont, and his team launched, in September 2019, an **original project called Tête première ("Head First")**.

Through this study, the neuropsychologist aims **to assess the capacities of the brains of 38 football players** to withstand blows to the head over a full university football season. Data will be collected by telemetric sensors embedded in players' helmets and by medical imaging examinations. The research project, the only one of its kind in Canada, has garnered much media attention.

Dr. De Beaumont heads a laboratory whose areas of focus include the prognoses of brain injury victims and the return to consciousness of comatose patients. He continues to study his pet topic: concussions.

> Dr. Louis De Beaumont no longer needs an introduction.





Project OPUM, a major study

Researchers at Montreal Sacré-Cœur Hospital **have begun a major study** on the use of medication to relieve acute pain, a topic very much in the news of late and one that raises much concern.

Users of Sacré-Cœur's emergency ward who are released from hospital and who need to take such medication at home are invited to participate in this research project, named OPUM (for "Opioids for acute Pain and limit Unused Medication").

The CIUSSS research team that conceived the project consists of Drs. Raoul Daoust, Gilles Lavigne, Jean-Marc Chauny and Dominique Rouleau and pharmacist David Williamson.



Dr. Alexandre Messier is the 2019 recipient of the Prix Profession Santé award in the "Innovative Practice" category.

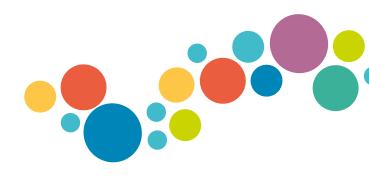
Innovation to reduce emergency department overcrowding

Dr. Alexandre Messier is the **2019 recipient** of the Prix Profession Santé award in the "Innovative Practice" category. His innovative projects for chipping away at emergency department overcrowding are what earned him this distinction.

As an emergency physician at Sacré-Cœur since 2002, Dr. Messier could no longer tolerate the ward's repetitive, daily overcrowding. The year 2012 proved the point of no return. "I decided that I needed to either do something to combat the overcrowding, or that I would quit emergency work forever," he relates. He chose the first course of action. The project he developed, *Accueil clinique* ("clinical access service"), has helped establish a link between the front line and the Hospital. As a result, 3,400 patients per year are treated by Sacré-Cœur's clinical access service, patients who otherwise would have been sent directly to the emergency department.

His other project, **Réorientation**, launched in 2015, ranks among his proudest achievements. "Thanks to a unique medical algorithm, a triage nurse can now safely direct patients to a front-line clinic—and if possible, to their family physician—and spare them a lengthier wait in the emergency ward," explains Dr. Messier , who implemented the concept with the assistance of a computer programmer. The system was first introduced at Sacré-Cœur Hospital and, 18 months later, at Fleury Hospital and Jean-Talon Hospital.

To date, over 42,500 patients with non-urgent problems have been reoriented to medical clinics. This represents, on average, 15% of all outpatients who would otherwise report directly to the emergency ward. "And no case involving a complication has been reported," Dr. Messier points out.



Dr. Dominique Rouleau, an exceptional woman!

Dr. Dominique Rouleau, an orthopedic surgeon and researcher at Sacré-Cœur, is the recipient of the first Robin Richards Award for Upper Extremity Research, given out at the Canadian Orthopaedic Association annual meeting in June 2019.

The prize is awarded for **research on upper extremities**. Her article "Deltopectoral vs. deltoid split approach for proximal humerus fracture fixation with locking plate: a prospective randomized study" was selected among six entries by a committee of experts. Congratulations to Dr. Rouleau on her win!

Dr. Rouleau, age 42, was the **first female orthopedist** at Montreal Sacré-Cœur Hospital. She not only carved out a place for herself in a male-dominated field, but distinguished herself with her research work. Today, only 19% of orthopedists in Quebec are women. Dr. Émilie Sandman is the other female orthopedic surgeon practicing at Sacré-Cœur. That's right: only two women in a still male-dominated field that is physically challenging and requires them to adapt to their male colleagues. Bravo, ladies!



Dr. Dominique Rouleau receiving the Robin Richards Award for Upper Extremity Research.

January 17

The Montreal Auto Show's Charity Preview Gala

This Gala is a popular event among automobile aficionados. It is organized by the Montreal Automobile Dealers Corporation (CCAM) Foundation and Montreal's Palais des congrès. The activity affords privileged access to the Montreal Auto Show before it opens to the public, making it possible to appreciate the new models at an unhurried pace and to enjoy the numerous food stations and open bar. It's our first big get-together of the year. A **cheque for more than one million dollars was shared by six foundations representing Greater Montreal hospitals**, including ours, during the course of this 15th edition. Our Foundation received a share of \$200,562.

Our Foundation has been privileged to be among the beneficiary foundations for 13 years now and to thus have been able to turn over more than \$1,200,000 to our Hospital over the years.



In this photo: the representatives of the beneficiary charities, including CEO of the Foundation, Paul Bergeron (at far right).

Overview of

February 7

Official launch of a wide-reaching live music program

Thanks to the initiative of Jacques L'Écuyer and his two children, Laurence and Philippe, and to their generous donation, patients in two care units at Albert-Prévost Mental Health Hospital have had the good fortune, since July 2018, of attending **two weekly concerts**.

Accompanied by staff members and by their visitors, the patients not only get to listen to music representing a variety of genres (classical, jazz, pop, blues) and eras during these informal concerts, they can also chat with the musicians and sometimes even make special requests. **The program's aim is to assuage the suffering of people at grips with mental health problems through the positive effects of music**. At a cocktail reception in February, the program's partners and the members of the L'Écuyer family celebrated this wonderful achievement. The event served to highlight the family's exceptional commitment during the past five years and to award to 12 students in Cégep de Saint-Laurent's music program the very first Joanne Martens Harmony Scholarships, named in honour of Mr. L'Écuyer's wife and Laurence and Philippe's mother.



The children of Jacques L'Écuyer, Laurence and Philippe, offered a poignant tribute to the memory of their mother, Johanne Martens.

Lobster and Beef Festival

Our Lobster and Beef Festival annual social do is a fixture of Greater Montreal and more particularly of the Saint-Laurent borough. The most recent edition of the event brought together 550 guests (physicians, Hospital managers, business partners and donors). **This 17th Festival was presented by Héroux-Devtek and helped raise \$50,000**.

Because the environment is an important concern, special care was taken so that the event could qualify for the first time as a "Silver ecoresponsible event" based on the criteria of the Saint-Laurent borough, which is deemed a sustainable municipal territory. During the Festival, borough mayor Alan DeSousa presented to the Foundation a certificate in recognition of the latter's efforts and its obtention of this title.



2019's key events

May 28

Annual information meeting

The Foundation had the pleasure of holding its annual information meeting for the first time at the offices of ABB, thanks to the generosity of the corporation's president, Nathalie Pilon. The event covered the major achievements of 2018 and an overview of the balance sheet and other financial statements. The lead physicians were on hand to provide details of the six projects being funded by the *It all starts with your signature* major campaign, and short videos of patient testimonials were shown.



The Foundation's team welcomes the quests.

June 8

Vélo-Onco

This annual gathering of cycling enthusiasts takes place in the MRC of Deux-Montagnes. Some 230 participants pedalled for several hours on a winding 25 km, 37/42 km or 78 km trail. This 9th edition raised **over \$46,000** for Sacré-Cœur Hospital's Hemato-Oncology Service. The donations will help improve the hospital experience of patients undergoing hemato-oncological treatment.



The members of the organizing committee are proud of the results.



Golf tournament

This golf tournament is the Foundation's oldest fundraising activity. For years, it has been held at the enchanting and prestigious Club de golf Saint-Raphaël, on Île Bizard. This 36th edition was presided by honorary chairman Benoît Laplante, CEO of Radiologix. Thanks to the generous spirit of the golfers and the partners, along with the efforts of the organizing committee, the event raised **more than \$130,000**.



In this photo: Paul Bergeron, President and CEO of the Foundation, and the event's honorary chairman, Benoît Laplante from Radiologix, shortly before tee-off.

Overview of

September 5

Wine tasting soirée

This fundraiser is a favourite of wine enthusiasts and connoisseurs. **The Wine Tasting Soirée presented by RBC Royal Bank** to benefit the Foundation helped raise \$70,000. The theme *Les coups de cœur à mettre en cave* ("great keeper wines"), the exquisite meal and the attractive setting of the RBC Private Lounges, high up on the 41st floor of Place Ville-Marie, combined to make the event a great success that attracted over 90 wine lovers.

The proceedings were emceed in style for a second consecutive year by internationally renowned sommelier Élyse Lambert, who was invited by the Court of Master Sommeliers to enroll in their accreditation program leading to the prestigious designation of Master Sommelier. Only 262 individuals worldwide hold this distinction, and Ms. Lambert is the fourth Canadian and first Quebecer to do so.



The advice of Élyse Lambert is truly appreciated.



Nadine Renaud-Tinker, President, Quebec Headquarters at RBC Royal Bank, graciously hosted guests in the superb RBC Private Lounges.

September 7 and 8

Montreal Esprit Triathlon

The Esprit Triathlon welcomes thousands of athletes in swimming, cycling and running competitions held on a course that is fast and flat. A 15-member team of Ingenia Technologies employees participated in this **35th edition. They** greatly exceeded their target of \$15,000, raising more than \$33,000 for the Foundation, a contribution then doubled by their employer.



Participating members of the Ingenia Technologies team.

September 11 and 12

Foundation Day

This special day, organized by employees, has become an annual tradition. It is the Foundation's way of getting to better know them. **The theme for this year's big picnic was** *"Ensemble, on s'engage à transformer des vies"* (*"Together, committed to transforming lives"*). Efforts were made to include day, evening and night shift employees of Sacré-Cœur and Albert-Prévost alike.

The event was a great opportunity for all to express their commitment to Sacré-Cœur, to learn more about the projects funded by the major campaign, and to win some great prizes.



This special day was an opportunity for employees to boost their engagement in the Foundation.

2019's key events

September 28

Défi Sacré-Cœur

Défi Sacré-Coeur never fails to mobilize companies and the Sacré-Cœur teams. Some 100 people participated in this 3rd edition and made it to the top of Morin Height Summit as a team or family. In all, **over \$106,000** was raised. Participants showed creativity in organizing different kinds of fundraising arrangements and they trained hard for the event, all to support Montreal Sacré-Cœur Hospital's various projects.



The rain did not deter some participants from overcoming the obstacles along their path.



Most participants reached the peak they set out for.

October 2

Activities for the Albert-Prévost centenary kick off

The general public and the specialists, professionals and other stakeholders of the mental health community were invited to a **historic seminar to launch the festivities for the 100th anniversary of the Albert-Prévost Mental Health Hospital**. The seminar, attended by many of our donors, was titled "*Rien de ce qui est humain ne m'est étranger, il était une fois Prévost*" ("I am no stranger to what is human, because of Prévost"). There followed a symposium that allowed the various players of the mental health services sector to spend a few days reflecting on mental health care in the past, present and future. The festivities closed with a ball on October 4 at Albert-Prévost.



October 23

First draw of the Sacré-Cœur lottery!



Once again, CAA-Quebec Travel is the major partner for this lottery.

The first of a series of draws in the 11th edition of the Sacré-Cœur travel lottery for employees was held at the Oasis cafeteria. Thanks to staff participation, **nearly \$105,000 was raised to fund our major campaign's projects**. Each Wednesday since then, the Foundation has drawn one winner of a \$2,000 travel certificate, and will continue to do so until August 2020. Exceptionally for the first draw, 10 winning entries were drawn.

Overview of

October 17

Sacrés-Jeunes cult evening

Our Sacrés-Jeunes, the Foundation's youth wing, once again supported the Foundation in 2019. Besides participating in our events, they held their third "cult evening" last October under the theme *Viva Portugal!* at Lisboa Porto restaurant in Montreal. The evening **raised \$13,100**. Guests enjoyed a four-course meal, Portuguese song, prize draws and a silent auction. All proceeds from the evening went to Sacre-Cœur Hospital's Mother-Child Unit.



The members of the organizing committee were pleased to turn over this amount to the Mother-Child Unit.

October 24 Gala des Émilie

The Gala des Émilie, our favourite gathering of engaged people, is one of the Foundation's flagship fundraising events and, above all, a wonderful opportunity to honour individuals who make Montreal Sacré-Cœur Hospital's reputation and influence stretch far beyond its walls. The evening is both a celebration of excellence and of the Foundation's major partners.

The 28th edition of the Gala des Émilie, presided by honorary co-chairs Claude Gagnon, President of Operations for BMO Financial Group, Quebec, and Mario Therrien, Senior VP and Head of Strategic Partnerships at the Caisse de dépôt et placement du Québec, helped raise \$600,000.

During the evening, co-hosted by Foundation spokesperson Pénélope McQuade and Philippe Fehmiu, major donations made as part of the *It all starts with your signature* campaign in excess of one million dollars were announced.

December 1

Anchor of Hope

One of our donors, Anna Georgantas, organized an event called Anchor of Hope at the Embassy Plaza in Laval, in memory of her father, Andreas, on what would have been his 70th birthday. The fundraising later continued on Facebook. Thanks to the generosity of Ms. Georgantas' family and entourage, **\$6,430 was raised, which will go toward the purchase of a therapeutic mattress for the palliative care unit**.



Anna Georgantas appears with members of her family as well as Paul Bergeron of the Foundation.

December 12

Transform Lives! Lottery draw

The *Transform Lives!* lottery draw was held at the CAA-Québec travel centre in Brossard and livestreamed on Facebook. The event was hosted by our spokesperson, Pénélope McQuade. **First prize was won by Marie-Chantal Laroche** (ticket no. 0862). Given the choice of a trip to a luxury destination or a \$25,000 cash prize, Ms. Laroche opted for the latter. Thanks to the lottery, over \$75,000 will be turned over to Montreal Sacré-Cœur Hospital.



Left to right: Paul Bergeron, Pénélope McQuade, Philippe Blain, CAA-Québec's VP Travel Services, and Marie-Claude Nantel, Director of the CAA-Québec travel centre in Brossard.

2019's key events



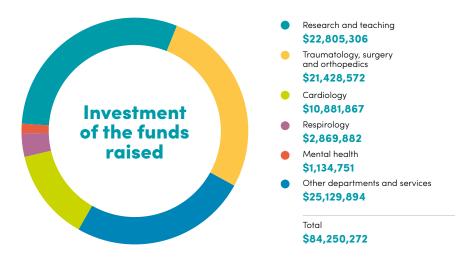
The evening's winners: Marie Dumont, researcher; Sister Claire Houde, provincial superior of the Sisters of Providence, Émilie-Gamelin province; Dr. Marc Giasson, internist and intensive care specialist; Dr. Josée Savoie, Deputy Managing Director for the general and specialized health program and Director of Professional Services; Annie Béliveau, Deputy Head Nurse. They are flanked by the evening's two hosts, Philippe Fehmiu and Pénélope McQuade. From left to right: Paul Bergeron, President and CEO of the Foundation; Mario Therrien from the Caisse de dépôt et placement du Québec; Claude Gagnon from BMO Financial Group; Frédéric Abergel, president and CEO of the CIUSSS NÎM; Bernard Pitre, Chairman of the Board of the Foundation.



Nearly \$85 million turned over since 1976

It should be noted that over the past 43 years, the Foundation has raised greater sums than the amounts it has turned over to Montreal Sacré-Cœur Hospital. Some of the money is kept in the Foundation's coffers until such time as the projects require the funds. The major transformation began with the construction above the emergency department of the new **Integrated Trauma Centre**, which will also host the Mother-Child Unit and the Endoscopy Service. The Foundation will contribute \$14,568,511 to these projects that will benefit patients. By 2020, the Foundation will have raised an impressive \$91,951,170.

In addition, several years ago the Foundation set up an endowment fund whose assets are invested, in accordance with our investment policy, with the aim of ensuring the Foundation's longevity. The foundation strongly supports Sacré-Cœur Hospital's sectors of excellence, as well as the university component (research and teaching) that gives the establishment its distinctive character.



Some interesting figures and statistics:

Sacré-Cœur & Albert-Prévost	Among th	3,36 emplo nese: 1,301 423 587	6 byees 2,544 women 822 men nurses orderlies, sterilization workers, and such professionals (occupational therapists, physiotherapists, social workers, radiology technicians, respiratory therapists, pharmacists, etc.)
Research	Þ	55 113 307	full-time researchers associate researchers students
Teaching	ور ۳۳۳	4,371 2,853 1,105 413	students and trainees in total medical students nursing students students in other professions

To find out more, visit our Web site: fondationhscm.org

Getting involved when you believe in a cause!

The Foundation's board of directors is composed of devoted men and women who **help the Foundation to move forward** and to raise the \$35 million needed for the realization of our six campaign projects.

Here is the board (on December 31, 2019) :



Working on the transformation

A team of experts in various fields makes it possible for the Foundation to organize a number of events each year, introduce new projects and funding initiatives, support the Board's directors in solicitation efforts, and interface with donors.





Isabelle Rondeau Supervisor of Data management



M^e Marie-Claude Tellier Director of Major and Planned Donations



Francine Théberge Clerk, Data management





Tania Trottier-Pérusse Event Advisor



Nearly 25 devoted, seasoned volunteers contribute to ensuring the Foundation's longevity. They perform clerical tasks, lend a hand during our events, help drive ticket sales, and more. In 2019, they performed a combined total of **over 860 hours of volunteer work**—equivalent to the hours of a permanent part-time employee.

A big thank-you to these generous individuals!

Raymonde Bélisle Lamia Benhama Mireille Bourdages Jean-François Carignan Marcel Caya Pierre Chaussé

Jean-Yves D'Amours Diane de Grosbois Michelle Falardeau Jean-Philippe Gaudreau Lindsay-Dora Germain Suzanne Gingras

- Daniel Gingras Manon Gohier Selma Guesmi John Hay Jocelyne Leroux D^{re} Valérie Levert
- Isabelle Méthot Aparna Karayi Pilathottathil Gaétanne Rondeau Suzie Rondeau Melina Tartaglia Monique Varin

Volunteering as a group

As well this year, we were able to rely on the **10 employees at bélairdirect**'s Anjou office, who, through their company volunteer program, helped with ticket sales for our *Transform Lives!* lottery, the distribution of our Liaison newsletter and the promotion of the Foundation within the walls of the Hospital. Thank you to this dynamic group of individuals for their wonderful initiative.



Hospital employees who do the Foundation proud

The Foundation can count on the **21 employees and managers** of Sacré-Cœur and Albert-Prévost who serve as our ambassadors. They devote some of their personal time to selling tickets for the Sacré-Cœur travel lottery that is organized by Hospital staff. Our ambassadors are always glad to help us to promote the Foundation among employees, and we greatly appreciate it. Here are their names:

- Marie-Josée Beaudin Nadia Blanchette Sylvie Buonocore Mireille De Champlain Manon Déry Julie Dufort
- Jodelle Étienne Jean-Philippe Gauthier Claudine Girard Mélanie Girard Joël Godin Marie-Hélène Kyriakakis
- Patrick Lajoie Nathalie Leblanc Jessika Morrissette Manon Pellerin Carole Pitre Caroline Riopel
- Isabelle Rondeau Julie Roy Martine Varin

Art lovers and outstanding volunteers

The mission of the Foundation's visual arts committee is to receive donations of works of art by known Quebec artists in order to exhibit them on the walls of Sacré-Cœur and Albert-Prévost. Now grown to over 250 works, **this art collection has a significant impact** on the environment of the care units and sectors.

The committee is comprised of chairman Yvon Martin; volunteers Éric Devlin, a well-known Montreal gallerist, and Dr. Jean-Luc Malo, a retired Sacré-Cœur physician and passionate art lover; Paul Bergeron and Marie-Claude Tellier of the Foundation; and Josée-Michelle Simard and Kostadina Linardakis of the CIUSSS NÎM.

Thanks for everything, Suzanne!

After **more than 15 years of volunteer work** at the Foundation, Suzanne Gingras has decided to take a well-earned break. A former employee of Sacré-Cœur Hospital's collections department who had **retired since 1996**, she was invited years later to come lend the Foundation team a helping hand. Suzanne and her husband, Pierre Chaussé, became outstanding volunteers for the Foundation. Together, they played a part in all the Foundation's fundraising activities, the golf tournament, the Gala, the Lobster and Beef Festival, the various sports challenges, always busy making sure things went smoothly.

In addition to her participation at these events, Suzanne proved to be a **formidably effective** administrator as she prepared mailings, did clerical work and put up promotional posters inside the Hospital. Her enthusiasm, her teasing, her bursts of laughter always made others feel good. Indeed, the Foundation has seen its share of people come and go, but few of them have made an impression like Suzanne has.



Suzanne Gingras Former employee and volunteer

Each donation makes a difference

The Foundation wishes to highlight the generosity of the individuals, businesses, organizations and partners who made a donation in 2019. Below is a list of the donors who, during the calendar year 2019, made a donation of \$1,000 in the case of individuals, families and private foundations and \$5,000 for businesses, public foundations and other organizations, based on information in our possession and in accordance with our new policy on recognition.

Individuals and families

Adjadj, Jeanet B. Arès, Raymond Bayus, Ross Bellemare, Maurice Benoit, Claire Bergeron, Alain Berrys, Heinz B. Berthiaume, Réjean Bertrand, Guy † Bourgeois, Michel Broggi, Fulvia Brousseau, Marcelle Brun, Luciano Carbonneau Bourgeois, Lucille † Caron, Hélène Caron, Jacques Chalifoux, André Chan, Yee Man Charbonneau, Laurent Chaussé, Pierre Chidiac, Elias Costa, Alexandre Costa, Remo Costa, Sara Côté, Guy Coulombe, Marc-André Cyr, J. V. Raymond Dagenais, Lise Des Groseillers, Yves Deschamps, Mario Desjardins, Jacques Desjardins, Rolande Dhanji, Husain Di Pierro, Pasquale



Dupriez, Bernard Duval Fillion, Katherine Egoyan, Stephan Erard, Yves Fagnani, Antonella Famille Charles Taite Famille Claude Lefebvre Famille Elina & Giuseppe Borsellino Famille Francis Shefteshy Famille Jacques L'Écuyer Famille Sicard-Berthiaume Farrell, Colette & Steve Fellah, Escander Ferrara, Diana Francœur, Éric Francœur, Lyne Gagné, Aimé Gaudreault, Paul-Claude Gélinas, Jean-Louis Ghrayeb, Georges Gingras, Suzanne Gosselin, Lorraine Gougoux, Yves Guilloteau, Jean-François Hagen, Marianne K. Harel, Madeleine Hayes, Raymond Héroux, Jean-Claude Jean, Anne-Marie Jean, Marilou Jolicœur, Guy L. Kratsios, Anastasios Labrosse, Roger Lachaine, Louise Laforge, Jean-Pierre Larocque, Alexandre Lazaris, Nick Leblanc, Claude Legault, Paul Lepape, Gertrude Lesage, Érick Levine, Robert Magnier, Vickie Malik, Salahuddini

Marceau, Lise

Marion, Luc

Markou, Nicolas Miron, Rita Mitchell, Hugh-Ian Moise, Nelsie Moreau, Gilles Murphy, Derek Panzera, Margaret Paquet, Alain Pâquet, André Paquin, Hélène et Maurice, Jean-Gabriel Paré, Yves Payne, Allen Phaneuf, Serge Rainville, François Reischer, Corina Rémi, Samson Rodrigues, Lucy Siegmann-Bavais, Henriette Siek, Kuov Simard, Paul St-Arnaud, Marc St-Laurent Synnott, Francine St-Laurent, Maxime Strauss, Michael Louis Sylvain, Mario Tanguay, Louis A. Tomadakis, Eftichios Tranquille, Georges Tsagarelis, Georges Tsicountouridis, R. Valiquette, Jean-Guy Vincent, François Youssef, Anto

Successions

Succession Claire Alarie Succession Claire Bruneau Succession Claude Drouin Succession Denis Auger Succession Gabriel Dorais Succession Germain Beauregard Succession Jeanne Claraz Dassé Succession Marcel Beaudry Succession Monique Lanoie Succession Monique Meunier Cotellesso Succession Thérèse Bouffard

Doctors

Assedou, Aaron Azar, Mirna Beaudry, Véronique Becker, Giuliano Bellemare, Jean-François Bellemare, Patrick Bernard, Francis Bertelli, Christiane Bertrand, François Bichet, Daniel G. Bouchard, Josée Bouchard, Sylvie Bouraue, Daniel Brunelle, Sarah Cavayas, Yiorgos Alexandros Chauny, Jean-Marc Costisella, Olivier Côté, Andréanne Cournover, Alexis Daoust, Raoul Diodati, Jean Dion, Daniel Duda, Barbara Duniewicz, Magdalena Febrer, Guillaume Gagnon, Sylvain Garneau, François-Xavier Garner, Michel Giard, Annie Gilbert, Danielle Gingras, Isabelle Giroux, Marc Gravel, Evelyne Grothe, Anne-Marie Huard, Verilibe Huynh, Hai Jodoin, Alain Labrecque, Michèle Alexandra Lacharité, Sophie Lalonde, Éric Lamarre, Alexandre Laroche, Mathieu Le Guillan, Soazig Le, Anh Tai Lebel, Alain Lemieux, Raymond | Lespérance, Sylvie

Lessard, lustine Lonergan, Ann-Marie Malo, Jean-Luc Moramarco, Jessica Morin, Christian Morris, Judy Nadeau, Réginald Neveu, Alain Neveu, Nathalie Notebaert, Éric Ouellet, Robin Panic, Stéphane Paradis, Marie-Rose Piette, Claude Piette, Éric Pilon, Michèle Primeau, Vanessa Raymond-Carrier, Stéphanie Rioux, Jean-Philippe Robert, Marie-Michelle Rochon, Michelle Roulier, Stéphan Samson, Caroline Sauvé, Claude Scarborough, François Shamlian, Nathalie Synnott, Dominique Troyanov, Stéphan Troyanov, Yves Verdant, Alain

Vincent, Martin Whittom, Renaud Yin, Lu

Medical groups

CMDP CIUSSS du Nord-de-l'Île-de-Montréal, Hôpital du Sacré-Cœur de Montréal Groupe des Intensivistes du HSCM Hématologues-Oncologues de Cartierville et Associés Les chirurgiens cardiaques associés Les Urgentistes de Sacré-Cœur Plan de Pratique, Service de Cardiologie, Hôpital du Sacré-Cœur de Montréal

Foundations

Altru Foundation inc. Fondation Céline Dion Fondation de Bienfaisance T.A. Saint-Germain (La) Fondation de la Famille J. Rodolphe Rousseau Fondation de l'art pour la guérison Fondation Denise Dagenais Fondation Denise Dagenais Fondation Hervey Morin et Yolande Thibault Fondation Hervey Morin et Yolande Thibault Fondation Jacques et Michel Auger Fondation La Capitale Fondation Luc Maurice Fondation Phila Fondation Pierrot LeBrun Fondation Rosalia Saputo Monticciolo Fondation Yvan Morin Les Œuvres Pierre Jarry Mohammed Kanwal Family Foundation The Ben & Mary Zukierman Family Fund The Vartan & Lise Toroussian Foundation

Religious communities

Congrégation des Petites Filles de Saint-Joseph Ma Maison St-Joseph Sœurs de la Providence, province Émilie-Gamelin

Businesses

Agile MV Baxter Corporation Cogeco Communications ConMed Canada Covidien Enertrak Gestion de Projets Serge Cantin Laboratoires Abbott Limitée, division Vasculaire Medtronic Canada ULC Produits médicaux Johnson & Johnson Radiance Media Smith & Nephew Stryker Canada LP TFI International

The invaluable impact of monthly donations

The Foundation also wishes to recognize the **donors who enrolled in the monthly donation and source deduction programs in 2019**. These programs constitute a **predictable income** stream that makes it possible for the Foundation to plan its work effectively because it knows it has the funds to purchase new equipment, to support research and to acquire the technological devices and software that will help train our future health professionals.

Abd, Rizkallah Afoutni, Soumeya Aglaé, Marie Allaire, Thérèse B. Aly, Walid Ameye, Jean-François Arduini, Monique Asselin, Gaétan Audet, Jean-Pierre Audette, Guy Auger, Michelle Auger, Nicole Ayala, Reyna Rosa Balan, Mihaela Barrette, D^r J. Arthur Beauchamp, René Beauchemin, Denise Beaudry, Monique Beaulieu, Micheline Bejjani, Joseph

- Béland, Maurice Bélanger, Nathalie Benoit-Camirand, Nicole Bergevin, Suzanne Bernatchez, Reine Binette Boivin, Francine Bizier, Isabelle Boivin, Jean Bolduc, Colette Bossé, Alain
- Boucher, Adrienne Boulé, Denise Boulianne, Yves Bourdon Proulx, Lise Bourgault, Hélène Boyer, Aline Brais, Jocelyne Brisebois, Pierre Brisson, Lynda Brouillard, Ginette

Brulotte, Guy Bruneau, Michel Campeau, Gisèle Candussi, Liliane Cantin Sabourin, Pierrette Cargemel, André Carrillo, Javier Cartile, Edward W. Champagne, Michèle Chantha, Thay Charles, Bernadette Charron, D^r Thierry Chartier Gagnon, Denise Chartrand, André Chaussé, Pierre Cherilus, Charles-André Cherubin, Jean-Robert Chevalier, Jeanne Chhieu, Bun Y Chhiv, Vœun Coderre, Marthe Comeau, Michelle Contreras, René Contreras, Graciela C. Côté, François Cotton, Claude Courtemanche, Édouard Craciunas, Petru Teodor Crossley, Louise Cyr, Michel Debonville Laniel, Jocelyne Déchamps, Ginette Delisle, Claire Denommée, Michel Déry, Pauline Desautels, Jean Desjardins, Lizette Desjardins, Michel Desmarais, Marc Desrosiers, Andrée Dhanji, Mehrunissa Diby, Lasme Marie-Paule K. Dicaire Charlebois, Jeannine Dilhuydy, Hugo Dorion, Michel Ducharme, Claude Duchesne, Nicole Dugas, Marguerite Dunberry, Lucie Duong, Thuan Dupuis, Christine Durcey Jean, Charles Fagnani, Antonella Falardeau, Denise Falardeau, Pierrette Festa, Pasquale

Filion, Lucien Filipini, D^r Daniel Fleurent, Marguerite Forget, Jean-Guy Fortin, Marie-Claude Fortin, Raymond Frisby, Sandra Gagné, Mireille Gagné, Michel Gagné, Yves Gallegos, Maria Luisa Gamache, Michèle Gasparovich, Flora Gaudet, Alexandre Gélinas, Pierre-Michel Gélinas, Serge Giguère, Jean-Claude Gilbert, D^{re} Danielle Gingras, Suzanne Girard, Claudine Gonzalez, Rosario Goupil, D^r Rémi Goyer, Denis Grand Pierre, Marcelle Grenon, Marie Guilbault, Robert Guyamier, Norbert J. Haddad, Michel Hadji, Sana Haroun, Nicolas Hui, John Chun Hung Huneault, Nicole Issa, Jad Rizq lacob, Dre Geneviève Jalbert, Noël Jérôme, Michel Jodoin, D^r Alain Joziak, Raphaël Kaprielian, Annette Karam, Salim Khandjian, Jack Khoueir, lihad Kinzl, Johann Labelle, Roger Labrecque, Henri-Paul Lafontaine, Jean-Claude Lajeunesse, Yvon Lalonde, Lucille Lambert, Manon Lamprea De Castano, Maria Landry, Yvan Langlois, Richard Larivière, Ronald Laroche, D^r Mathieu Larocque, Johanne Lavoie, Gisèle

Le, Thi Ngoc Le Grand, Huguette Leblanc, Lynda Leduc, Aurèle Leduc, Michel Leroux, Nadine Levert, André Levert, Nicole Levert, Sylvie Loranger, Sylvie Lord, Pierre A. Lortie, locelyne Lubaki Dasilva, Gérardo Ly, Huu Duc MacCallum, Joan Frances Madjarian, Takouhi Maftoum, Nazih Mailly, Lise Mainville, Victor Mallah, Jean-Omar Mamane, Annie-Michèle Marcel, Jean Luckner Marien, Liette Martin, André Mehalacopoulos, Jenny Michaud, Lucille Migliozzi, André Miron, Gheorghe Mitchell, Hugh-Ian Moramarco, D^{re} Jessica Morrissette, Ginette Moussette, Normand Myre, Shirley Nano, Gaby Nasr, Fouad Ngo, Thoai Ky Nicolakopoulos, Kathy Ogou, Madeleine Ora, Lusanne Ors, Mehmet Ouellette, Marie-Hélène Pagé, Monique Paquette, Michèle Patel, Amrutlal Ravjibhai Payer, Louise Payette, Michel Pednault, Normand Perron, Simone Pérusse, Louise D. Petit, Pierre Picard, Madeleine Picard, Gilles Pierbattista, Terenzio & Rosaria Placide, Carméline Provençal, Normand Quenneville, Éric

Raffis, Eliane Rajendram, Jayadevi Ramacrishna, Ayadurai Sri Rayes, Joseph Raymond-Carrier, Dre Stéphanie Renaud, Athos Wilfrid Richer, Alain **Rideout**, Carole Rioux, D^r Jean-Philippe Rivera, Wilmer Yeovany Roberge Côté, Marc Roberts, Alan Robidoux, Micheline Robitaille, Cécile Rousseau, Pierre Roy, Renée Roy Bleau, Myreille Saidah, Georges E. Saint-Sulne Glaud, Marie-Yolaine Samson, D^{re} Caroline Sanhueza, Roberto H. Sarkodie Addo, John Sauvé, D^r Claude Savard, Thérèse Savoie, Pierre-Paul Sayde, Zoha Séguin, Pierre Senécal, Paul Sevigny, Jacques Sidhu, Joginder Sigouin, Karolann Simard, Charles Simard, Yolande Singh Gill, Mukhtiar Stevenson, Lillian Isabel Tea, Guek Chou Thay, Chantha Théberge, Francine Therrien, Jean-Guy Thevenin, Aima Toledano, Daniel Toso, Émilio Toubal, Kamal Tremblay, Huguette Tremblay, Pâquerette Trudel, Denyse R. Trudelle-Claessens, Marguerite Valère, Joëlle Vavic, Ancelme Gary Veronneau, Henri Viaud, Robert Vottero, Diana Yannone, Robert G. Ybert, Josseline You, Sambo Zugasti, Juan Martin

Thank you to the loyal partners and collaborators of our events!

Our biggest partners: (\$10,000 and more)



Businesses (\$5,000 to \$9,999)		
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Apotex		
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Bio-K Plus International		
BMW & Mini Laval		
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CAE		
Christie Innomed		
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CIM – Conseil immobilisation et management		
Fondation Jacques et Michel Auger		
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Groupe Armid		

Groupe Beaucage Groupe Deschênes Huotco Immobilier Industrielle Alliance, Assurances et services financiers Letko, Brosseau & Associés Mantra Pharma Metro Richelieu Pfizer Canada **Placements Franklin Templeton** Placements Montrusco Bolton Radiologie St-Martin & Bois-de-Boulogne **RBC** Capital Markets Saputo Standard Products TD Canada Trust

Voyages CAA-Québec

Third-party events

Anchor of Hope, Anna Georgantas

Journée jeans Stikeman Elliot, Mº Pierre-Paul Dunais

Kermesse, Église arménienne Sourp Hagop Armenian Church

Soirée culte Viva Portugal !, aile jeunesse

Triathlon Ingénia Technologies, famille Racanelli

Vente de livres, St. Laurent Adult Education Centre, Maria Savignano

Vente de pots de sauce à spaghetti, Nicolas Markou

Business partnerships

Bôsapin IGA Extra Marché Duchemin et Frères

Thank you, Sister Claire Houde, for your 32 years of invaluable service!

Provincial superior of the Sisters of Providence for Émilie-Gamelin province, Sister Claire Houde retired from the Foundation's board of directors in May 2019, after 32 years of loyal service. **Since 1987**, she has proffered much sage advice and strategic vision, while always looking out for the interests of the "sick."

A seasoned manager, Sister Houde's career spanned a number of positions in administration and finance, including as a chief treasurer and a consultant for registered charities. Her skills as mediator, her humanity, and her financial acumen, honed at the HEC, have greatly served Sacré-Cœur Hospital and our Foundation.

We cannot honour her without also thanking our founders, the Sisters of Providence, to whom we owe numerous works of charity, one of which is the creation of our Foundation in 1976. Since that day, the Sisters have always had a representative on the Foundation's board of directors.

The Sisters of Providence's mission is to help the ill, the aged and the underprivileged. **In April 2018, the Medal of the National Assembly of Quebec was bestowed upon Sister Houde** in recognition of the 175 years of charitable actions of the Sisters of Providence. And during the 2019 Gala des Émilie 2019, she was awarded an Émilie, the statuette handed out by the Foundation in acknowledgment of the exceptional contributions of its recipient.



Sister Claire Houde being honoured during the 2019 Gala des Émilie.

Claire

The Sisters of Providence, a rich history going back more than 175 years

The Sisters of Providence boast fewer than **300 members**, though at a certain point they exceeded 3,000 in number. In 2018, this impressive religious community celebrated its **175 years of existence**. The Sisters had purchased from the father of a novice some parcels of land in the Cartierville district at a time when there was no development at all there. To this day, they maintain a solid presence in the Ahuntsic-Cartierville borough and live there.

Émilie Gamelin (née Tavernier) was born in Montreal on February 19, 1800. She had a difficult childhood: nine of her siblings died very young, and she lost her mother at age 4 and her father when she was 14. When her mother died, Émilie was adopted by a paternal aunt, who sent her to the boarding school run by the Sisters of the Congregation of Notre Dame.

At 23, she was married to Jean-Baptiste Gamelin, an apple grower 27 years her senior. They shared an abiding interest in and love of the poor. Their wedded bliss would not last long: Their first two children died three months after birth. Four years into their marriage, Jean-Baptiste died of an illness on October 1, 1827. A few months later, in the summer of 1828, the couple's third child passed away at 21 months of age. In less than five years, Émilie had lost everything.



I Sister Émilie Gamelin

These painful losses influenced and informed Émilie's calling. From then on, she devoted her life and her means to serve the aged, the sick and orphaned due to the cholera epidemic of 1832, prisoners, including those from the insurrection of 1837-1838, and the "insane." A towering figure of 19th century Montreal, Ms. Gamelin marked her era through her charitable initiatives for the growing city.

Monsignor Ignace Bourget, then bishop of Montreal, had wished that some Daughters of Charity from France would come to Montreal to continue Émilie's work. When they refused, Monsignor Bourget founded, in 1843, a community of Canadian sisters. Émilie joined the group of novices in the fall of 1843. **She was the first to make profession in the Congregation**, then known as the Daughters of Charity at the Service of the Poor, its original name. The next day, at age 44, she became the Congregation's first superior. She followed her religious calling until her death seven years later, on September 23, 1851.

The poor, the vulnerable and the downtrodden, to whom she dedicated her life, are at the very heart of the apostolic mission the Sisters of Providence have inherited from her. Street people affectionately nicknamed Mother Gamelin the "Providence of the Poor" and the "Angel of Prisoners"; she was truly a woman of the people. She is the first native Montrealer to have been beatified by the Roman Catholic church, on October 7, 2001. An Office of the Cause is monitoring the process for her canonization.

\$3,218,339 in donations since 1976

A generous congregation

The Sisters of Providence and the nuns associated with this community have donated \$3,218,339 to our Foundation since its inception in 1976! In addition to being inextricably linked to the history of Sacré-Cœur Hospital, the Sisters are tremendously generous. We owe them respect and much gratitude.

The Foundation's raison d'être

Founded in 1976 by the Sisters of Providence, the Montreal Sacré-Cœur Hospital Foundation has as its mission to help the extended Sacré-Cœur and Albert-Prévost team **constantly improve** the care, treatment and environment of patients, while supporting the research and teaching activity of this university hospital. In addition to furthering this mission, the Foundation's team, directors, volunteers and partners place great importance on sharing these **values and attributes**:

- compassion
- meticulousness
- creativity
- collaboration
- respect
- thoughtfulness and generosity
- transparency and integrity



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